



Alison's Pantry®

REFRESH your MENU

LAST MONTH
to order ice cream treats!

See page 35.



kitchen tools are back!

See page 4.

SAVE
on shrimp!

See page 17.

90 Day

DOUBLE YOUR MONEY BACK

Guarantee

COVER FEATURES:

#1645 NEW! Simplot Diced Avocado, pg. 4

#1545 Newport Shrimp, pg. 17

Certain exclusions apply.

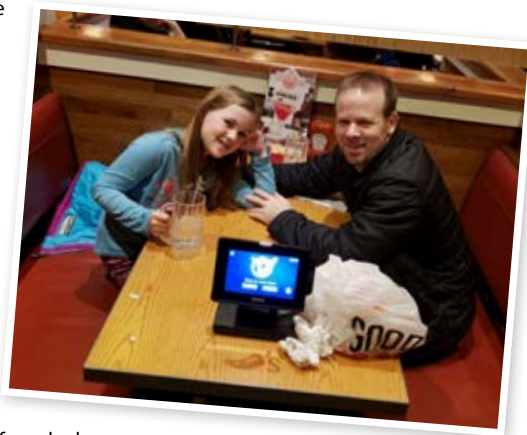
**Refunds must be requested within 90 days from purchase date. Double your money back guarantee does not apply to Hot Deal, Pantry Bargain, or other #2 products.*

FROM THE FAMILY

I wanted to share a message with you that I shared at my father's funeral. For those of you who don't know our dad passed away in February and although it has been difficult we are so grateful for all of the notes and comments from our sales reps, customers, and family. They are much appreciated. Anyways the message I shared was about forgiveness. Something we all probably struggle with at one time or another in our lives. Sometimes it's hard to forgive, but now having been through a difficult thing like losing my dad I can say that forgiveness is one of the most beautiful things in this life. There was a time a few years ago when my dad and I didn't talk and I'm so grateful that we were able to work it out about two years before he passed. It brings me to tears thinking about how I'd feel if I never got the chance to express how I felt. Think of the time lost feeling hurt and regret! Now that he's gone I have no regrets because I was able to humble myself and ask for forgiveness from my amazing dad. Gone are the hurt feelings and they have been replaced with happy memories. I apologize if this is a little deep, but I feel so strongly that in order to be forgiven we must forgive others. I hope you can reflect on your life and ask

yourself if there is anyone you may be withholding forgiveness from and think how you'd feel if you never got the chance to forgive. As always God bless you and thank you for being a part of the Alison's Pantry family.

Sincerely,
Joshua Kisse



How Alison's Pantry works

1

Receive a catalog from your Alison's Pantry Representative.

3

Order is delivered to your Rep's home in about a week after the order deadline.

2

Place an order at www.alisonspantry.com, or with your Rep, by the catalog order deadline printed on the back cover.

4

Pick up your order from your Rep. Enjoy restaurant-quality food from the comfort of home.

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OUR VISION & MISSION

Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry! We stand behind every product in our catalog. If you are ever unsatisfied with an item, please contact your Representative within 6 months for a 100% refund or within 90 days for double your money back.

Alison's Pantry

580 W. State Street
Pleasant Grove, UT 84062
801-796-6411
Toll Free: 1-866-5-PANTRY
Fax: 801-796-9309

Office Hours: M - F 8:00 a.m. - 5:00 p.m.
www.alisonspantry.com

Prices and products are subject to change without notice. Sales tax will be charged according to your representative's town and state. Alison's Pantry adds 10% shipping to all orders. We reserve the right to substitute items of equal value and quality.

GF = gluten-free IW = individually wrapped

{ offered by the case }



SAVE *the* DATE

ALISON'S PANTRY 2019 FOOD SHOW

Saturday, September 21st | UCCU Center, Orem, UT

Sample your way through 80+ booths with fellow foodies!



We care about your diet needs and want you to have all the information necessary to make your meal decisions.

For more detailed ingredient lists and nutritional information, please visit www.alisonspantry.com and search for any product by product number or name.

MON Easy Keto Cashew Chicken

3 cups seasoned diced chicken breast (#7787)
2 Tbsp coconut oil, for cooking (#8287)
1/4 cup raw cashews (#9116)
1/2 medium Green Bell Pepper (#6386)
1 cup broccoli florets, optional (#8197)
1/2 tsp ground ginger (#1420)
1 Tbsp rice wine vinegar
1 1/2 Tbsp soy sauce

1/2 Tbsp chili garlic sauce
1 Tbsp minced garlic (#1289)
1 Tbsp Sesame Oil
1 Tbsp Sesame Seeds
1 Tbsp green onions
1/4 medium white onion (#5772)
Salt (#1146) + Pepper (#1029)

Heat a pan over low heat and toast the cashews for 8 minutes or until they start to lightly brown and become fragrant. Remove and set aside. Cut onion and pepper into equally large chunks. (Ignore this step if using our precut products.) Increase heat to high and add coconut oil to pan. Once oil is up to temperature, saute the pepper, onions, garlic, chili garlic sauce and seasonings (ginger, salt, pepper). Cook on high for 2-3 minutes. Stir in precooked, diced chicken pieces and heat through. Add soy sauce, rice wine vinegar, and cashews. Cook on high and allow the liquid to reduce down until it is a sticky consistency, There should not be excess liquid in the pan upon completing cooking. Serve in a bowl, top with sesame seeds and drizzle with sesame oil. Enjoy!



TUE Garlic Butter Shrimp Scampi

2 Tbsp avocado oil (#3516)
4 Tbsp butter
1 1/2 Tbsp minced garlic (#1289)
1 1/4 pounds large shrimp prawns (#1545),
shelled with tails on or off

Salt (#1146) and fresh ground black pepper
(#1028) to taste
1/4 cup dry white wine or chicken broth (#1038)
1/2 tsp crushed red pepper flakes or to taste
(optional)
2 Tbsp lemon juice
1/4 cup chopped parsley

Heat olive oil and 2 tablespoons of butter in a large pan or skillet. Add garlic and sauté until fragrant (about 30 seconds – 1 minute). Then add the shrimp, season with salt and pepper to taste and sauté for 1-2 minutes on one side (until just beginning to turn pink), then flip. Pour in wine (or broth), add red pepper flakes (if using). Bring to a simmer for 1-2 minutes or until wine reduces by about half and the shrimp is cooked through (don't over cook your shrimp). Stir in the remaining butter, lemon juice and parsley and take off heat immediately. Serve over rice, pasta, garlic bread or steamed vegetables (cauliflower, broccoli, zucchini noodles).



WED Lazy Day Beef & Vegetable Soup

2-1/2 lb Beef Stew Meat (#2607)
2 cans (14 to 14-1/2 ounces each) reduced-sodium
beef broth (#1039)
1 can (15 ounces) chickpeas, rinsed, drained
1 can (14-1/2 ounces) no-salt added diced
tomatoes, undrained
1 cup water

1 tsp Italian 'N Pizza Seasoning (#1432)
1/2 tsp salt (#1146)
1/2 tsp pepper (#1029)
2 cups frozen mixed vegetables (#1493)
1 cup uncooked ditalini or other small pasta
Shredded Romano cheese (optional)

Combine beef, broth, chickpeas, tomatoes, water, Italian seasoning, salt and pepper in 4-1/2 to 5-1/2-quart slow cooker; toss to coat well. Cover and cook on HIGH 5 hours or on LOW 8 hours. (No stirring is necessary during cooking.) Stir in mixed vegetables and pasta. Continue cooking, covered, 1 hour or until beef and pasta are tender. Season with salt and pepper, as desired. Stir well before serving. Serve with cheese, if desired.



THU Cheesy Tortellini Bake

2 cups Rosina Tri-Color Tortellini (#1815)
1 cup marinara sauce
1 zucchini, diced
1/2 of 14 oz. can diced tomatoes
1/4 cup onion (#5772)

1 1/2 tsp AP Italian 'N' Pizza Seasoning (#1432)
1 tsp. Kirkland California Mince Garlic (#1289)
Pepper (#1028), to taste
1/4 cup Parmesan Cheese (#1683)
1 cup mozzarella cheese, shredded

In a large skillet, sauté onion, zucchini and garlic until tender. Add in marinara, diced tomatoes, seasonings, Parmesan cheese, and Tortellini, mix well. Cook covered 8-10 minutes, until Tortellini is soft. Remove from heat, and sprinkle with mozzarella cheese. Bake on 400 degrees for 15 minutes or until cheese is a bit crispy.



FRI Butternut Squash and Black Bean Enchiladas

3 lbs Del Monte Riced Butternut Squash (#1518)
1/4 cup olive oil, or avocado oil (#3515)
2 cups chopped onions (#5772)
4 cans (15 oz) black beans, rinsed and drained
2 Tbsp garlic salt (#1019)
1 tsp chipotle powder
1 tsp chili powder (#1014)

1 tsp ground cumin (#1442)
4 cans (12 oz) enchilada sauce
4 packages (12 count) 6-inch yellow
corn tortillas
2 lbs Queso Fresco, crumbled
1/2 cup chopped fresh cilantro

Heat oven to 375°F. In a microwave safe bowl, measure out 1.5 lbs of Riced Butternut Squash. Microwave on high, uncovered, for 10 minutes (stirring halfway through). Repeat with the remaining 1.5 lbs of Butternut Squash. Next, spray a 13x9-inch (3 quart) glass baking dishes with cooking spray. Meanwhile, in large skillet, heat oil. Add onions; cook 2 to 3 minutes or until tender. In large bowl, mix Butternut Squash, onions, black beans, garlic salt, chipotle powder, chili powder and cumin until well mixed. In same large skillet, heat corn tortillas 15 seconds or until soft. Pour 1/2 cup enchilada sauce in bottom of each baking dish. Fill each tortilla with about 1/4 cup squash mixture; roll up. Place seam side down in baking dish. Top with remaining enchilada sauce; sprinkle with cheese. Bake 15 to 20 minutes or until cheese is melted and enchiladas are thoroughly heated. Sprinkle with cilantro.



SAT Orange Chicken

Ingredients:
4 or 5 Pierce's Tempura Chicken Breast Nuggets
(#6838), per person baked in the oven
1/2 cup uncooked rice per person (#1152)

Sauce:
1 1/2 cup water
2 Tbsp frozen orange juice concentrate
1 cup packed brown sugar (#1150)
1/3 cup white vinegar

2 Tbsp soy sauce
1/2 tsp ground ginger (#1420)
Garlic salt, to taste (#1019)
1/4 tsp red pepper flakes
2 Tbsp Clabber Girl Cornstarch (#2849)

Bake chicken nuggets as directions on package. Cook 1/2 cup of rice per person. Add all sauce ingredients to a medium sauce pan. Boil sauce until thick. You can add frozen and fresh carrots to sauce, and cook thoroughly. Pour over cooked chicken nuggets and serve over rice or oriental noodles.



FRI Slow Cooker Sweet Pork Quesadillas

1-2 lb Swift Premium Pork Tenderloin Roast
(#1044) (you can use shoulder, butt or loin)
8 oz Garden Salsa
1 12-oz can Dr. Pepper
1 cup brown sugar (#1150)
10 Receta De Oro Flour Tortillas (#1323)

2-3 cups shredded cheddar jack cheese
(#1651)
Optional toppings: sour cream,
guacamole (#1060), pico de gallo,
lettuce, salsa, etc.

Put the pork in the slow cooker, and fill with water until it reaches halfway up the roast. Cook on high for 3 hours. Drain the water and cut the pork in thirds. Mix together salsa, Dr. Pepper, and brown sugar and pour over the pork. Cook on low for 3 more hours. Drain the liquid (reserving just a little bit to mix with the pork) and shred the pork. Mix the shredded pork with the reserved liquid. Heat a nonstick griddle or pan to medium heat, place a tortilla on the heated griddle. Sprinkle on about 1/2 cup cheese and a 1/2 cup pork and place a second tortilla on top. Cook for 3 to 5 minutes, or until tortilla is golden brown, turning over halfway through. Repeat 3-4 more times.



New PRODUCTS



MAIN STREET QUALITY MEATS, INC.
Quality and Service at its core

NEW! Choice Beef Chuck Slider Patties

Juicy, all-beef patties in a snackable portion. Great for kids or parties.
24 / 2 oz. patties; 3 lb. case
#1655....\$16.99 | .71 per patty!



Pacific Seafood

NEW! Yellowfin Ahi Tuna Filets

Enjoy on the grill or in a skillet. Delicious with rubs or marinades. Frozen.
4 / 4 oz. filets
#1652....\$11.99



NEW! Three-Cheese Blend Shredded Cheese

Blend of Mozzarella, Mild Cheddar, and Colby cheeses.
5 lb. bag
#1650....\$16.99 | Just \$3.40 per lb.!

NEW! Mild Cheddar Shredded Cheese

5 lb. bag
#1651....\$16.99 | Just \$3.40 per lb.!

Stock up for summer BBQs!



NEW! 4" Hamburger Buns

Fluffy, sturdy white hamburger buns for stacking burgers high. Great deal by the case!
6/12 ct. bags
#1663....\$14.99
Just \$2.50 per bag / .21 per bun!



NEW! Big Dog Hot Dog Buns

Soft, fluffy white hot dog buns for family-favorite grilling. Big savings by the case!
6/12 ct. bags
#1664....\$16.99
Just \$2.83 per bag / .24 per bun!



NEW! Beef Tamales

Savory shredded and ground beef filling, chili peppers, and spices, wrapped in a traditional corn masa and natural corn husk then steam cooked. Frozen; microwave or steam to heat through.

36 ct./4.5 oz. tamales
#1657....\$39.99 | Just \$1.11 per tamale!
Lower cost than Costco!

NEW! Chicken & Cheese Tamales

Traditional corn masa filled with chunks of chicken, green chilies, jalapeno peppers, and a blend of natural cheddar and Monterey jack cheeses.

36 ct./4.5 oz. tamales
#1658....\$39.99 | Just \$1.11 per tamale!
Lower cost than Costco!



NEW! Harvest Fresh Avocado Dices

Rich, buttery Hass avocados quick frozen for any use. No mess; no waste! Divide frozen dices into desired amounts in airtight bags. Thaw needed amount overnight under refrigeration and then use just as you would use fresh avocado.

2 lb. bag
#1645....\$15.99



NEW! Lock 'n Lift White Can Opener

Powerful steel cutting wheel and locking system opens cans of all sizes with minimal effort. Non-slip handles provide comfortable, secure grip. Magnetic lid lifter allows for safe disposal of sharp can lids.
#8403\$12.49



NEW! 3-Piece Knife Set

Includes a 3.25" paring knife, 3.25" serrated paring knife and a 5" utility knife. High-quality stainless steel blades with covers. Zyliss 5 year warranty.
#1659Reg. \$29.99
Special Price \$14.99



NEW! Easy Pull Manual Food Processor

This versatile, compact tool is ideal for chopping, blending, and pureeing ingredients. Make salsa in minutes! 5 year Zyliss guarantee.
#1660\$24.99



NEW! Pizza Wheel

Handheld pizza wheel smoothly slices through even thick-crust pizza. 5 year Zyliss guarantee.
#1662\$10.99



NEW! Salad Knife

Serrated plastic blade prevents lettuce from turning brown. Also cleanly slices cakes, breads and brownies. Safe for use on coated cookware.
#8068 ...\$4.99

More new products to love...

KRUSTEAZ

NEW! Belgian Waffles

Crispy on the outside and fluffy on the inside!

24-2.29 oz. waffles

#1648....\$17.49

.73 per waffle



Hellogg's

NEW! Eggo Mini Buttermilk Pancakes

320 fluffy mini pancakes, perfect for little fingers to dip!

8-14.1 oz. boxes

#1649....\$25.99

Just .08 per mini pancake!



MONIN
REPURE 100%
GOURMET FLAVORINGS

NEW! Cherry Syrup

Sweet cherry syrup that's delicious in sodas, lemonade, tea, and milkshakes. Perfect for Shirley Temples!

#1637...\$10.99

NEW! Stone Fruit Syrup

Peach, cherry, and apricot blend that's delicious in sodas, lemonade, tea, and milkshakes.

#1636...\$10.99

Made with natural flavors and pure cane sugar, not corn syrup! No artificial ingredients. Gluten free. Non-GMO.



Find more of your favorite Monin syrups and Country Time Lemonade on page 44!



NEW! All Butter Pound Cake

Larger, foodservice-size premium loaf.

Perfect topped with summer berries.

Ready to eat.

16 oz.

#1647....\$7.99

NEW! Cran-Blueberry Nut Clusters Snack Bites

Delicious, crunchy, subtly sweet and salty blend of roasted cashews, almonds, and pistachios with chewy cranberries and blueberries. Just 12 net carbs per serving!

12/2 oz. bags

#1666....\$20.99 | .87 per serving



See our full selection of Camp Chef products on page 15.

CAMP CHEF
THE WAY TO COOK OUTDOORS

NEW! Charcoal Lighter Basket

Prepare up to 100 briquettes in a matter of minutes. Designed to direct airflow through the basket to efficiently light your charcoal briquettes.

#1665....\$17.99



BACK BY POPULAR DEMAND



Gluten Free 4" Sugar Cookies

The best GF cookies we've ever tasted! Their special recipe has homemade flavor and texture. Individually wrapped.

Ships frozen.

GF 4" / 12 ct. box

#1481....\$18.99



Gluten Free Rice Flour Hamburger Buns,

GF 1/2 dozen

#1368....\$7.99



Gluten Free Rice Bread

GF 24 oz. loaf

#1367....\$6.99



Hearty Bean Seasoning

Perfectly season 1 lb pinto or navy beans with 1/4 C. of this flavorful blend.

1 lb. bag

#1670...\$7.99

Homestyle Stew Seasoning

A savory blend of spices that also helps to thicken stew recipes.

Great for Dutch Oven cooking!

1 lb. bag

#1540...\$7.99

Mom's Meatloaf Seasoning

Simplify meatloaf seasoning with this comfort food essential.

1 lb. bag

#1582...\$9.99

Pronto Potato Salad Seasoning

A summer staple! Season potato salad in one step with our blend of onion, celery, red bell pepper, and Dijon Mustard.

1 lb. bag

#1820...\$8.99



Make meals easy with our bulk spice blends!

AUGASON FARMS

Find our full selection of Augason Farms long-term storage products on page 47.

NEW! Country Fresh 100% Real Instant Nonfat Dry Milk

Made from whole cow's milk and tastes delicious mixed into drinks, puddings, and shakes. Up to 20-year sealed shelf life.

Certified gluten-free.

GF 1 lb. 13 oz. / #10 can

#8517....\$18.99



NEW! Dried Whole Eggs

Simply hydrate egg powder with water and cook up scrambled eggs or omelets or use them in any recipe that calls for eggs. Certified gluten-free. Up to 10 year shelf-life.

GF 33 oz. / #10 can

#1121....\$28.99



NEW! Freeze Dried Sliced Strawberries

Enjoy out of the can for a healthy snack or rehydrate and add to desserts and smoothies. Certified gluten free. Up to 30 year shelf life.

GF 6.4 oz./#10 can

#8495....\$23.99



BREAKFAST necessities

SAVE \$200

Cases will show 'Received' date and have 6 months of shelf life past that date.

Skinless Pork Sausage Links (precooked)

GF 240 ct., .8 oz. size/12 lb. case.
#5464....Reg. \$37.99
Sale \$35.99 | 15¢ per link!

Pork Sausage Links (raw)

GF 192 ct., 1 oz. size/12 lb. case
#3386...\$36.99 | 19¢ per link

Pork Sausage Links (precooked)

GF 240 ct., .8 oz. size/12 lb. case
#4062.... \$44.99 | Just 19¢ per link!

Compare our price of just 19¢ to Schwan's cost at 34¢ per link and save 44% with Alison's Pantry!



Pioneer Brand 'Big Buy' #2 Bulk Bacon

Full irregular slices layered between wax paper sheets. Frozen.

This is a #2 irregular product that sometimes includes a large amount of fat. Ideal for adding bacon flavor to recipes.

Case will show 'Packed by' date and have 6 months of shelf life past that date.

GF 15 lb. bulk
#3297....Reg. \$39.99
Sale \$36.99

★★★★★

"Daily's Big Buy Bacon (#3297) is like the bacon I had when I was a kid. Full of flavor and yummy!"



Cases will show 'Received' date and have 6 months of shelf life past that date.

Pork Sausage Patties (raw)

GF 96 ct., 2 oz. size/12 lb. case
#3387.... \$35.99 | Just 37¢ each!

Pork Sausage Patties (precooked)

GF 96 ct., 2 oz. size/12 lb. case
#4063....\$42.99 | Just .45 per patty!

Compare our price of just \$3.58/lb. to Schwan's cost of \$5.67/lb. and save 37% with AP!



Precooked Bacon: an AP bestseller for over a decade!

#1 Quality Precooked Hickory Smoked Bacon Slices

Keeps 6 months refrigerated, 9 months frozen. Microwave, heat and eat.

◆ 60 slices per pouch GF
#5642....\$13.99

◆ 300 slices per box GF
#4835...\$49.99

Applewood Precooked Bacon

Double-smoked applewood bacon for the bacon connoisseur. Bolder flavor than our #4835 bacon. 300 slices GF
#9137....\$49.99



Pioneer Brand Sugar Cured Bacon Bulk Ends and Pieces

Ships frozen. Raw. Case will show 'Packed by' date and have 6 months of shelf life past that date.

This is a #2 irregular product with more fat.

GF 15 lb. bulk
#2899....\$31.99



'Center Cut' Bacon Honey Cured

Smoky with the sweetness of a honey cure. Raw. 90 day shelf life.

GF 5 lb.
#3298....\$26.99

Thick-Cut #1 Quality Bacon, Raw

GF 24 oz....\$9.99

- ◆ #8464 Deep Applewood Smoked
- ◆ #8463 Honey Cured
- ◆ #8465 Peppered

Due to the volatile nature of protein markets, printed pricing is subject to change. Prices shown on our website are most current.



Using a 126-year-old family recipe, Jones Dairy crafts their classic breakfast sausages with just five honest ingredients: pork, water, salt, spices and a natural casing. They're seasoned with a hand-mixed spice blend for a savory, authentic flavor you won't find anywhere else. And because they never add binders or fillers, their sausages are naturally gluten-free. No added hormones. No added MSG. No preservatives. No nitrates or nitrites.



All-Natural Cherrywood Smoked Turkey Bacon

Fully cooked; minimally processed.
GF 8 oz. pack
#4039....\$5.99



Jones Dairy Turkey Sausage Patties

GF 1.25 oz. / 20 oz. bag
#4040....\$9.99



Maple Pork Sausage Links

Sweetened with real Wisconsin maple syrup. Fully cooked.
GF 28 oz. bag
#4045....\$9.99



All-Natural Pork Sausage Patties

Fully-cooked, mildly-seasoned. 36-38 patties.
GF 1.5 oz. / 3.5 lb. bag
#4041....\$20.99
Just .57 per patty!



All-Natural Pork Sausage Links

Fully-cooked; mildly-seasoned. 80-82 links.
GF .7 oz. / 3.5 lb. bag
#4043....\$20.99
Just .26 per link!



Naturally Hickory Smoked Canadian Bacon Slices

Center cut from the pork loin, smoked with real hickory chips. 97% fat free. 40 slices.
GF 24 oz.
#4047....\$17.99



Sausage, Egg & Cheese Buttermilk Biscuits

16/4 oz. biscuits
#4842... \$19.99



Sausage & Gravy Stuffed Buttermilk Biscuit

16/4 oz. biscuits
#4844....\$19.99



Sausage, Egg & Cheese Croissant

Microwave or oven bake. 12/4.5 oz. IW
#4454....\$17.49
Just \$1.46 each!



Sausage, Egg & Cheese Biscuits

Microwave or oven bake. 12 ct./4.9 oz. IW
#5354.... \$17.49
Just \$1.46 each!



Breakfast Burritos with Eggs, Sausage, & Cheese

Stuffed with whole eggs, savory sausage and three velvety, melted cheeses—American, Monterey Jack and Cheddar. 12/7 oz. buritos
#4845....\$24.99 | \$2.08 each



Breakfast Burritos, IW

Wrapped in a white tortilla. Microwavable. 24/4 oz. buritos
◆ #7419 Egg, Bacon & 3 Cheese....\$31.49
◆ #7420 Egg, Ham & 3 Cheese....\$29.99



WAKE UP YOUR PLATE



Cinnamon French Toast Sticks

Bake, fry or toast. 52 sticks / 56 oz. box
#1499.... \$12.49



Homestyle Waffles

72 ct. waffles
#1498...\$15.99 | 22¢ each



Log Cabin Syrup

GF 1 gal. jug
#1590....\$12.99

Versatile PORK



Bacon Wrapped Pork Fillets (6 pack)
AP bestseller! Bake, grill, or pan fry. Raw.
 6/5 oz. fillets
#5589....\$12.99
Just \$2.17 each!

Bacon Wrapped Pork Fillets (Case)
 30/5 oz. case
#7527....Reg. \$48.99
Sale \$46.99
Just \$1.57 each!



SAVE
\$200

Customer
 Favorite!

★★★★★

"We love the Smithfield Bacon Wrapped Pork Fillets. They're moist, juicy and tender. The bacon gives a great flavor and provides a rich seasoning for the pork. They go well on the grill and are quick to prepare. We like them with cheesy potatoes and a fresh salad. You won't be disappointed!"



**CarveMaster
 Cob-Smoked
 Boneless Ham**
*Fully-cooked ham.
 Corn-cob smoked for old
 fashioned flavor.
 Comes frozen.*
 Avg. 3-4 lb.
#1109....\$18.99



**Seasoned Center-Cut
 Pork Chops**

*Bone-in, Raw, lean and trimmed.
 Marinated for added tenderness.*
GF 32/5 oz., 10 lb.
#6305....\$43.99
*Compare our price of \$4.40 per
 lb. to Schwan's cost of \$8.00
 per lb., and save 45% with AP!*



CarveMaster Ham
*Boneless, natural juice ham, made
 from only fresh outside muscle,
 slow smoked with real apple wood.*
 Fully cooked.
GF 7-8 lbs. avg.
#7960....\$35.99



Bone-In Ham Steaks
*Fully cooked, hearty ham steaks. Individually
 vacuum sealed for freshness.*
GF Big 1 lb. steaks, 4 per order
#5659....\$21.49



Gold Medal All Meat Hot Dogs
Larger, 1/4 lb. hot dogs. No MSG added.
GF 4 per lb./40 ct./10 lb. case
#1634....\$37.99 | .95 each



Lit'l Smokies® Cocktail Links
Pork, turkey, and beef smoked to perfection.
 Fully cooked.
GF 3 lb. pouch
#6042....\$16.99



Bratwurst Minis
*Fully-cooked. Skinless. Approx. 50-3.5"
 links per package. Oven bake, grill, or griddle.*
 5 lb. pack
#4843...\$22.99



SAVE
\$150



Pork Rib-lets

Raw pork ribs. Similar to baby back ribs.

GF 5 lb. box
#6380....Reg. \$13.49
Sale \$11.99

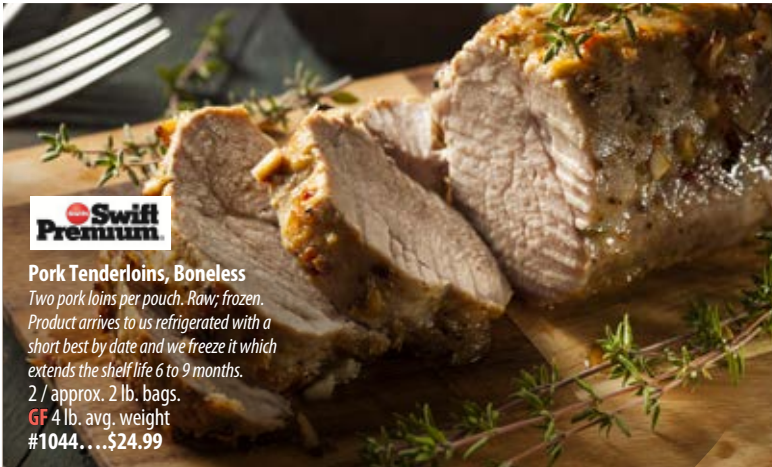
★★★★★
"I put a dry rub on the Smithfield Pork Rib-lets and grilled them with some wood chips. They cooked up fast and turned out amazing!"



Smoke'n Fast Roasted & Seared Pork Shoulder

Perfectly-seasoned, moist and tender pork in savory au jus. Boil in bag, or heat in slow cooker or oven, then shred.

GF 2 / 5 lb. case
#6878...\$48.99



Pork Tenderloins, Boneless

Two pork loins per pouch. Raw; frozen. Product arrives to us refrigerated with a short best by date and we freeze it which extends the shelf life 6 to 9 months.

2 / approx. 2 lb. bags.
GF 4 lb. avg. weight
#1044....\$24.99



Pork Baby Back Rack of Ribs

Approx. 3 lb. rack of meaty premium pork baby back ribs. Raw, unsauced, Frozen.

GF 3 lb. bag
#2608....\$16.99

Flavorful sausages wrapped in soft baked rolls. Individually wrapped in microwaveable film. Choose from 3 delicious flavors!



Hand-Held Sausages in Soft Baked Rolls



Sweet 'n Smokey Sausage in a Soft Baked Roll

Naturally hardwood smoked sausage plus a hint of honey in a soft-textured roll.

8/5 oz. rolls
#1365...\$14.49 | \$1.81 each



Smokey Cheddar Pork Sausage Link in a Soft Baked Roll

Naturally hardwood smoked sausage filled with Wisconsin Sargento cheese in a soft-textured roll. Heat and serve.

8/5 oz. rolls
#1362...\$14.49 | \$1.81 each



Smoked Brat in a Soft Baked Roll

Hearty, big-flavored traditional bratwurst in a soft-textured roll. Heat and serve.

8/5 oz. rolls
#1363...\$14.49 | \$1.81 each

SAVE \$200

Essential POULTRY

★★★★★

"Sun-Land Chicken Tenders are a summer staple at our house for this family-favorite recipe: combine 1 cup each of soy sauce, canola oil, and 7up. Marinate thawed tenders for several hours in this mixture in the refrigerator. Then grill."



Chicken Breast Tenders (raw)

Juicy tenders to enjoy in stir fry, fajitas, kabobs, and more. Irregular, #2 product, packaged under the Sunland label. Size of pieces will vary. GF 4 lb. bag #6829....Reg. \$11.99 Sale \$9.99



100% Natural Chicken Breasts

Boneless, skinless breasts with rib meat. Ice glazed to prevent freezer burn. Raw. Irregular, #2 product, packaged under the Sunland label. Size of breast pieces will vary. GF 4 lb. bag #5513....\$9.99



Cilantro Lime Flavor Concentrate

Add this fresh and tangy concentrate to Mexican recipes, dips, Spanish rice, or soups. Use as a rub on poultry, or in marinades for shrimp. Combine with sour cream, creamy salad dressings, or vinaigrettes. No artificial flavorings. 13.6 oz. tub #1492...\$9.99



Grilled Chicken Breast Strips

100% natural chicken breasts are lightly seasoned, grilled. Oven or microwave to heat. GF 6/3 oz. servings #9210...\$9.49 | \$1.58 per svg.



Breaded Chicken Tenderloins

All-natural, lightly breaded breast tenderloins. Fully cooked. 2/4.5 lb. bags /9 lb. case #6214....\$39.99



Crispy Chicken Strips

Moist chicken breast strips with rib meat, coated in a crispy seasoned batter. Oven, microwave, or deep fry. 8/3 oz. svgs. 24 oz. bag #9211.... \$9.49 | \$1.19 per svg.



Dino Buddies Chicken Nuggets

Fully-cooked. No artificial ingredients. Frozen. 5 lb. box #1258...\$18.99



Stuffed Chicken Entrées feature crispy breaded chicken breast, stuffed with flavorful filling. Just wrap in foil and oven bake from frozen.

Chicken with Broccoli & Cheese

Filled with broccoli and cheese. 25/5 oz. #8555... \$30.99

Chicken Cordon Bleu

Stuffed with smoked ham and swiss cheese. 25/5 oz. #8553....\$30.99

Cordon Swiss Stuffed Chicken Minis

Mini Cordon Bleus! Square nuggets filled with ham and cheese. Oven bake. 24 oz. box #9062... \$6.99



All Meat Premium Corn Dogs
 Plump pork & beef franks. Generous
 50/50 meat-to-batter ratio.
 60/2.67 oz.
 #1182.... Reg. \$29.99
 Sale \$28.99



SAVE
\$1.00

Customer
Favorite!

★★★★★

"Back in January, I didn't plan very well and we ran out of corn dogs, which in my household is a major travesty! I ran to the store and bought a box, just to get us by until the AP delivery came. My son ate one corn dog out of that box, and said they weren't the same and refused to eat anymore. Even my 8-year-old could tell the difference in the quality of the products that Alison's Pantry sells versus the store."



Maple Pancake with Pork Sausage
 Pork and turkey blend sausage.
 56/2.85 oz.
 #1406....\$32.99

SUPERPRETZEL
SOFT PRETZELS



Soft Pretzel Mini Dogs
 Mini 100% all-beef hot dogs wrapped in gourmet pretzel dough. 60/.8 oz.
 #7401....\$21.99



Chicken Mini Corn Dogs

Mini chicken franks wrapped in honey crunch batter.
 120/.67 oz., 5 lb. bag
 #1581...\$19.99



Saute Ready Chicken Breast Pieces and Strips

No thawing required. Just add vegetables for the perfect quick and delicious dinner when you're in a hurry. 3 flavor options. 100% All Natural Chicken; No Hormones or Steroids. 7 servings.
 28 oz. bag...\$9.99 | Just \$1.43 per svq.!



◆#1405 Garlic Herb



◆#1403 Asian



◆#1404 Fajita Marinated



Garlic Chicken Meal

Skillet to table in minutes! Approx. 10 servings.
 58 oz. bag
 #2500....\$14.49 | Just \$1.45 per svq.!

GLUTEN FREE OPTIONS



Gluten Free Chicken Breast Nuggets

50% less fat and 25% fewer calories
 GF 18 oz. bag
 #1267....\$9.99



Gluten Free Chicken Breast Strips

50% less fat and 25% fewer calories
 GF 18 oz. bag
 #1268....\$9.99





SAVE
\$200



**Seasoned Diced
Chicken Breast Pieces**
Tender 1/2" pieces fully cooked.
GF 10 lb. case.
#7787...Reg. \$47.99
Sale \$45.99

★★★★★

"The Seasoned Diced Chicken Breast Pieces make great chicken salad or work well in low-cal soups for lunch. I add it to cheese tortellini with a jar of Alfredo sauce for a quick, expensive-tasting meal, quick BBQ sandwiches, and a dozen more things. It's a wonderful product with so many uses."



Boneless, Skinless Chicken Breasts
Restaurant-quality, cleanly trimmed. 100% all natural. Plump and ice glazed to prevent freezer burn.
GF 48/4 oz., 12 lb. case
#6519...\$50.99
Compare our cost of \$4.25/lb. for premium chicken breasts to Schwan's raw chicken breasts at \$7.20/lb. and save a whopping \$35.41 with Alison's Pantry!

Customer
Favorite!



Roasted Garlic Concentrate

Ready-to-use roasted garlic paste. Add outstanding flavor to mashed potatoes, rice, meats, and more. Blend with butter, Parmesan cheese, and parsley for glorious garlic bread spread. Gluten-free; no artificial flavors.
1 lb. tub
#1491...\$9.99



Breaded Chicken Breast Nuggets

One year frozen shelf life.
.7 oz. size, 2/5 lb. bags, 228 nuggets 10 lb. case
#6220...\$27.99



Family Pack Size

4 lb. bag
#2474...\$12.99
\$3.25 per lb.



Tempura Battered Chicken Breast Strips

Uncooked Tempura-battered whole breast meat strips with a light, golden battered coating.
10 lb. case
#7102...\$46.99 | \$4.40 per lb.



Tempura Chicken Breast Nuggets

Made with 100% breast meat with crispy tempura batter. Par-fried. Fry or bake.
2/5 lb. bags, 10 lb. case
#6838...\$32.99 | \$3.00 per lb.



Chicken Breast Pieces, Raw

95% lean, randomly-cut chicken breast pieces, perfect for soups, stir-fry, etc. Raw.
GF 5/1 lb.
#2620...\$16.99
\$3.40 per lb.

Photo shows recipe suggestion.

PANTRY BARGAINS

Pantry Bargains

are a great way to save money on family favorites! Their special pricing is due to slight irregularities. These #2 products will have variations in size or breading, but they are consistently delicious and always supported by our 100% satisfaction guarantee.



Popcorn Chicken

Bite sized pieces of all breast meat chicken, lightly breaded for a flavorful golden crunch. Oven bake or fry.
2 lb. bag
#1465...\$4.99



Breaded Chicken Breast Fillets

Ready-to-cook. Bake or fry.
2.5 lb. bag
#1003...\$7.99



Homestyle Breaded Chicken Tenderloins

Raw. Fry or bake.
2-3 oz. size
2/5 lb. bags, 10 lb. case
#6219...Reg. \$33.99
Sale \$31.99



SAVE \$2.00

★★★★★

"Country Pride Chicken Tenderloins are a 'must have' in our freezer!! While my kids love to dunk them in BBQ sauce, I prefer to smother mine with honey mustard. This chicken is also great to cut up for a quick chicken wrap or chicken crunch salad."



Skinny Dip'n Chik'n
Unique seasoned, unbreaded premium whole muscle breast meat. 25% less fat and calories than the leading boneless wings. Raw.
GF 2/5 lb. bags, 10 lb. case
#7343...\$45.99



Breaded Chicken Breast Patties
Breaded chicken breast with rib meat.
45/3.6 oz. size, 2/5 lb. bags, 10 lb. case
#6221...\$28.99 | \$2.90 per lb.



Fully Cooked Chicken Fries
White meat chicken in the ideal shape for dunking. Ready to enjoy in minutes from the oven or microwave.
2 / 5 lb. bags; 10 lb. case
#1618...Reg. \$35.99
Sale \$32.99



SAVE \$3.00



Black Label Carving Turkey Breast
Fully cooked. Raised with no antibiotics, no added hormones, no starches added. 1 year freezer life. Approx. 20 servings.
GF 5.5-6 lb.
#9197... \$30.99



Turkey Pot Roast
Fully cooked chunks of savory turkey thigh meat and gravy in an oven-proof bag for easy reheating. Approx. weight.
4.75-5.25 lb. bag
#8994...\$24.99

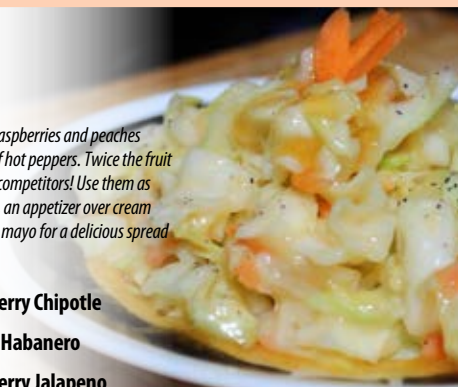


#1 Ground Turkey, Frozen
Premium ground turkey is 85% lean / 15% fat.
GF 12/1 lb. chubs
#3568...\$22.99

Kick up your summer grilling!



Savory Sauces
Our signature sweet raspberries and peaches paired with the kick of hot peppers. Twice the fruit and half the sugar of competitors! Use them as a marinade on meats, an appetizer over cream cheese, or mixed with mayo for a delicious spread.
12.5 oz. bottle
\$6.99
◆ #1069 Raspberry Chipotle
◆ #1070 Peach Habanero
◆ #1490 Raspberry Jalapeno



Peach Habanero Coleslaw

- 1 head of cabbage finely chopped
- 2 carrots grated
- 1 cup Cornaby's Peach Habanero Sauce (#1070)
- 1/2 cup light mayo
- 2 Tbsp. vinegar
- 1 Tbsp. sugar
- 1 can pineapple tidbits, drained
- 1/2 cup sliced almonds
- 1 Tbsp. Cornaby's E-Z Gel (#8733)
- Salt & Pepper to taste

Mix together liquid ingredients and stir until completely combined. Gradually whisk in E-Z Gel until it has completely dissolved. Fold in cabbage, carrots, pineapple and almonds.



USDA Choice Seasoned Flat Iron Steaks

Similar flavor to fillet mignon without the high price tag. Cryo-vac'd pkgs.

GF 12/6 oz. steaks
#6044.... Reg. \$51.99
Sale \$49.99

SAVE \$200

★★★★★

"We love the Flat Iron Steaks (#6044). They're great on the grill. Slice the raw steaks and marinate them in your favorite marinade recipe, place them on skewers with onion, tomatoes, and green peppers and grill for wonderful kabobs, too!"

Our new Chef Shamy Garlic Butter is the perfect way to finish a steak. See pg. 32.

SAVORY BEEF & SUPERIOR STEAKS

MAIN STREET QUALITY MEATS, INC.
Quality And Service at its finest



Prime Rib

Select Prime Rib roll cut, trimmed and tied with oven string.

GF 5 lb. box
#2616... \$63.99



We're proud to now offer Certified Hereford Beef. Cattle ranchers have always known quality beef comes from great cattle, and the best cattle— Hereford cattle —produce the perfect steak!

MAIN STREET QUALITY MEATS, INC.
Quality And Service at its finest



USDA Choice Rib Eye Steaks

Fresh cut, and hand trimmed.

GF 4/8 oz. steaks
#2602....\$38.99



Certified Hereford Choice Rib Iron Steaks

Naturally flavorful beef from premium breeding.

GF 6/8 oz. steaks
#1554....\$31.49 | \$5.25 per steak!



Bacon Wrapped Filet of Beef

GF 6/5 oz. IW
#6986....17.99
Just \$3.00 per steak!



MAIN STREET QUALITY MEATS, INC.
Quality And Service at its finest

USDA Choice Beef Steaks

Tender chunks of Choice beef.

GF 3 lb. bag
#2607....\$18.99



Quarter-Pound All Beef Franks

6" all beef franks. 100% Kosher beef. No fillers, by-products, artificial flavors, or colors.

GF 5 lb. pouch | 20 franks
#2765....\$26.99 | \$1.35 each





100% Beef Hamburger Patties

These juicy, 100% pure ground beef patties are great for a quick lunch or dinner. 75/25 lean to fat ratio, with no soy, fillers, additives, or MSG.

GF 24 / 4 oz. / 6 lb. case
#1075....Reg. \$22.49
Sale \$19.99

Jumbo 1/3 lb. Cheddar & Bacon Stuffed Beef Patties

Stuffed with pieces of smoky bacon and shredded Cheddar cheese.

GF 6 patties/2 lb. box
#8377....\$10.99



SAVE \$2.50

★★★★★

"I love to have BBQ's. These patties are perfect for entertaining or an easy family night BBQ. I love that they're 100% beef. You never know what else you might be getting in your store bought hamburger. They cook up great and taste great."

100% Pure Ground Chuck

Premium beef, ground fresh 80/20.

GF 5 / 1 lb. chubs
#2622....\$27.99 | \$5.60 per lb.



Breaded Steak Fingers

One ounce ready-to-dip fingers!
160/1 oz. fingers, 10 lb. case
#8565.... \$41.99



Country Fried Steak

Raw and breaded. Deep fry for best results. IQF to guarantee freshness. 40/4 oz. steaks, 10 lb. case
#4613.... \$42.99



100% Beef 3-Way Blend Hamburger Patties

Juicy, flavorful blend of USDA ground chuck, ground sirloin, and ground brisket. 80/20. 100% beef, no fillers.

GF 40/4 oz. patties
#2621....\$49.99



Find our bestselling PanRoast Country Gravy Mix on page 37.

Find Hamburger and Hot Dog Buns on page 32.



Only available for the summer!

Extendable Safety Roasting Sticks

Set of 4 extendable sticks with carry bag.
#7340...\$14.99



True Seasoned Cast Iron Pizza Pan

• True Seasoned Finished cast iron
• Large 14" pan
• True Seasoned Finished cast iron
• Decorative molded cast iron handles
• Also perfect for rolls, pancakes, cookies and flat top grilling on your outdoor BBQ
#7623.... \$24.99



6-Piece Cast Iron Set

• 12-inch lid doubles as skillet
• 10-inch skillet
• Dutch oven trivet
• Deep 12-inch skillet
• 6-quart legless Dutch oven
• 10" lid fits Dutch oven and skillet
#2405...\$84.99



7" Mini Skillet Set

Set of two 7" mini skillets for personal pizzas, Skookies, fajitas, and more. "True Seasoned Finish" for a natural surface that's ready to use out of the box.
#1128....\$12.99



Chain Mail Scrubber

7" x 7" hand crafted, 316 stainless steel construction. Dishwasher safe and cleans cast iron, steel griddles, and other cookware.
#1126....\$17.99



Cast Iron Cleaner

This special blend of all-natural oils and cleaning agents breaks down sugars and other food particles and cleans cast iron cookware with ease. 100% all-natural ingredients.
6 oz. tube
#9136....\$7.99



Camp Chef Cast Iron Conditioner

Preserve and care for your cast iron cookware. The best way to season and condition all your cast iron pieces. Protects from rust. All-natural ingredients.
6 oz. tube
#7345....\$7.99



Fresh SEAFOOD



Lemon Dill Butter
 Made with 100% Real butter, all natural, and no added flavors or preservatives. Heavenly melted over seafood or vegetables.

GF 3 oz. Tub
 #8879....\$3.99

★★★★★

"My favorite Alison's Pantry fish is the Icelandic Cod Fillets (#8026). I cover them with AP Dilly Dip Mix (#1421), lay them in a piece of foil with a tab of butter, and grill to perfection. They are amazing!"

SAVE \$200



Cod Fillets, Skinless

Mild tasting, wild-caught cod fillets. Individually wrapped in cellophane.

GF Approx. 12 fillets 5 lb. box
 #8026....Reg. \$41.99
 Sale \$39.99



Tilapia Fillets

Premium boneless, skinless Tilapia Fillets. Farm-raised.

GF 3-5 oz./10 lb. case.
 Approx. 40 fillets
 #8027....\$41.99



Piccadilly Pub-Style Battered Cod

White cod fillets dipped in a golden pub-style batter. Bake or deep fry.
 3 oz. portions/5 lb. bag
 #8014....\$42.99



Pub-Style Battered Cod

Wild-caught; no artificial colors, flavors or preservatives. Certified Sustainable Seafood. Bake or fry.

2-3 oz. pieces
 2.5 lb. box
 #2807...\$17.99



Tavern Battered Haddock

Oven bake or fry. Fry for crispiest results. Approx. 16 fillets. 2-3 oz. fillets
 2.5 lb. bag
 #8416....\$21.99



Beer Battered Halibut Fillets, 2 oz.

100% natural, untreated, whole muscle fish. Coated with a crisp, Samuel Adams Boston Lager batter.

2 oz. fillets / 2.5 lb. bag
 #1125....\$41.99



Atlantic Salmon Portions, IQF

Individually vacuum-sealed 4 oz. portions of Atlantic salmon. Boneless, skinless. Farm-raised product of Chile, processed in the USA.

GF 4 oz./2 lb. bag
 #8669...\$27.99



Wild Pacific Halibut Portions, Skin-on

Wild-caught, sourced from the Pacific Ocean. Skin-on; sustainably-fished.

4/4 oz. fillets.
 GF 16 oz. bag
 #8028....\$22.99



Parmesan Encrusted Cod

All-natural, gluten-free, with no trans fat or preservatives.

GF 2.5 svgs.
 9 oz. box
 #1063....\$9.49

SAVE \$200



Shrimp, Peeled & Deveined
White shrimp sourced from Indonesia and Vietnam. 26/30 ct. Tail-off. Raw.
GF 2 lb. bag
#1545....Reg. \$17.99
Sale \$15.99



Don't miss our new Ahi Tuna Filets on page 4!



CONTESSA
Black Tiger Shrimp
Tail-on. 16-20. Frozen.
GF 2 lb. bag
#2806....\$28.99

Photo shows serving suggestion.



Classic Marinated Shrimp Skewers
Ready to cook. Griddle or oven bake.
12 skewers/1 lb. 5.6 oz. box
#8270....\$16.99



Gourmet Seafood & Crab Cakes
Lobster or snow crab blended with premium surimi.
13/3 oz. cakes
#8992....\$16.99



Premium Oven Ready Butterfly Shrimp
Peeled, deveined, and butterflied shrimp with a bread crumb coating.
2 lb. (31-40/lb.)
#5029....\$26.99



Shrimp Poppers
Made from minced shrimp and coated in a special bakeable breadcrumb.
2 lb. bag
#4180....\$11.49



Oriental Breaded Dinner Shrimp
Deep fry only. Premium butterfly shrimp with a unique crunchy oriental breading.
3 lb. (16-20/lb.)
#1813....\$30.99



BIG! Butterfly Shrimp Gold Pack
Lightly breaded, fries to a golden brown.
2.5 lb. (15/lb.)
#4181....\$31.99



Ultimate Fish Sticks
No preservatives, no artificial ingredients.
Light all-natural breading. Bake or fry.
4 lb. bag | 62 ct./1oz. sticks
#2809....\$21.99

Customer Favorite!



Premium Alaskan Salmon Burgers
Salmon patty is made with the finest wild, ocean-caught, deep skinned Alaskan Salmon, herbs and spices.
GF 3 lb. bag/12 ct.
#2808....\$25.49

AUTHENTIC MEXICAN favorites



SAVE
\$200



Butcher Wrapped Shredded Steak & Cheese Burritos

Savory shredded steak, cheddar cheese, mozzarella cheese, Monterey Jack cheese and Mexican spices in an oven-baked flour tortilla. Generously sized. Comes frozen. Bake, microwave, or deep fry. IW.
12 / 9.5 oz. burritos
#8848...**Reg. \$23.99**
Sale **\$21.99**

XXL Bean & Cheese Burritos

Big flavor and big satisfaction! Beans, cheddar cheese and Mexican spices in an oven-baked flour tortilla. Comes frozen. Bake, microwave, or deep fry. IW.
12 / 9.5 oz. burritos
#8847... **\$16.99**

XXL Beef & Bean Burrito

Savory beef, beans and Mexican spices in a large oven-baked flour tortilla. IW.
12 / 9.5 oz. burritos
#8975... **\$15.99**

America's
#1
Frozen
Burrito!



HAIN STREET QUALITY MEATS, INC.
Quality And Service At Its Core

Chicken Breast Strips for Fajitas

Lean, raw strips of chicken breast for fajitas or chicken stroganoff.

GF 3 lb. bag
#2609... **\$11.99**

Beef Strips for Fajitas

Tender strips of choice and select beef for juicy fajitas.

GF 3 lb. bag
#2604... **\$23.99**



10" Flour Tortillas

12/12 ct. (144 tortillas)
#1296... **\$32.99**

SMALLER PACK

10" Flour Tortillas
#1323 10" 3/12 ct. bags... **\$8.99**

8" Flour Tortillas

No trans fat. Frozen.
12-12 ct. bags (144 tortillas)
13.5 lb. case
#4970... **\$23.99**

SMALLER PACK

8" Flour Tortillas
#1325 8" 3/12 ct. bags... **\$6.99**



Baja Vegetable Roast

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.

2 lb. bag
#5353... **\$7.49**



★★★★★

"The Baja Roasted Vegetables are very tasty. They're great sauteed with a bit of oil or butter and the flavor with the peppers and corn is amazing!"



Fajita Blend

Onion strips, with red, green and yellow bell pepper strips.

GF 4 lb. bag
#2069... **\$7.99**

Compare our price of \$2.00/lb. to Schwan's Fajita Vegetable Blend at \$5.49/lb. Save 64% with AP!



Southwestern SPICES



Ole Taco Seasoning

Big flavor and big savings over the grocery store.

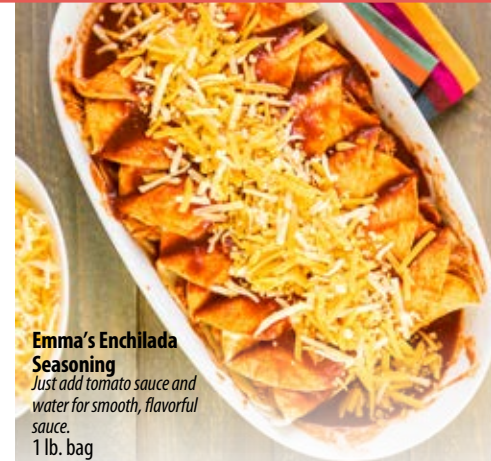
1 lb. container
#1846... **\$8.49**



Lip Smackin' Chipotle Ranch

The perfect dip for taquitos or topper for taco salads.

8 oz. bag
#2589... **\$5.99**



Emma's Enchilada Seasoning

Just add tomato sauce and water for smooth, flavorful sauce.

1 lb. bag
#1016... **\$5.99**



Tornados
24/3 oz. case....\$21.99

◆ **#2925 Southwestern Chicken**

Jack cheese, peppers, chicken, spinach, corn & black beans.

◆ **#2928 Ranchero Beef Steak & Cheese**
Our Ranchero red sauce, shredded steak and real cheese.

◆ **#3953 Bacon, Egg & Cheese**
Scrambled eggs, bacon, onions, tomatoes, chilies, and melted cheese.

◆ **#2926 Sausage, Egg & Cheese**

Breakfast basics with a kick of salsa.

◆ **#3105 French Toast & Sausage**

Maple sweetness and savory sausage.
24/3 oz. case....\$22.49

Tornados'
unique twist on flavor and texture make it an instant sensation. Dipped in flavorful batters and fried to golden perfection. Every bite of a Tornado is packed with flavor.



Don't miss our new Tamales on page 4!



Chimichangas

Meat and cheese in a lightly par-fried flour tortilla.
12 / 5 oz.
\$18.99

◆ **#1873 Shredded Steak & Cheese**

◆ **#1874 Shredded Chicken**



Shredded Beef Taquitos

Crisp corn tortillas filled with shredded beef; pre-fried. Bake, microwave, or fry.
1.1 oz./48 ct. box
#8269....\$17.99



Chorizo & Queso Blanco Mini Tacos

A spicy blend of Mexican pork chorizo, a rich three-cheese blend and onions stuffed inside a mini yellow corn taco.
4 lb. box
#6904....\$25.99



Fiesta Guacamole

Flavorful guacamole with medium kick from red and jalapeno peppers. Comes frozen. **GF**

6/12 oz. tubs
#9247....\$29.99

SMALLER PACK

Fiesta Guacamole
#1060 12 oz. tub...\$5.99



Burrito Variety Pack

15 Beef & Bean,
15 Bean & Cheese.
5 oz. / 30 ct.
#7368....\$23.49
78¢ each



Raspberry Cheesecake Bites

Sweet and creamy cheesecake paired with raspberry topping in an oven-baked and battered flour tortilla. 24 Bites per box. 24 Bites per box.
4 / 6 ct. bags / 2 oz. bites
#8850....\$19.99



Spanish Rice Seasoning
Zippy blend for restaurant-quality rice every time.
1 lb. bag
#2105....\$5.99



Baja Chili Lime Seasoning
The kick of chili peppers with the zing of lime; excellent on shrimp, chicken, beef, and fish.
1 lb. container
#7664....\$10.99



Fabulous Fajita Seasoning

Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of chicken, beef, or pork.
1 lb. bag
#1017....Reg. \$8.49
Sale \$6.99

SAVE \$150



Italian Style Meatballs

Savory ½ oz. beef blend meatballs, fully-cooked. Oven-baked, not fried. No MSG added.
52 oz. bag
#9142....\$13.49



Homestyle Meatballs

Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese. Approx. 52 ½ oz. meatballs per bag.
26 oz. bag
#8963....\$7.99



Stuffed Rigatoni with Cheese

Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen.
2.5 lb. bag
#1431....\$9.49

SIMPLE ITALIAN meals



Six-Cheese Jumbo Ravioli

Precooked; filled with Ricotta, imported Romano, Parmesan, Monterey Jack, mozzarella, and cheddar cheeses. Approx. 40 ravioli.
2.65 lb. bag
#3493....\$14.49



Pasta Prima

Spinach & Mozzarella Ravioli

Cooks in 8 minutes. 36 svgs. Per bag. Includes 2 Parmesan & Herb packets
3.5 lb. bag
#1911....\$16.99



Tri Color Tortellini

Small pasta rings stuffed with a rich Ricotta cheese blend.
5 lb. bag
#1815....\$19.99



Alfredo Sauce

Parmesan cheese with roasted garlic and garden herbs.
GF 32-1/4 c. servings per bag.
Frozen.
4 lb. bag
#9160....\$15.99



Pair with our Black Tiger Shrimp on page 17!



CELENTANO

Large Round Beef Ravioli

No MSG. Serves 5.
22 oz. bag
#8964....\$6.99



Cauliflower Pizza Crusts

Cauliflower is the first ingredient! Less than half the sugar of leading gluten-free pizzas, and packed with protein, fiber, and nutrients.

◆ #1546 2 / 10" crusts (12 oz. pack)
\$8.99 | \$4.50 per crust GF

◆ #1547 12/10" crusts (72 oz. pack)
\$35.99 | Just \$3.00 per crust! GF



REAL Kraft® Fresh Grated Parmesan Cheese

Save with our bulk bag compared to the green can.
GF 1 lb. bag
#1683....\$8.49



Margherita® Sliced Pepperoni

GF 3 lb. (14-18 slices per oz.)
#1596....\$17.99

Compare our price at 37¢ per oz. to Hormel Pepperoni at 70¢ per oz. Save 47%!

Great pizza starts with Rizzuto!



Gluten-Free Pizza Crusts, 10"

Each crust is packaged with a foil pan for easy cooking and no cross contamination in your oven. GF
12 crusts
#1092....\$24.49 | \$2.04 per crust



Pizza Dough Balls

Thaw and roll for crusts, calzones, and breadsticks. Frozen. Individually wrapped.
6 ct. / 16 oz. balls
#1079....\$15.99



Aluminum Pizza Screen, 12"

Ensure a crispy, pizzeria-style crust with this sturdy pizza screen. Pizzas will bake more evenly by allowing air to circulate beneath the crust, which also keeps the crust from getting soggy while it's served.
#1593....\$5.99



BOLD ASIAN flavors

Mix two parts Cornaby's Savory Sauce (pg. 13) with one part soy sauce to make a perfect oriental dipping sauce or to add extra zing to stir fry.



Southwest Chicken Egg Rolls

Filled with tender chicken, spinach, black beans, corn, red bell pepper, and pepper jack cheese.

18 / 3 oz. box
#1131....\$18.99



Vegetable Egg Rolls

Cabbage, bok choy, water chestnuts, carrots and celery

12/3 oz. box
#4078....\$11.49

Pork & Vegetable Egg Rolls

12/3 oz. box

#4082....\$11.99



Crab Rangoon

Fully cooked Rangoon, stuffed with a delicious blend of cream cheese and crabmeat.

Deep fry or bake.
30 / 1 oz.
#6694... \$16.99



All Natural Chicken and Vegetable Potstickers

Savory chicken and vegetable filling in tender dumplings. Ready in 10 minutes. Frozen.

4.2 lb. bag
#4767....\$17.99



Hawaiian Style Teriyaki Chicken & Rice Bowls

0 Trans Fat. Microwave or oven bake. 1W

6 / 12.5 oz. bowls
#1135... \$17.99



Orange Chicken

Lightly battered boneless chicken bites
Orange sauce packet included. Fully cooked; frozen. Oven bake or microwave

6 svgs. 24 oz. bag
#9213....\$9.49 | \$1.58 per svg.



Kikkoman Panko Bread Crumbs

Unseasoned.

2.5 lb. bag
#1193....\$5.99



BBQ Teriyaki Chicken

Marinated and barbecued chicken with an authentic teriyaki sauce. No MSG. Frozen.

21 oz. bag
#1377....\$7.99



Mandarin Orange Chicken

Crispy, juicy chicken battered and glazed with Mandarin orange sauce. No MSG. Frozen.

22 oz. bag
#1376...\$7.99



Chicken Fried Rice

Heat on the stovetop or in the oven.

3 lb. bag
#1112... \$14.49

Vegetable Fried Rice

Simply heat and serve.

3 lb. bag
#6695....\$13.49

Find our Sweet & Sour Sauce and Zesty Orange Sauce on page 46!



Japanese Yakisoba Noodles

Fully cooked, frozen; heat and serve.

5 lb. bag
#9176....\$9.49



Asian Marinated Saute Ready Chicken Breast Pieces and Strips

100% All Natural Chicken; No Hormones or Steroids.

7 servings.
28 oz. bag
#1403....\$9.99



Deluxe Stir Fry Vegetable Blend

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.

GF 2 lb. bag
#5309.....\$5.49



★★★★★

"My family loves a meal of grilled cheese sandwiches and tomato soup. We recently tried the Soup Supreme Creamy Tomato Basil (#1973) and it was delicious! I cannot rave enough about this soup!"



Creamy Tomato Basil Soup

Tomato, cream, parmesan cheese and garlic sprinkled with tomatoes and basil. No MSG.
4 lb. (64 oz.) bag
#1973....\$16.99

Soup Supreme

PREPARED, NOT PRE-COOKED!

Soup Supreme ingredients are cooked for the first time in your kitchen. All you have to do is add water.

Fresh, quick-frozen ingredients

From farm to bag in 4 hours

Ready to cook fresh at home!

Please bear with us as Soup Supreme makes some great changes. All Soup Supreme soups will soon be offered in 4 lb. (64 oz.) bags for more consistent sizing. For most flavors, the new bags will be slightly larger. You'll still add 2 qts. of water to reconstitute them, but they'll now have no artificial colors or flavors. As our supplier changes these pack sizes, there is a chance you may receive soups in the previous pack sizes as the inventory transitions. If you do, please contact our office and we will adjust the price accordingly.



Heartland Chicken Noodle Soup

Thick home-style noodles w/ chicken. Very hearty. No MSG.
4 lb. (64 oz.) bag
#1568....\$15.99

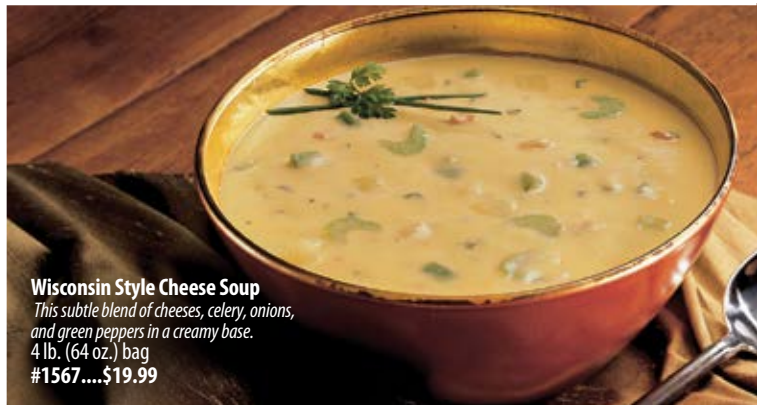
★★★★★

"My son's favorite soup in the world is the Soup Supreme Heartland Chicken Noodle Soup (#1568). We love the big chunky noodles, just like my Mom makes. And the flavor is perfect, better than anything I could make from scratch."



Chicken with White & Wild Rice Soup

An elegant rice soup from a traditional recipe. No MSG.
4 lb. (64 oz.) bag
#1566....\$18.99



Wisconsin Style Cheese Soup

This subtle blend of cheeses, celery, onions, and green peppers in a creamy base.
4 lb. (64 oz.) bag
#1567....\$19.99



New England Extreme Clam Chowder Soup

Authentic New England Clam Chowder made with an extreme amount of clam meat.
8 svgs. heat and serve.
GF 4 lb. bag
#9167....\$15.99



Maine Lobster Bisque Soup

A perfect blend of minced sweet lobster meat simmered in rich cream and sherry.
8 svgs. heat and serve.
4 lb. bag
#9166....\$14.99



Broccoli & Cheese Soup

Chopped broccoli, shredded carrots and select seasonings simmered in a velvety smooth cheese sauce.
Boil in bag.
4 lb. bag
#9245....\$13.99

SAVE
\$150



Captain's Corn Chowder Soup

Sweet corn and hearty potato with onion, carrot and bacon in a creamy base. No MSG.

GF 4 lb. (64 oz.) bag
#1564....Reg. \$15.49
Sale \$13.99



SAVE
\$200

Baked Potato Chowder with Bacon Soup

Potatoes, savory bacon, chopped celery and bits of onion in a creamy base with cheese and sour cream. No MSG.

4 lb. (64 oz.) bag
#1974.... Reg. \$20.99
Sale \$18.99

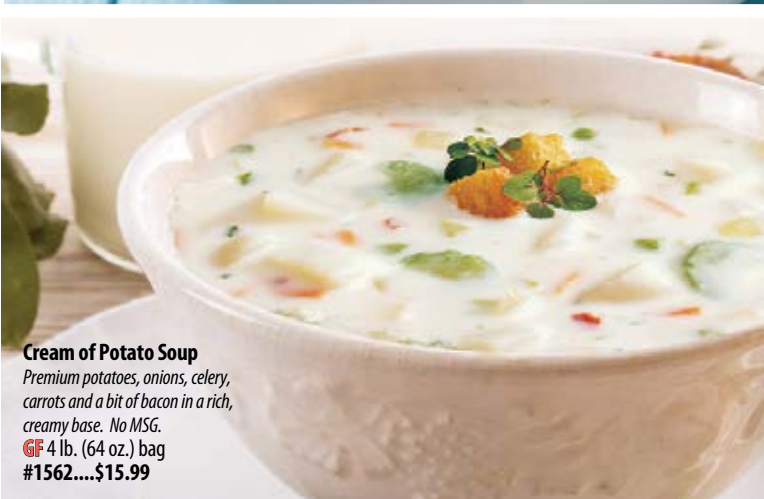


Cheddar Broccoli Cheese Soup

Broccoli florets in a buttery cream base with carrots, onions, seasonings and rich cheddar cheese. No MSG.

GF 4 lb. (64 oz.) bag
#1561....\$17.99

★★★★★
"My family loves the Captain's Corn Chowder (#1564). It tastes just like the Corn Chowder you would find in one of our favorite restaurants. We put it in the Crockpot on Sunday mornings for an easy dinner that night after church."



Cream of Potato Soup

Premium potatoes, onions, celery, carrots and a bit of bacon in a rich, creamy base. No MSG.

GF 4 lb. (64 oz.) bag
#1562....\$15.99



Frozen Homestyle Egg Noodles

America's favorite brand! Thick and hearty.

3 lb. bag
#1407....\$11.49

★★★★★
"I love the Reames Noodles! They're the best part of my homemade chicken noodle soup. Everyone thinks I made them from scratch. They're so good they surprised my son who's a chef!"
Stacey Izatt, Nephi, UT

Soup + Bread = Bliss!



Sourdough Bread Bowls

Frozen. Thaw, warm, and serve.

24 ct. / 8 oz. bowls
#1508...\$17.99 | 75¢ each



French Sourdough Baguettes

Similar to our Tuscan Mini Dinner loaves but about twice as long and crafted from a deliciously sour dough.

8/12" Par-Baked Loaves
#8977....\$10.49



Bridgford

Parkerhouse Frozen Roll Dough

Easy dinner rolls, and a Monkey Bread staple!

{ 240/1 oz.
#5965....\$27.99 }

SMALLER PACK
Parkerhouse Frozen Roll Dough
#1136 60 ct. bag....\$7.99





Normandy Blend

Blend of broccoli, cauliflower, sliced carrots, zucchini and yellow squash.

GF 4 lb. bag
#1266.....\$8.99



Corn Coblets

GF 2-12 ct. bags. / 24 ct.
#4655...\$8.99



Winter Mix

A blend of 60% broccoli cuts and 40% cauliflower florets.

GF 2 lb. bag
#6388.....\$4.99

Colorful V E G E T A B L E S

Frozen vegetables lock in flavor and nutrition better than fresh vegetables, and bring color to your meals!



Peas & Pearl Onions

GF 2.5 lb. bag
#6385.....\$5.49



Gourmet Whole Green Beans

GF 4 lb. bag
#3781.....\$7.99

Whole Green Beans, Bulk
GF 15 lb. case
#5352....\$26.99



Cauliflower Florets

GF 2 lb. bag
#6383....\$5.49



Green & Red Pepper Strips

3/8" random length pepper strips.
90% green strips and 10% red.

GF 2 lb. bag
#6386.....\$4.99



5-Way Mixed Vegetables

Blend of carrots, corn, peas, green beans and lima beans.

GF 2.5 lb. bag
#1493.....\$4.99



Broccoli Florets

GF 2 lb. bag
#8197.....\$4.99



Deluxe Stir Fry Vegetable Blend

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.

GF 2 lb. bag
#5309.....\$5.49



Yellow Squash, Sliced

GF 2 lb. bag
#7860.....\$4.99



Whole Kernel Corn with Sauce

GF 2 lb. bag
#4664.....\$4.99



Flame Roasted Sweet Corn, Peppers & Onions

GF 2.5 lb. bag
#2742.....\$7.99



Pacific Blend

Blend of Sugar Snap™ peas, bias-cut yellow carrots, bias-cut carrots, and broccoli florets.

GF 4 lb. bag
#8640....\$8.99



Super Sweet Whole Kernel Corn

Picked at the peak of freshness then flash frozen to lock in sweet flavor, color, and texture.

GF 2.5 lb. bag
#1090....\$4.99

Super Sweet Cut Corn, Bulk IQF
GF 20 lb. case #5349....\$29.99



Chopped Onions

GF 2 lb. bag
#5772.....\$3.99



Omelet Blend

Blend of diced red and green peppers & onions.

GF 2 lb. bag
#3216....\$4.99



Simplot
roastworks

Roasted Vegetable & Pasta Blend

Delicious pasta and vegetable blend roasted with an herb and garlic seasoning.

2.5 lb. bag
#1297....\$7.99



Brussels Sprouts
GF 2 lb. bag
#6381.....\$4.99



SAVE \$1.00

Asparagus Spears
Medium IQF Grade A, 5" spears.
GF 2.5 lb. bag
#3127....Reg. \$15.99
Sale \$14.99



Simple Goodness
Parisian Carrots

Imported from Belgium, Parisian carrots are small and round with incredibly sweet flavor.
GF 2.5 lb. bag
#1349....\$6.99



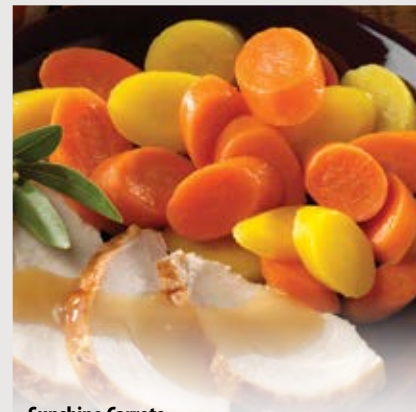
Malibu Blend
Cut broccoli, cauliflower, and carrots.
Certified sustainable.
GF 4 lb. bag
#1346....\$9.99



Capri Vegetables
Blend of julienne-cut carrot strips, bias-cut green beans, sliced yellow squash and zucchini.
GF 4 lb. bag
#8737.....\$7.49



Garden Blend
Blend of broccoli, cauliflower, green beans, carrots, zucchini, yellow squash, and red peppers.
GF 4 lb. bag
#3221....\$7.99



Sunshine Carrots
Blend of sweet, bias-cut orange and yellow carrots.
GF 4 lb. bag
#5520.....\$6.99



Chalet Garlic Butter Vegetables
Broccoli and cauliflower florets, with julienne orange and yellow carrots in a sauce of butter, roasted garlic, salt and pepper.
GF 2 lb. bag
#7791.....\$7.49



Baja Vegetable Roast
Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.
GF 2 lb. bag
#5353.....\$7.49



Green Peas, Bulk
GF 20 lb. case
#5351....\$32.99

Petite Peas
GF 2.5 lb. bag
#6208....\$5.99



Fajita Blend
Onion strips, with red, green and yellow bell pepper strips.
GF 4 lb. bag
#2069.....\$7.99



Riced Cauliflower
Unseasoned. Value sized bag.
GF 5 lb. bag
#2743....\$14.49

Riced Vegetables

Eating healthy and low-carb has never been more delicious! These new riced veggies are perfect to heat & serve as a side dish, or to stir into recipes. Find recipes ideas with each product on our website. GF

◆ **Riced Butternut Squash**
48 oz. bag
#1518....\$14.99

◆ **Riced Cauliflower and Sweet Potato**
48 oz. bag
#1519....\$14.99

◆ **Riced Cauliflower Medley**
Riced medley of cauliflower, peas, yellow onion, carrots, and green onion.
48 oz. bag
#1520....\$13.99



QUINCY GOLD

Quincy Gold Taters Frozen Potatoes (Case)
GF 6/5 lb. case (30 lb.)
#3476....Reg. \$39.99
Sale \$36.99



Tater Tots
Bake or fry. CN label.
GF 8 lb. bag
#2425....\$11.99



SAVE
\$300

★★★★★

"These tater tots are delicious and the price is fantastic! One of our favorite things to do with them is to make funeral potatoes. It's an easy way to change up a family favorite and people are always floored that they were made with tater-tots."

Tasty TATER SIDES

Lamb Weston

Roasted Garlic Mashed Redskin Potatoes

Creamy "skin-in" redskin homestyle mashed potatoes blended with real roasted garlic. Frozen. GF

3/4 lb. bags (12 lb.)
#7944....\$27.99



QUINCY GOLD

Loose Shredded Hash Browns
GF 6/3 lb. bags, 18 lb. case
#2418....\$26.99 | \$4.50 per bag

SMALLER PACK
Loose Shredded Hash Browns
An AP bestseller for over a decade.
#2421 GF 3 lb. bag\$5.99



Shredded Hash Browns

Serve as a side dish or layer with eggs, sausage, and cheese for a breakfast skillet. 16 svgs. CN labeled.
GF 3 lb. bag
#2420....\$6.49



3/8" Regular Cut French Fries

Traditional, regular-cut French fries. Fry or bake.
CN labeled.
GF 6/5 lb. bags
#2412....\$27.99

SMALLER PACK
3/8" Regular Cut French Fries
#1213 GF 5 lb. bag....\$5.99



Redstone Canyon Spiral Cut Fries

Light seasoned batter coating. Bake, or fry.
CN labeled.
4 lb. bag
#2419....\$8.99



Cross-Trax® Waffle Fries

Skin-on, ready to cook criss-cut potatoes. Frozen. Bake or fry.
2.5 lb. bag
2416....\$10.49



Smiles® Shaped Potatoes

Fun, smiley-faced battered mashed potatoes.
Bake or fry. CN label.
4 lb. bag
#2417....\$10.99



Golden Crinkles French Fries

Grade A, crinkle-cut potatoes. 0 Trans Fat. Value size bag.
GF 8 lb. bag
#1120....\$11.49



Piccadilly Old English Style Fries

Authentic batter-dipped English-style fries.
Bake or deep fry.
5 lb. bag
#6761....\$10.99



Cracked Black Pepper Fries with Sea Salt & Garlic Seasoned French Fries

Skin-on, bake and fry.
5 lb. bag
#1299....\$10.99

Customer Favorite!



**Gold Sweet Potato
Straight-Cut
Coated Fries**

*Coated Sweet Potato Fries,
Grade A. Bake or fry.*
6/2.5 lb. bags,
15 lb. case
#4979....Reg. \$34.99
Sale \$32.99

SMALLER PACK
**Gold Sweet Potato
Straight-Cut
Coated Fries**
2.5 lb. bag
#1211....\$7.49



**SAVE
\$200**



Diced Redskin Potatoes
1/2" cubes.
GF 5 lb. bag
#8569....\$7.99



Roasted Redskins with Rosemary Seasoning
*Red potatoes lightly seasoned a blend of rosemary,
garlic, and onion flavors.*
GF 2.5 lb. bag
#2068....\$5.99



Three Cheese Twice Baked Potatoes
*Creamy whipped potatoes in the half shell make an
effortless side to any meal. Fully cooked.*
12 / 5 oz. pack
#1157....\$11.99 | \$1.00 each



◆ **Potato & Cheddar Pierogies**

*Tender pasta dumplings filled with a creamy blend of mashed
potatoes and Cheddar cheese. Boil, pan fry, oven bake, deep
fry or steam.*
6 lb. bag #5621....\$16.49

*Compare to Schwan's Pierogies at \$4.00 per lb., and
save with our AP price of just \$2.75 per lb.!*

◆ **Loaded Baked Potato Pierogies**

*Sharp cheddar cheese, sour cream and chives, whipped
potatoes seasoned with bacon Frozen.*
6 lb. bag #4991....\$19.99



**Sweet Potato Casserole
with Praline Topping**

Mashed sweet potatoes, brown sugar and spices. Heat and serve.
5 lb. tray
#3855....\$13.99



Roasted Mini Baby Bakers
*Mini 1-2" baby baker potatoes,
Frozen. Bake, microwave or fry.*
GF 2.5 lb. bag
#2423....\$8.49



Country Style Cuts
*Cut straight from the heart of the
sweet potato.*
GF 5 lb. bag
#5968....\$9.49



Golden Hash Brown Patties
Approx. 120 patties
GF 6/2.8 lb. bags
#2429....\$29.99



SMALLER PACK
**Golden Hash Brown
Patties**
*Bake or fry. 2.25 oz. patties.
Approx. 20 patties.*
GF 2.8 lb. bag
#2427....\$6.49



Sweet & Satisfying FRUIT



SAVE
\$200



Strawberry Bits & Pieces, IQF
GF 10 lb. case (2/5 lb. bags)
#2633....Reg. \$19.99
Sale \$17.99

★★★★★
"The Strawberry Bits and Pieces (#2633) make the BEST freezer jam! I am asked what the secret is and all I can say is Alison's Pantry strawberries!"

Find Jam in a Jiffy on page 37 for the easiest freezer jams ever!



Cherry Berry & Kale
Strawberries, blueberries, and cherries with kale.
GF 3 lb. bag
#1216...\$11.49



Whole Strawberries
Juicy strawberries for smoothies, pies, and jams.
♦ #1214
GF 3 lb. bag...\$8.99



♦ #1222
GF 10 lb. case...\$25.99
Compare our price of \$2.60/lb. to Schwan's cost of \$4.33/lb. and save 40% with AP!



Wild Blueberry Strawberry and Banana Slices
Three of your favorite fruits frozen fresh, and loaded with antioxidants and healthy fiber. Great for smoothies, or topping oatmeal!
3 lb. bag
#1224....\$10.49



Cherry Berry Plum with Cacao Nibs
Frozen cherries, wild blueberries, plums and cacao nibs.
GF 3 lb. bag
#1053....\$11.99



Mango Berry & Wild Blueberry Blend
Mangoes, strawberries, and wild blueberries.
GF 3 lb. bag
#9221....\$10.99



Dark Sweet and Red Tart Cherries
GF 2 lb. bag
#1217....\$9.49



Mango Chunks
Sweet chunks, perfect for colorful fruit salsas.
GF 3 lb. bag
#2655...\$8.99



Red Raspberries, Whole
GF 5 lb. bag
#1219....\$17.99



Blackberries, Whole
Picked fresh at sweet-tart perfection!
GF 5 lb. bag
#1221....\$14.99



Mixed Berries, Whole
Strawberries, red raspberries, blackberries, and blueberries.
GF 5 lb. bag
#1223....\$15.99



Melon Berry Pineapple & Cucumber
Frozen pineapple chunks, honeydew, wild blueberries and cucumber slices.
GF 3 lb. bag
#1052....\$11.99



Tropical Berry & Coconut Blend
Vibrant, juicy mango and pineapple chunks, strawberries, and coconut chunks. Delicious in smoothies!
GF 3 lb. bag
#2658....\$10.49



Triple Berry Blend
Sweet, colorful blend of blueberries, raspberries, and blackberries.
GF 3 lb. bag
#1215....\$11.99





Wild Blueberries
 Leading antioxidant superfruit!
 Smaller berries.
GF 5 lb. bag
 #1218....**Reg. \$14.99**
Sale \$13.99

Just one cup of frozen Wild Blueberries delivers all this:

Excellent Source of Fiber. With 6.2 grams of dietary fiber, one cup of Wild Blueberries provides 25% of your recommended Daily Value (DV). Foods high in fiber may help reduce the risk of cardiovascular disease, obesity and type 2 diabetes.

Excellent Source of Manganese. One cup of Wild Blueberries provides 200% DV of manganese, a trace mineral that plays an important role in bone development and other body functions.

Antioxidant Power. Wild Blueberries have more total antioxidant capacity (ORAC) than most fruits and vegetables. Antioxidants help neutralize free radicals that can cause cell damage leading to cancer, heart disease and other age-related conditions.



Sliced Bananas
GF 5 lb. bag
 #2835....**\$10.99**



Blueberries
GF 5 lb. bag
 #2030....**\$19.99**



Wildly Nutritious Mixed Fruit Blend
 Blend of strawberries, pineapple, mango, and peaches. No sugar added.
GF 5 lb. bag
 #2032....**\$13.49**



Peach Slices
 Uniform, blemish-free, Grade A IQF peaches.
GF 5 lb. bag
 #7841....**\$14.99**



Sunrise Fruit Medley
 Peaches, Strawberries, Honeydew, Pineapple and Blueberries.
GF 5 lb. bag
 #4985....**\$14.99**



Pineapple Chunks
GF 5 lb. bag
 #8277.....**\$13.99**



Raspberry Crumbles
 100% raspberry pieces minimize crushing for deliciously fruity jams and baked goods.
GF 2.5 lb. bag
 #2830....**\$6.99**



Raspberry Crumbles
GF 10 lb. case (4/2.5 lb. bags)
 #2831....**\$23.99**

Give your smoothie a boost!



Unsweetened Vanilla Almond Milk
 No cholesterol or saturated fat, and is free of dairy, soy, lactose, gluten, casein, egg and MSG. Non-GMO.
GF 6/1 qt. shelf-stable boxes
 #1457...**\$18.99**
\$3.17 per qt.



Naturally Refined Avocado Oil
GF 1000 ml/33.8 oz. bottle
 #3516....**\$15.99**
47¢ per oz.



USDA Organic Agave with Fiber
 Natural, low-glycemic sweetener. Can be used in baking and canning, too.
GF 78 oz. bottle
 #3522...**\$19.99**



Refined Almond Oil
 Clean, neutral-flavored oil to use in high heat (up to 420 degrees F), frying, baking, and marinades. Non-GMO.
GF 16.9 oz. bottle
 #1538....**\$8.99**



Naturally Refined Organic Coconut Oil
 Use small amounts of coconut oil to thin chocolate for dipping.
GF 28 oz. Jar
 #8287....**\$7.99**



PBfit Peanut Butter Powder
 1/3 the calories and 75% less fat. Non GMO and all-natural. Just peanuts, sugar, salt.
GF 30 oz. jar
 #3521....**\$14.49**



Organic Chia Seeds
 High in protein, fiber, and more plant-based Omega-3 than any other food. GMO free.
GF 1.25 lb. Container
 #8941....**\$8.49**



100% Avocado Oil Mayo
 Cage-free eggs and rich avocado oil combine for a creamy flavorful spread. Naturally carb and trans fat free. Non-GMO, soy and canola free.
GF 28 fl. oz. jar
 #1537....**\$12.99**



LIVfit™ Superfood Blend
 Fruits, vegetables, vegan proteins, prebiotics, and fiber that have been shown to enhance muscle mass, increase energy, improve cognitive function, encourage digestive health, boost the immune system and fight off aging oxidation of cells in your body. · 35% of daily Vitamin E · 35% of Vitamin C · 35% Vitamin A · Contains green tea · 100% B6, B12, thiamin, riboflavin · 5 g of vegan protein
GF 12.7 oz. (360 gram) bag #3514....**\$15.99**

LIVfit Superfood Organic Antioxidant Fruit & Fiber Blend

Jam fiber, protein, antioxidants, vitamins, and superfoods like turmeric into your life. This mix of fruits, veggies, and plant-based proteins has a neutral, unsweetened taste that begs to be added to your favorite foods. Six grams of protein, 5 g. Fiber, plus three different super fruits, and 1,000 mg omega 3.
GF .8 lb. bag
 #1539....**\$14.99**





◆ Stuffed Cheese Bread Sticks

Fluffy mozzarella-cheese-filled breadsticks.
36/7" sticks.
#5620....\$23.99

◆ Stuffed Cheese Bread Sticks, IW

Convenient, individually-wrapped sticks pre-sprinkled with Parmesan and garlic. Bake or microwave in bag.
24/7" sticks.
#7771....\$19.99



CONVENIENT - & - QUICK



Stuffed Pizza Sticks

Bread sticks loaded with real mozzarella cheese, tangy tomato sauce and pieces of pepperoni.
32/4" sticks
#5795....\$14.99



Deep Dish Cheese Pizzas

Pizzeria quality! Premium pizza sauce and 100% Real Mozzarella cheese.
12 ct./7" pizzas
#5666....\$24.99



Rip N Dip Pepperoni Stuffed Pizza Ring

Freshly sliced pepperoni and naturally blended cheeses wrapped in fluffy pizza dough. Includes Marinara Sauce dipping cups.
12/8.5 oz.
#7277...\$31.99



Pepperoni Pizza

5" IW, 12/6 oz. case
#6250....\$26.99

Meat Trio Pizza

Sausage, pepperoni and ham.
5" IW, 12/5.44 oz. case
#6249....\$26.99



Hickory Ham and Cheddar

Real cheddar cheese and premium ham in a crispy buttery crust. IW.
4.5 oz. / 17 ct.
#1283....\$18.99 | \$1.12 each!



Pepperoni Pizza

Pepperoni pizza filling wrapped in a garlic buttery seasoned crust for a handheld lunch.
4.5 oz. / 17 ct.
#1282....\$18.99 | \$1.12 each!



White Castle Cheeseburgers

Made with 100% beef, these famous little sliders are steam grilled on a bed of savory onions for a flavor you'll crave!
8/2 ct. packs
#1595....\$14.99
Just \$1.87 per twin pack!



Chicken Pot Pies

We create each pot pie from scratch. Filled with juicy meat, tender vegetables, and our signature golden, flaky crust.
8 pies/10 oz.
#2393....\$15.99

Compare our cost of just \$2.00 each to \$2.89 each at the grocery store and save 31% with AP!



Macaroni & Cheese Frozen Pouches

Microwave, or heat pouch in boiling water, then slice open and serve.
36/7 oz. pouches
#7881....\$44.99 | \$1.25 each





Bakeable Breaded Mozzarella Sticks

Natural, aged mozzarella in a home style breading accented with Italian spices.
3 lb. bag
#1270....Reg. \$21.49
Sale \$19.99



SAVE \$1.50



Beer Battered Zucchini Slices
Fresh crinkle cut zucchini slices coated in our crispy butter-golden batter.
3 lb. bag
#1072....\$12.99



Beer Battered King Onion Rings
Jumbo slices of sweet onion covered in premium beer batter.
2.5 lb. bag
#1269....\$10.99



Cream Cheese Breaded Stuffed Jalapenos
Mild jalapeno peppers stuffed with cream cheese and breaded to perfection.
2 lb. bag
#1272....\$13.99

Battered Spicy Jalapeno & Cheddar Corn Nuggets
Fire-roasted corn, jalapenos and red peppers in a cheddar cheese blend coated in crispy cornmeal batter.
3 lb. bag
#2065....\$14.49



Battered Mac & Cheese Wedges
Creamy Cheddar cheese mixed with stick macaroni in a crispy Cheddar batter.
3 lb. bag
#1271....\$18.99



"Cheddar Pints" Battered Cheese Curds
Real Wisconsin white cheddar cheese curds battered in Brew City's one-of-a-kind crispy beer batter.
3 lb. bag
#1273....\$20.99

Breaded Pickle Chips
Sliced pickles coated in breading with a hint of spice.
2.5 lb. bag
#1275....\$13.99



Crispy Battered Green Beans
The best way to eat your veggies!
Bake or fry.
2 lb. bag
#1300....\$9.49



Corn Nuggets
These sweet corn kernels coated in crispy batter are the perfect bite-sized snack.
2 lb. bag
#1274....\$7.99



Butter Breaded Mushrooms
Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch.
2.5 lb. bag
#1276...\$11.49



Soft Baked Pretzels
Delicious plain, salted or topped with mustard.
20 ct. box
#1472....\$12.99



Pepperoni Pizza Rolls
Pepperoni pizza toppings rolled into a snackable crust. Frozen. Microwave or oven bake.
90 ct. / 44.5 oz. bag
#2430....\$10.99





Tuscan Mini Dinner Loaves
 Par-baked. Heat for 3-5 min. for a
 crisp crust. 24 / 4 oz.
 #8196.....\$13.99



Garlic Butter with Parmesan & Basil
 Spread a thin layer of this all-natural, flavorful butter on your bread
 before grilling a Grilled Cheese, and enjoy a gourmet sensation.
 GF 10 oz. Tub
 #8124....\$8.99

Specialty BREAD

Bridgford

**Sweet Yeast
Steak House Rolls**

Sweet, airy rolls just like
 the ones served at your
 favorite restaurant. Proof,
 bake and serve.
 150/2.4 oz. rolls
 #7968.....\$37.99
 25¢ each



Bridgford

Island Sweet Roll Dough
 Sweet and tender just like the
 popular Hawaiian rolls.
 #1469....\$28.99



Bridgford

Buttermilk Biscuits
 Fluffy, home style biscuits.
 Microwave to heat.
 { 72/2.25 oz. IW }
 #5646.....\$23.99



SMALLER PACK
 Buttermilk Biscuits
 #1321 18/2.25 oz. IW....\$7.49



Mega Sourdough Bread Loaf

Soft and chewy oversized sourdough bread loaf.
 Sandwich-sliced (5/8").
 1.5 lb. loaf
 #1551.....\$5.99



Tony's Italian Breadsticks

Tender buttery breadsticks seasoned with
 Italian herbs. Ready to eat.
 12 ct. bag
 #1552....\$5.99



Janey Lou's

Beehive Dinner Roll Dough

Generous dough portions come frozen. Thaw, proof
 and bake for rolls with homemade look and flavor.
 96/2.5 oz. pucks / 15 lb. Case
 #8925....\$34.99



Ciabatta Variety Pack

1 doz. 4" x 4" Olive Oil, 1/2 doz.
 Savory Herb, 1/2 doz. Whole
 Grain.
 24 ct./3.5 oz.
 #5898....\$17.99



Round Ciabatta Rolls

24 ct./4" bun
 #1051....\$12.49



NEW! 4" Hamburger Buns

Fluffy, sturdy white hamburger buns
 for stacking burgers high. Great deal
 the case!
 6/12 ct. bags
 #1663....\$14.99
 Just \$2.50 per bag / .21 per bun!



NEW! Big Dog Hot Dog Buns

Soft, fluffy white hot dog buns for family-
 favorite grilling. Big savings by the case!
 6/12 ct. bags
 #1664....\$16.99
 Just \$2.83 per bag / .24 per bun



Cheeseheads String Cheese

Stringy mozzarella cheese sticks. 80 calories; 6 grams of protein.

GF 1 oz. / 60 ct.

#4972...\$15.99

Just 27¢ each!

Compare our price of just 27¢/stick to 39¢/stick at local grocery stores!



Jack & Cheddar Cheese Sticks Variety Pack

24 Mild Cheddar and 24 Monterey Jack natural cheese sticks.

GF .83 oz. / 48 ct.

#1320...\$13.49 | Just 28¢ each!

Healthy CHEESE



Tillamook Tillamoos Cheese Snack Portions

Creamy cheddar portions made with just 4 ingredients, naturally aged for over 60 days. IW.

GF 50 ct. / .75 oz. portions

\$20.49

◆ #5035 Medium Cheddar

◆ #5036 Smoked Black Pepper in White Cheddar

Creamy White Cheddar peppered with real hickory-smoked cracked black peppercorns.



Wisconsin Pepper Jack Cheese Sticks

Individually wrapped sticks of Monterey Jack cheese with jalapeño peppers.

GF 1 oz. sticks 24 ct. Box

#3671....\$10.49

Just 44¢ each!



Colby Jack Cheese Slices

Creamy real California cheese.

GF 30 slices/1.5 lb.

#1858....\$7.99

27¢ per slice



Mild Cheddar Cheese Slices

Creamy real California cheese.

GF 30 slices/.1.5 lb.

#1859....\$7.49

25¢ per slice



American Cheese Slices

Creamy American cheese slices for burgers and grilled cheese.

GF 120 Slices / 5 lb.

#1867....\$16.99

Cottage Wheat Bread
case of 6/24 oz. loaves
#1345....\$12.49 | \$2.08 per loaf

Cottage White Bread
case of 6 /24 oz. loaves
#1336....\$11.49 | \$1.92 per loaf



Fancy Jam

Made in small batches with premium ingredients.

GF 15 oz. jar \$5.49

◆ #8930 Harvest Peach Cobbler

◆ #3003 Red Raspberry

◆ #3005 Strawberry Rhubarb

◆ #3000 Bodacious Berry



Jif Family Size Creamy Peanut Butter

GF 4 lb. can

#2913....\$13.49



Nutella Spread

Velvety hazelnut spread.

GF 26.5 oz. jar

#7338....\$8.99



Bread Loaves

Soft, fluffy loaves, perfect for sandwiches or toast.
6 Month frozen;
7-10 day thawed shelf-life.



Uncrustables

Soft, crustless 51% wheat bread sandwiches filled with creamy peanut butter and sweet Smucker's jelly. IW 18/2.6 oz.

#3119 Peanut Butter & Grape Jelly
\$14.99 | 83¢ each

#3120 Peanut Butter and Strawberry Jam
\$14.99 | 83¢ each

{ **Grape Uncrustables**
72/2.8 oz. IW
#7579.....\$49.99 }

{ **Strawberry Uncrustables**
72-2.6 oz IW
#4290....\$52.99 }



Uncrustables Peanut Butter & Honey

Sweet and smooth honey spread meets rich and nutty Smucker's® Peanut Butter in a crustless whole wheat sandwich.

2 oz. / 4 ct.

#1437....\$4.99



Graham Tart Shells, 3"
 Ready to eat mini graham crusts.
 Shipped frozen.
 18 ct.
 #1422....\$7.99 | Just 44¢ each



Belgian Custard Mini Eclairs
 Chocolate Topped Belgian mini eclairs
 filled with a rich Bavarian custard
 cream. Frozen; thaw & serve.
 24.6 oz. tub / 50 ct.
 #1351....\$13.49
 Just 27¢ per eclair



Belgian Mini Cream Puffs
 Frozen; thaw & serve.
 3 lb. 5oz. tub / 120 ct.
 #1350....\$14.99



Cinnamon Rolls
 Frozen proof-and-bake
 cinnamon roll dough
 with homemade flavor. Frozen.
 60 / 4 oz. rolls
 #9134....\$35.99



Cream Cheese Icing
 Comes frozen.
 GF 3 lb. tub
 #8388....\$13.99



Cinnamon Raisin Bread
 1 lb. loaf
 #1375....\$4.99



Vanilla Scone Dough
 Sweet, pre-cut scone dough.
 Just thaw, let rise, press and
 fry. 90 days frozen shelf life.
 72/1.5 oz.
 #7544....\$20.49



**Strawberry
 Honey Butter**
 Made with real delectable red
 strawberries, sweet honey, and
 real butter.
 GF 12.4 oz. tub
 #8128....\$8.99



**Cinnamon Brown Sugar
 Honey Butter**
 All-natural, gourmet, real-butter
 treat with no added preservatives
 or flavors.
 GF 12.4 oz. tub
 #8129....\$8.99



**Strawberry/Cream Cheese
 'Strudel Bites' Pre-Sugared**
 Thaw and bake.
 252/.8 oz.
 #2106....\$36.99



Fruit Turnovers
 Flaky pastry wrapped around premium
 fruit fillings. Thaw & bake pre-proofed
 product. 60/4 oz.



- ◆ Cherry #1889....\$40.99
Just 68¢ each
- ◆ Apple #1199....\$32.99
Just 55¢ each
- ◆ Blueberry #1890....\$41.99
Just 70¢ each



Magnum Almond Ice Cream Bar
 Vanilla bean ice cream dipped in Belgian milk chocolate and chopped almonds.
 GF 12 ct., 3.3 oz
 #1586...\$24.99 | Just \$2.08 each!



Klondike Choco Taco
 Vanilla ice cream with fudgy swirls wrapped in a crunchy sugar cone taco, then drenched in a thick, chocolaty coating and sprinkled with chopped peanuts.
 24 ct.
 #1589...\$34.99
 Just \$1.46 each!



Delicious DESSERTS



Good Humor Chocolate Chip Cookie Sandwich
 Creamy vanilla ice cream between two delicious chocolate chip cookies, made with real chocolate chips!
 24 ct.
 #1588...\$28.99 | Just \$1.21 each



Kemp's Vanilla Ice Cream Cup
 Classic rich and creamy vanilla ice cream in convenient, single-serve cups.
 GF 24 ct., 4 oz cups
 #1587...\$15.99 | Just .67 per cup.



Sqwincer Squeeze Assorted Electrolyte Freezer Pops
 With lower sodium and more potassium than other hydration options, these freezer pops are the perfect treat for hot summer days. 10 pops in 5 awesome flavors--orange, mixed berry, cherry, grape and lemon-lime.
 3 oz. / 10 ct.
 #1071...\$4.49



Nestle Toll House Chocolate Chip Cookie Dough
 Ready-to-bake dough. Ships frozen.
 Yield: Approx. 81 cookies.
 5 lb. tub
 #3677...\$12.99



Peanut Butter Crispy Bars
 Thaw-n-Serve. Not Pre-Cut. 4-1/4 sheet pans.
 Yields 16-2 x 2 bars per sheet, or 64 bars.
 #6917...Reg. \$33.99
 Sale \$31.99



SAVE \$2.00



Simply Goodness Frozen Cookie Dough Pucks
 40/1 oz. case

- ◆ #6849 Oatmeal Raisin\$9.49
- ◆ #6850 M&M\$9.99
- ◆ #6852 White Chunk Macadamia\$10.49
- ◆ #6853 Double Chocolate Chip\$9.99
- ◆ #6851 Chocolate Chunk Pecan\$9.49
- ◆ #6854 Peanut Butter Cup ...\$10.49



SAVE \$200



Turmeric

One of the healthiest spices, turmeric adds color and aroma to dishes, and also imparts a host of medicinal benefits. Its warm, mildly peppery flavor is slightly similar to orange and ginger.

1 lb. bag
#1832...Reg. \$7.99
Sale \$5.99

Compare the grocery store price of \$2.95/oz. to our price at just \$.50/oz. and save 83% with AP!

Spices for every meal

MENU ESSENTIALS

Applewood Seasoning Rub	#5990	\$7.99	Onion, Chopped GF	#1026	\$7.99
Basil, Imported, Cut/sifted GF	#1443	\$7.49	Onion Salt, Classic Blend GF	#1024	\$4.99
Bay Leaves, ½ lb. GF	#1753	\$12.99	Onion Powder GF	#1027	\$7.49
Celery, Diced, ½ lb. GF	#3232	\$7.99	Oregano, Mediterranean GF	#1445	\$12.99
Celery Salt GF	#1427	\$4.99	Paprika, Mild GF	#1697	\$8.99
Chili Powder, Mild GF	#1014	\$8.49	Parsley Flakes, ½ lb. GF	#1426	\$7.99
Cumin, Ground GF	#1442	\$8.99	Pepper, Black, Table Grind GF	#1029	\$15.49
Garlic and Herb Seasoning GF	#5408	\$7.99	Pepper, Black, Coarse Grind GF	#1028	\$15.99
Garlic Granules GF	#1948	\$11.99	Peppercorns, Whole, Black GF	#1030	\$15.49
Garlic, Minced GF	#1020	\$11.99	Seasoning Salt GF	#1033	\$4.99
Garlic Pepper GF	#1018	\$13.99	Smoky Maple Herb Seasoning GF	#4576	\$6.99
Garlic Powder GF	#1021	\$11.99 Sale \$9.99	Thyme, Cut & sifted, ½ lb. GF	#1444	\$6.49
Garlic Salt, Classic GF	#1019	\$4.99	Turmeric, Ground GF	#1832	\$7.99 Sale \$5.99
Garlic Supreme GF	#2592	\$10.99 Sale \$8.99	Ultimate Onion Blend GF	#4575	\$6.99
Mustard Seed Powder GF	#1428	\$6.49			

SAVE \$200



Garlic Powder
1 lb. bag
#1021...Reg. \$11.99
Sale \$9.99

Compare the grocery store price of \$3.55/oz. to our price at just \$.75/oz. and save 79% with AP!

Sea Salt
Healthy alternative to more-refined table salt.
GF 16 oz. container...\$6.49
♦ #1146 Fine
♦ #1147 Coarse

Seasoning Salt
2 lb. container
#1849...\$8.49

Compare the grocery store price of .56/oz. to our price at just \$.27/oz. and save 52% with AP!

Superb Spaghetti Seasoning
1 lb. bag
#1036...\$6.49

Compare the McCormick Spaghetti Seasoning price at \$1.67/oz. to our price at just \$.41/oz. and save 75%

SPICES IN CONTAINERS

The following spices come packaged in **tall, clear plastic containers** that fit beautifully on your shelf! Saves the extra step of transferring your bagged spices into your own containers.

Cinnamon Vanilla French Toast Sugar GF 28 oz. container	#3894	\$10.99	Onion, Chopped GF 12 oz. container	#1847	\$9.49
Garlic Supreme GF 1 lb. container	#6112	\$12.99	Onion Soup & Dip GF 1½ lb. container	#1845	\$12.49 Sale \$9.99
Montreal Steak Seasoning GF 1½ lb. container	#4227	\$11.99	Rosie's Ranch Buttermilk Dressing GF 24 oz. container	#3893	\$11.99
Olé Taco Seasoning 1 lb. container	#1846	\$8.49	Seasoning Salt GF 2 lb. container	#1849	\$8.49



SAVE \$200

Garlic Supreme
1 lb. bag
#2592...Reg. \$10.99
Sale \$8.99

★★★★★
"This blend of garlic, onion, parsley and chives is one of my favorite seasonings. We use it on everything; chicken, hamburgers, steaks, roasts, and even breads."

Clear Round Spice Containers
♦ **Black Lid**
8 oz., 5" tall
#1233...\$1.49
♦ **Mini Red Lid**
3.5 oz., 4" tall.
#1234...\$1.49

16 oz. Clear Square Plastic Jar with Shaker Flip Lid
12/16 oz. jars
#4435...\$11.99

Single 16 oz. jar
#1526...\$1.49

32 oz. Clear Plastic Spice Jars with Shaker Flip Lid
12/32 oz. jars
#5129...\$14.49
\$1.21 each

Single 32 oz. jar
#1228...\$1.99

OUR FRESH BULK SPICES DELIVER TOP QUALITY AT THE BEST PRICE!

All spices sold in 1 lb. bags unless otherwise noted.

SPRINKLES FOR EVERY TABLE

Cinnamon Vanilla French Toast Sugar GF	#1536	\$5.49
French Fry Seasoning GF	#1441	\$5.99

MEAL MUSTS

Baja Chili Lime Seasoning	#7664	\$10.99
Carne Asada Seasoning GF	#7378	\$7.49
Chili Seasoning Mix	#1015	\$6.99
Emma's Enchilada Seasoning	#1016	\$5.99
Fabulous Fajita Seasoning GF	#1017	\$8.49 Sale \$6.99
Hearty Bean	#1670	\$7.99
Italian 'n Pizza Seasoning GF	#1432	\$9.49
Leah's Lemon Pepper GF	#1022	\$8.49 Sale \$6.99
Mom's Meatloaf Seasoning	#1582	\$9.99
Montreal Chicken Seasoning GF	#7746	\$7.99
Montreal Steak Seasoning GF	#1023	\$6.99
Mucho Mexican Seasoning	#2816	\$6.99
Mushroom Soup & Stroganoff GF	#1672	\$7.99
Olé Taco Seasoning	#1037	\$6.99
Pronto Potato Salad Seasoning	#1820	\$8.99

Savory Stew Seasoning	#1540	\$7.99
Sloppy Joe Seasoning Mix GF	#1035	\$5.99
Spanish Rice Seasoning	#2105	\$5.99
Superb Spaghetti Seas. Mix GF	#1036	\$6.49

BAKING SPICES

Cinnamon, Ground Saigon GF	#3626	\$11.99
Cinnamon, Ground Korintje GF	#1005	\$9.99
Ginger, Ground GF	#1420	\$8.99
Orange Zest Granules, ¼ lb. GF	#1669	\$7.49
Zesty Lemon Zest, ¼ lb. GF	#1433	\$6.99

DIPS & DRESSINGS

Dilly Dill Dip Mix GF	#1421	\$7.99
Guacamole Seasoning, ½ lb. GF	#2588	\$5.99
Italian Salad Dressing Seas. GF	#1698	\$7.49
Lip Smackin' Chipotle Ranch	#2589	\$5.99
Onion Soup & Dip GF	#1025	\$6.99
Popeye's Spinach Dip Mix GF	#1423	\$9.99
Rosie's Ranch Buttermilk Salad Dressing Mix GF	#1032	\$6.99
Salsa Seasoning GF	#1898	\$8.49 Sale \$7.99



SAVE \$150

Leah's Lemon Pepper
GF 1 lb. bag
#1022...Reg. \$8.49
Sale \$6.99

Compare the grocery store price of \$2.04/oz. to our price at just \$.53/oz. and save 74% with AP!



Olé Taco Seasoning
1 lb. bag
#1037...\$6.99

Compare the grocery store price of .89/oz. to our price at just \$.44/oz. and save 51% with AP!



SAVE \$150

Salsa Seasoning
A summer essential for garden tomatoes! Thoroughly blend 3 rounded Tbsp. seasoning, or to taste, with 14.5 oz can of diced low sodium tomatoes or 3 cups fresh diced or pureed tomatoes.
1 lb. bag
#1898...Reg. \$8.49
Sale \$7.99



Pure Powdered Vanilla
Contains no alcohol, so none of the beautiful flavor bakes out.
GF 3-4 oz. jars #8627...\$44.99 | \$15.00 each
GF 4 oz. jar #8626...\$16.99

Pure Powdered Vanilla 3-Pack
GF 3-4 oz. jars #8627...\$44.99 | \$15.00 each

CANNING SPICES

Alum Powder 1 lb. bag	#1439	\$6.99
Celery Seed, Whole 8 oz container	#1409	\$5.99
Dill Seed, Whole 1 lb. bag	#1530	\$6.99
Dill Weed, 2.5 oz. container	#1410	\$5.99
Pickling Spice Blend 10 oz container	#1411	\$7.49
Mustard Seed Whole Yellow 1 lb. Bag	#1412	\$5.99



Cornaby's E-Z Gel
Gluten-free, non-GMO cornstarch that can be directly added to any liquid, hot or cold, for instant thickness. Ultra Gel holds up to freezing, canning and refrigerating without weeping, thinning, or breaking down. Resistant to lumping and adds no color or flavor. Instructions on bag.
#8733...\$9.99



Cornaby's Jam in a Jiffy
A simple way to make homemade freezer jam! Just add dry mix to 2 lbs. of crushed fruit and stir. Let sit for 1 minute, stir again, and it's ready to freeze. Jam in a Jiffy is a low-sugar mix and works well with any variety of fresh or frozen soft fruit. Gluten free.
Yield: approx. 6 cups of jam. 18 oz. bag
#8732...\$4.99



SAVE \$250

Onion Soup & Dip Mix
A pantry staple! Add to ground meat for flavorful burgers, meatloaf, stews, pot roast, or make an easy French Onion Dip.
1.5 lb. container
#1845... Reg. \$12.49
Sale \$9.99

Compare the price on Lipton Onion Soup & Dip at .90/oz. to our price at just \$.52/oz. and save 42% with AP!



Delectable Blueberry Muffin Mix
 Customer-favorite mix for tender bakery-style blueberry muffins.
 45/2 oz. muffins
 4 lb. bag
 #2308....Reg. \$11.99
Sale \$9.99

SAVE \$2.00



Scrumptious Raspberry Muffin Mix
 Craft fluffy muffins with juicy raspberry-flavored bits.
 45/2 oz. muffins
 4 lb. bag
 #2309....Reg. \$11.99
Sale \$9.99

SAVE \$2.00

Customer Favorite!

Baking ESSENTIALS

◆ **Mini Baking Cups**
 500 ct.
 #2058.....6.99

◆ **Baking Cups**
 White standard paper baking cups.
 500 ct.
 #1646.....\$6.99



Richly Delicious Fudge Brownie Mix
 Premium fudgy flavor and incomparable texture make this mix one of our most popular.
 72/2 x 2" brownies /4 lb. bag
 #1824....\$10.99



Marvelous 'n Chewy Macaroon Mix
 60/1" cookies
 4 lb. bag
 #1965....\$18.99



Classic Crème Cake & Muffin Mix
 Professional mix for premium cakes.
 4 lb. bag
 #1823....\$7.99



Real Buttercream Frosting
 Rich, creamy, and natural frosting that tastes homemade.
 GF 12.8 oz. tub
 \$5.49
 ◆ #8127... Chocolate
 ◆ #8126...Vanilla

CRESTWARE



Cake Server
 White plastic handle with stainless steel blade.
 10 3/4" x 2"
 #3843....\$3.99



Cookie Scoop
 Stainless steel.
 #40 scoop size.
 #3838....\$7.49



Chocolate Crinkle Cookie Mix
 Just add water.
 Yield: 30 (2 1/2") cookies.
 23 oz. bag
 #5244 ...\$6.49



Snickerdoodle Cookie Mix
 Just add water and shortening.
 Yield: 30 (2 1/2") cookies.
 23 oz. bag
 #5243...\$6.49



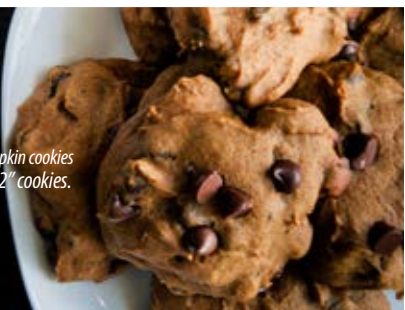
Ginger Molasses Cookie Mix
 Just add water and shortening.
 Yield: 30 (2 1/2") cookies.
 23 oz. bag
 #5299... \$6.49



Oatmeal Jumble Cookies
 Just add water and butter for cookies with old-fashioned flavor. Add nuts, raisins, or chocolate chips (not included) for your personal touch!
 Yield: 30 (2 1/2") cookies
 23 oz. bag
 #1594....\$6.49



Pumpkin Chocolate Chip Cookie Mix
 An old-fashioned favorite; soft and spicy pumpkin cookies with chocolate chips nestled throughout. 96/2" cookies.
 4 lb. bag
 #1966.... \$11.99



Heavenly Angel Food Cake Mix
 Just add water. Yields 5/18 oz. cakes.
 4 lb. bag
 #2815....\$18.99





Old Fashioned Buttermilk Pancake Mix

Tasty, old-fashioned, fluffy pancakes and waffles. Yield: 11 5/4" pancakes. Just add water.
4 lb. bag
#1822....\$6.99

BULK Pancake Mix

Yield: 718 pancakes.
25 lb. bag
#2128....\$32.99



Find Ghirardelli Mini Chocolate Chips on page 40.



Conestoga Sweet Cream Pancake Mix

Just add water.
5 lb. bag
#7435....\$11.49



Sweet Potato Pancake & Waffle Mix

This customer favorite packs a nutritious punch with Vitamin A, Beta Carotene, Vitamin C, and Iron. No artificial ingredients or preservatives.
4 lb. bag
#1967....\$12.99



PLENTIFUL PANTRY

Beer Bread Mix

Just add 12 oz. beer or other carbonated beverage. Recipe variation ideas included on the package. Makes one melt-in-your-mouth loaf.
16 oz. box
#1616....\$5.99



Professional Buttermilk Biscuit Mix

Commercial mix for tender, mildly sweet buttermilk biscuits. Yields 8 doz., 2" biscuits
5 lb. box
#2129...\$8.99



Barkman Honey

Busy Bee American Clover Honey

Grade A No added ingredients; 100% honey. GF

- ◆ 3 lb. jug #1148...\$11.99
- ◆ 5 lb. jug #1149....\$18.99



Professional Homestyle Cornbread Mix

Commercial mix bakes fluffy, slightly sweet cornbread with a finer grain.
5 lb. box
#2130....\$9.99



10-Calorie Spreadable Fruit

Our fresh fruit spreads taste too good to be so healthy! Over 85 percent fruit and a touch of Stevia. Made with Utah fruit picked at the peak of ripeness. Provides vitamins, minerals and a boost of antioxidants.
11.5 oz. jar...\$5.99

- ◆ #2997 Cherry Pie
- ◆ #2999 Raspberry Cheesecake
- ◆ #2996 Mountain Berry Cobbler



USA Pan equips home bakers with commercial quality products that deliver professional quality results. They're crafted from heavy gauge aluminized steel in Pittsburgh, PA. We love that they're made in the USA and the pan surfaces are coated with a proprietary AMERICOAT® silicone nonstick coating made without PTFE, PFOA and BPA. The coating promotes easy release for baked-goods and makes the pans easy to clean. Pans come with a lifetime manufacturer warranty.

Brownie Bite Pan

20 wells for 20 bite sized brownies with perfectly crisp edges.
#1460....\$23.99



Mini Loaf Pan

8 wells to easily bake delicious mini cakes or yeast breads.
#1461....\$22.99



Mini Fluted Cupcake Pan, 12 Cups

Give cupcakes and muffins a unique mini bundt look with this fluted pan.
#1464....\$24.99



Meatloaf Pan with Insert

Strong, durable aluminized steel pan to use for bread or, with the easy removable insert, for meatloaf. Insert drains grease away from the meat during cooking.
10 x 5 x 3
#1605....\$22.99



Rectangular Cake Pan with Lid

The best cake pan we've ever used! Handled lid is specifically designed to fit the pan like a glove.
Pan: 13 x 9 x 2 1/4 in. Lid: 13 13/16 x 9 11/16 x 2 1/4 in.
#1606....\$31.99



Mini Round Cake Pan, 6 Well

Bake perfectly round miniature cakes to stack or decorate individually.
4 1/4 x 3 3/4 x 1 1/2 in. each well
#1607....\$22.99



Simple BAKING



Turkey Brand Strong Baking Flour, Unbleached

All-natural, unbromated, non-GMO flour made from local wheat.

25 lb. bag
#2285...\$13.99



Saf Instant Yeast
GF 1 lb. Package
#2446...\$4.99



Gluten Free 1-to-1 Baking Flour

Use as a direct replacement for all-purpose baking flour.

GF 64 oz. bag
#1633...\$12.49



Bulk Baking Ingredients



Maple Flavoring

GF 16 oz. bottle
#5714...\$12.49



NEW! Pure Cane Granulated Sugar

10 lb. bag
#1632...\$11.49



Golden Brown Pure Cane Sugar

Don't settle for less than C & H! With its nutty, caramel flavor, moistness and subtle molasses flavor, it's the perfect ingredient for cookies, cakes, and toppings.

GF 7 lb. bag
#1150...\$8.99 | Just \$1.28 per lb.!



Powdered Pure Cane Sugar

Very fine, with exceptionally smooth texture for frostings, glazes, and candy-making.

GF 7 lb. bag
#1151...\$8.99 | Just \$1.28 per lb.!

- #1103 Karo Light Corn Syrup GF 32 fl. oz. bottle \$7.49
- #1625 Durkee Vanilla Clear Imitation Flavoring GF 32 fl. oz. bottle \$9.49
- #2847 Clabber Girl Baking Powder GF 5 lb. tub \$13.49
- #2848 Clabber Girl Baking Soda GF 5 lb. tub \$7.49
- #2849 Clabber Girl Cornstarch GF 3.5 lb. tub \$5.99
- #1194 Grandma's Unsulphured Molasses GF 1 gal. jug \$18.99



Original Mexican Vanilla

All-natural, smooth and rich vanilla makes baked goods shine.

◆ 8.4 oz. GF #6702...\$18.99
◆ 16.7 oz. GF #6919...\$27.99



What makes Ghirardelli chocolate better?

Each velvety smooth product is a carefully balanced blend of the finest ingredients, including real cocoa butter, unsweetened chocolate, and just the right touch of sugar.



Unsweetened Dutch Process Baking Cocoa

GF 2.5 lb. bag
#6282...\$12.99



Semi-Sweet Mini Chips

GF 2.5 lb. bag
#7121...\$12.49

Real Milk Chocolate Chips

GF 3 lb. bag
#1302...\$15.99



Mexican Vanilla Paste

All-natural. No additives or preservatives.

GF 8 oz. jar
#6945...\$19.99



Classic White Vanilla Chips

GF 3 lb. bag
#1306...\$15.99



Gerken's® Mini Cinnamon Drops

For baking use only; not to be eaten as candy.

GF 2 lb. bag
#2776...\$6.49

Uncle Denny's Caramel Topping

GF 15 oz. jar
#7894...\$6.49



Thompson Seedless Raisins

Tender, chewy raisins for your baked goods.

GF 10 lb. box (2/5 lb. bags)
#1137...\$36.99



CRESTWARE

B. Cover for Commercial Cookie Sheet
(fits #4020 only)
#3860.....\$6.99

C. Quarter Size Sheet Pan
Aluminum, 9" x 13"
#5957.....\$6.99

Cover for Quarter Size Sheet Pan
(fits #5957 only) 9" x 13"
#5958.....\$5.99
Hand wash only.

D. Cookie Scoop
Measure consistent scoops of dough for perfectly
portioned cookies every time.
#3838.....\$7.49

E. Cooling Rack
Stainless, fits commercial cookie sheet.
One is never enough!
12" x 17"
#1145.....\$5.99

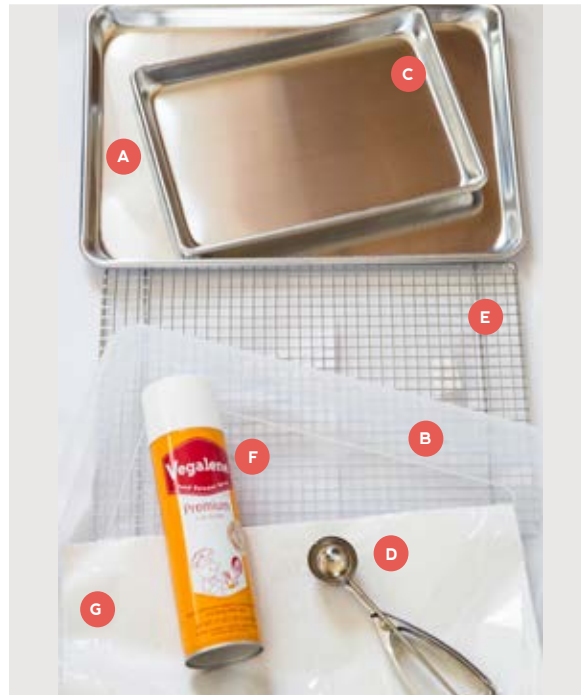


G. Commercial Parchment Paper
12" x 16" 100 sheets
#1153.....\$7.99

**Compare to the same size pack
on Amazon.com at \$14.89,
and save 46% with AP!**

KITCHEN Tools

A. Commercial Cookie Sheet (Bun Pan)
Aluminum, 18" x 13"
#4020.....\$9.99
Compare to over \$16 on Amazon!



PanSaver®

Slow Cooker Liners
Fits 3-6.5 qt. round or
oval slow cookers.
6-4 ct. Boxes; 24 liners
#1089....\$14.49
Just 60¢ each



Vegalene



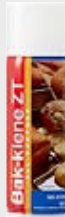
NEW LARGER SIZE!
Garlic Mist®
Spritz on rich, buttery flavor without the fat
and calories. Perfect for veggies and breads.
GF 17 oz. can
#1577.....\$8.49



NEW LARGER SIZE!
Buttery Delite®
Spritz on rich, buttery flavor without the fat
and calories. Perfect for veggies and breads.
GF 17 oz. can
#1576.....\$8.49



**Vegalene Grid Iron
Release Spray**
Achieves a smooth, fast release for
waffles (3-5 waffles per spray).
GF 14 oz. can
#1575.....\$7.49



Bak-Klene® ZT All-Purpose Spray
Its superior release power assures clean, easy
removal of a variety of baked goods from their
pans. Like greasing and flouring your baking pans,
but SO MUCH EASIER!
GF 14 oz. can
#5564.....\$7.49

F. Vegalene® Pan and Grill Spray
This all-natural, zero trans-fat product
prevents food from sticking to cooking
utensils and dishes.
GF 21 oz. can
#1212.....\$8.99



Silicone Baking Mat
Reusable, nonstick silicone mat fits in our Commercial
Cookie Sheet (#4020) and prevents sticking and burning
of your baked goods. 16.5" x 11.75". Withstands up to
600°. #8436..... \$12.99



Mini Poly Treat Bags
Poly .001 mil 4" x 2" x 12". 100 ct.
#7803.....\$3.99

Bakery Bread Bags
Poly .001 mil bags. 15" length. 100 ct.
#5494.....\$5.99

Bakery Bags for Dinner Rolls
Poly .001 mil 8" x 4" x 18". 100 ct.
#4238.....\$5.99



Deli Containers with Lids
Our Deli Containers make it easy to pack
leftovers, salads, cookies, and more.
50 ct.
• 16 oz. #6476.... \$6.99
• 32 oz. #6477..... \$9.99



CRESTWARE

Flexible Cutting Mats, 6 pk
6 ct. 15" x 12"
#3840.....\$11.49



Dawn

Food Film w/Cutter
Commercial grade plastic wrap
in an economical foodservice
pack. 12" X 2000' Each
#6127.....\$18.49



Ziploc Bags Variety Pack
Multi-purpose pack of resealable plastic bags;
125-Sandwich, 120-Snack, 52-Gallon Storage,
50-Quart Storage bags.
347 ct. box
#1978.....\$21.99



Ziploc Smart Zip Gallon Freezer Bags
Double zipper freezer bags.
10 9/16" x 10 3/4"
152 ct. box
#1979... \$22.99
Just 15¢ each!

Yummy SNACKS



Cookie & Cracker Variety Pack

Kid-pleasing pack includes: 12-Cheez-It Crackers, 12 Fudge Stripe Cookies, 9 Scooby Doo! Graham Crackers, 12-Chips Deluxe Mini Cookies
45 ct. box
#4019....\$16.99



Classic Chips Variety Pack

Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour Cream & Onion, 4-Lay's Barbecue
1 oz. / 54 ct. box
#4018.... \$20.49 | Just 38¢ each!



Jurassic World Honey Graham Snacks

Made with whole grain, honey, and no artificial flavors, colors or high-fructose corn syrup.
1 oz. bags / 35 ct.
#1608....\$13.99
Just .40 each!



Rice Krispies Treats Minis

The original crispy marshmallow treats in a cute mini size.
50 ct. box
#5378....\$12.99 | 26¢ each



Cookie and Snack Variety Pack

Perfect lunchbox portions of your favorite snacks!
9-Mini Chips Ahoy, 8-Nutter Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos.
1 oz. bags / 40 ct. box
#1257...\$17.99
Just 45¢ each!

Customer Favorite!

Berries 'N Cherries Fruit Snacks

Fruit puree is the first ingredient.
100% DV of Vitamin C.
GF 9 oz. / 40 ct. box
#1288....\$10.49 | Just 26¢ each!



Fruit Snacks Mixed Fruit

No preservatives.
GF 9 oz. / 72 ct. box
#1119....\$17.49 | Just 24¢ each!



Double Eagle Silver Dollar Jerky

2 1/2" round jerky. 15 oz. of meat.
80 ct....\$16.99
◆ #4694 Peppered
◆ #4695 Teriyaki
◆ #4693 Old Fashioned



Pretzel Snaps

These premium buttery pretzels are perfect for seasonal parties. Save with our bulk canister.
50 oz. tub
#2319.... \$9.99



Goldfish® Snack Crackers, Cheese

One of America's favorite snacks.
31 oz. box
#3097.....\$10.49



Fruit Cup Variety Pack

12 Diced Peaches; 12 Mixed Fruit; both in extra light syrup with pull-top cans. Just 50 calories each.
GF 24 cups
#2811....\$14.49



Jif to Go Cups

Everyone's favorite peanut butter in individually portioned cups. This size case is not available in stores.
GF 1.5 oz. cups/36 ct
#8390....\$12.99



Original Unsweetened Squeezable Applesauce Pouches

No high fructose corn syrup. Gluten free.
GF 24-3.17 oz. pouches / case
#9123 ...\$18.49 | Just 77¢ each!
Compare to Mott's Applesauce Pouches at 92¢ each!



Premium Original Granola

50 oz. bulk bag
#5768....\$11.99

**Milk Chocolate Almonds**

Crisp almonds coated in rich milk chocolate.
1 lb. bag
#2033....\$6.99

**Vanilla Yogurt Pretzels**

Our crisp pretzels covered in a creamy vanilla yogurt coating are perfect for snacking or adding to trail mixes.
1 lb. bag
#2040....\$4.99

**Butter Toffee Almonds**

Crisp almonds coated in a sweet and buttery shell.
1 lb. bag
#2041....\$6.49

PREMIUM NUTS & CANDY

**Milk Chocolate Malt Balls**

Crisp, crunchy malt balls wrapped in melt-in-your-mouth milk chocolate.
1 lb. bag
#2034....\$6.49

**Dark Chocolate Cranberries**

Chewy dried cranberries drenched in rich dark chocolate.
1 lb. bag
#2038....\$6.99

**Milk Chocolate Pretzels**

Crisp twisted pretzels drenched in creamy milk chocolate.
1 lb. bag
#2039....\$5.99

**Chocolate Fruit Basket**

Tender chewy dried cranberries, apples, blueberries, cherries, and apricots covered in luscious milk & white chocolate.
1 lb. bag
#2044....\$8.49

**Chocolate Mint Cookie Bites**

Dark chocolate crispy cookies dipped in dark & white mint chocolate.
1 lb. bag
#2037....\$6.99

**Cinnamon Toffee Almonds**

Crisp almonds wrapped in a buttery toffee glaze with just the right amount of cinnamon.
1 lb. bag
#2042....\$6.99

**Butter Toffee Cashews**

Crunchy cashews coated in a buttery toffee glaze.
1 lb. bag
#2043....\$8.49

**Alpine Mints**

Creamy mint round candy balls with a rich dark chocolate middle wrapped in a fine candy coating.
1 lb. bag
#2035....\$6.99

**Cinnamon Bears**

Childhood favorite chewy hot cinnamon bears.
16 oz. tub
#1172....\$6.49

**Chocolate Cinnamon Bears**

GF 2.65 lb. bag
#1290....\$12.99

**Gummi Red Raspberries**

14 oz. tub
#2701....\$6.99

**HARIBO****Gummi Bears Family Pack**

3 lb. bag
#5009....\$10.99

**Milk Chocolate Cashews**

Fresh, crunchy cashews enrobed in creamy milk chocolate.
1 lb. bag
#2036....\$8.49

**Deluxe Mixed Nuts**

Roasted and salted almonds, cashews, pecans, Brazil and hazel nuts.
14 oz. tub
#9121....\$12.99

**Almonds, Roasted & Salted**

GF 14 oz. tub
#9114....\$11.99

**◆ Cashews, Whole Raw**

GF 14 oz. tub #9116....\$12.99

◆ Cashews, Roasted & Salted

GF 14 oz. tub #9117....\$14.49

**Dried Cranberries**

GF 14 oz. tub
#9205....\$7.49

**Swedish Fish**

GF 1.9 lb. bag
#9109....\$7.49

**Super Hero Trail Mix**

Roasted peanuts, butter toffee peanuts, Boston baked peanuts, chocolate coated peanuts, yogurt coated raisins, and candy-coated chocolate candies.
16 oz. tub
#1163....\$7.49

**Mountain Defiance Trail Mix**

Roasted salted almonds, dried cranberries, sunflower seeds, dried diced pineapple, banana chips, oat dates, roasted salted Spanish peanuts, chocolate and yogurt raisins.
16 oz. tub
#1045....\$7.49

**Oriental Party**

Just the right amount of spicy and savory, this addictive snack mix sports corn nuggets, dried peas, Cajun corn sticks, peanuts, sesame sticks, and puffed rice crackers.
12 oz. tub
#1164....\$7.49

**Swiss Goodie Trail Mix**

A blend of peanuts, raisins, almonds, and chocolate chips—a sweet and salty treat for your tastebuds.
GF 16 oz. tub
#1047....\$7.49

Beverages for every occasion



Country Time Lemonade Flavored Drink Mix

No artificial sweeteners or flavors.
Good source of Vitamin C. Yield 34 qts.
82.5 oz tub
#2536 ...\$10.49 | Just .31 per qt.!



MONIN Premium Fruit Flavored Syrups

Flavorful syrups made with natural flavors and pure cane sugar, not corn syrup! Delicious in sodas, lemonade, tea, and shakes. No artificial ingredients. Gluten free. Non-GMO. 1 L Bottle...\$10.99



#5884 Peach



#1854 Blackberry



#8602 Coconut



#5882 Raspberry



#1637 NEW! Cherry



#1636 NEW! Stone Fruit-- Peach, Cherry, Apricot Blend



#8654 Monin Syrup Pump \$1.99

★★★★★

"My husband is from the deep South in the area of the US where coffee was first cultivated by the French. He really values a good, strong cup of coffee. He was thrilled with Pantry Perk Dark Roast! Very strong without the bitterness. Good stuff!"



Alison's Pantry Premium Ground Coffee

100% Arabica Beans
GF 12 oz. bag....\$7.99

#1378 Morning Grind Medium Roast

A full bodied blend with rich flavor and a smooth finish, made from the high mountain beans of Peru combined with the chocolatey nature of Guatemalan coffee.

#1379 Pantry Perk Dark Roast

Medium and dark roasted Costa Rican and Brazilian beans for a bouquet of floral and sweet fruit flavors with a smooth finish.



Cappuccino

Rich, comforting cappuccino that's terrific hot or cold, or enjoyed as a coffee creamer.

GF 2 lb. bag (45/8 oz. svgs.)....\$7.99

- ◆ #1326 French Vanilla
- ◆ #1330 English Toffee
- ◆ #1328 Mocha
- ◆ #1329 White Chocolate Caramel



Chai Tea Concentrate

Just mix equal parts concentrate and your own fresh milk or soy. Heat it up or pour it over ice for a rich, sweet, creamy blend of black vanilla and spices.

Approx. 8 svgs.
GF 32 oz. carton
#2426....\$5.99



V8 Splash

Refreshing combinations of natural fruit flavors with a 5% carrot juice blend for a deliciously sweet taste.

GF 24 / 11.5 oz. cans
\$22.99 | Just 96¢ each!

◆#4583 Tropical Blend

Juicy apples, pineapples, kiwis, limes, and mango paired with carrot juice.

◆#4581 Berry Blend

The sweetness of apples, cherries, strawberries, red raspberries, and blackberries with carrot juice.



Sunny Delight Tangy Original

GF 24/10 oz. bottles
#8581...\$15.99 | Just 67¢ each!



100% Juice Boxes

Healthy, nutritious juice packs for lunch boxes or families on the go. Non GMO.

GF 32 / 6.75 oz. boxes
\$14.99 | Just 47¢ each!

◆#1082 Apple Juice, 100% Juice

◆#1083 Fruit Punch, 100% Juice

(Apple, grape, orange and cherry juice)



Nesquik Chocolate Powder

45% less sugar than the leading syrup brand. Provides calcium and 7 essential vitamins and minerals. Contains 8g of protein when combined with 8 fl. oz. of low-fat milk. No artificial colors or flavors.

41.9 oz. container
#1455....\$11.99



CLUB STORE DIRECT

Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas.
Better quality and larger pack sizes, still at a great value for families!



Italian Sausage & Beef Lasagna

Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen. 2/48 oz. trays
#1279....\$19.99



Boneless, Skinless Chicken Thighs

Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen. Ready to cook from frozen. 6.5 lb. bag
#1317....\$19.99



Bacon Crumbles

100% real bacon. High-quality, fresh pork is slowly smoked over all-natural hardwood chips then crumbled for easy use. 20 oz. bag
#1241....\$15.99



Chicken Bakes

Foster Farms chicken breast strips, mozzarella, provolone and parmesan cheeses, smokey bacon, creamy Caesar dressing and green onions in a hand-rolled crust. Hearty, individually wrapped servings. 8 oz. / 6 ct.
#1280....\$17.99



Soft & Chewy Granola Bars, Chocolate Chip

Made with real semi-sweet chocolate chips and whole rolled oats. .85 oz. bars / 64 ct. box
#1138....\$14.49



Microwave Popcorn, Movie Theater Butter

100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter. GF 3.3 oz. / 44 ct.
#1821....\$15.99 | Just .36 each!



USDA Organic No-Salt Seasoning Blend

A blend of 21 organic spices and ingredients from around the world to healthily season any meat or vegetable dish. 14.5 oz. container
#1295....\$13.49



Walnut Halves & Pieces

Approx. 12 cups of U.S. #1 walnuts for baking and snacking. GF 3 lb. bag
#1293....\$22.49



Whole Almonds

Approx. 9 cups of supreme #1 U.S. raw almonds. GF 3 lb. bag
#1294....\$20.49



Fancy Pecan Halves

U.S. #1 beautiful pecan halves for recipes and snacks. GF 2 lb. bag
#1292....\$23.49



Trail Mix Snack Packs

Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs. GF 2 oz. / 28 ct.
#4005....\$23.49



Minced Garlic

Grown, harvested, processed and packed in California. Packed in water; recipe ready! GF 48 oz. jar
#1289....\$7.99



Foodservice Aluminum Foil

12" x 1000' roll (1,000 sq ft)
#1963....\$36.99



Kirkland 13 gal. Drawstring Kitchen Trash Bags

200 ct.
#2777....\$24.49



BASIC AMERICAN FOODS

Excel Original Potato Pearls Mashed Potatoes

GF 28 oz. bag
#4744....\$7.99



Baby Reds Flavored Mashed Potatoes

Premium Russet and red real Idaho potatoes with skins. Just add water. Approx. 40 svgs.
GF 32.85 oz. bag
#1390....\$9.49



Premium Homestyle Mashed Potatoes

Made with 100% real Idaho potatoes, milk, and seasonings for creamy comforting flavor. Just add water. Approx. 52 svgs. per bag.
GF 28 oz. bag
#1391....\$8.99



Fresh Cut Hash Browns

Dehydrated fresh Idaho potato shreds. 12 month shelf life. Just add water. Yield 72 1/2 cup servings.
GF 2.125 lb. carton
#1392....\$11.99

MINOR'S Sauces & Condiments

Sweet & Sour Sauce

Made with chunks of pineapple, diced tomatoes, green peppers and onions. GF 0.5 gallon jug
#1265....\$10.99



Zesty Orange Sauce

0 grams trans fat. 0.5 gallon jug
#2989....\$14.99



Bulk Pudding & Topping Mixes

#1913 Jell-O Instant Chocolate Pudding & Pie Filling, GF 28 oz. bag . \$7.99

#1914 Jell-O Instant Vanilla Pudding & Pie Filling, GF 28 oz. bag \$7.99

#1952 Dream Whip Topping, GF 10.8 oz. bag \$6.99



Barilla Bulk Pasta Now in Economical, Family-Size Packs!

#1331 Barilla 10" Spaghetti Noodles 10 lb. bag..... \$15.49

#1332 Barilla Elbow Macaroni Noodles 10 lb. bag..... \$15.49



Organic Mac & Cheese Variety Pack

Certified organic, all-natural macaroni & cheese mixes.
4 Shells & White Cheddar,
4 Shells & Aged Cheddar,
4 Macaroni & Cheese.
6 oz. boxes / 12 ct.
#4768....\$19.99



Emergency Sleeping Bag

The same mylar material as the emergency blanket, shaped into a sleeping bag to prevent heat loss even more efficiently. Retains 80% of body heat. Wind and waterproof.
84" x 36"
#7403.....\$3.99



Magnesium Emergency Fire Starter

Compact and lightweight fire starter for emergency kits and camping. Starts fires even when wet. Includes key chain.
#6622.....\$4.99



Glass Cleaner

Dissolves dirt, grease, grit, and grime. Ammonia-free with a clean fresh fragrance.
19 oz. can
#1342....\$3.99



PURICIT®

Puricit® Citrus Air Freshener

Eliminate the lingering odors of grease, fish, and even cigarette smoke! We use this product in all the bathrooms here at Alison's Pantry.
6 oz. can
#1579.....\$5.99



- Used by professional chefs for over 35 years!
- Only 35 calories in a 1/4 cup serving!
- Use to replace cream soup in any recipe for a healthier option.
- Won't curdle or separate in freezer meals.

Other Containers

#1231 Six-gallon bucket \$9.99

#4434 Clear Square 1/2 gallon Jar W/Lid (6 Per Order) \$8.99

Gamma Lids (Fit 5 & 6 gallon buckets) \$7.49 each

◆ #2772 Red

◆ #2774 Blue

The Gamma Seal lid is a heavy-duty ring with a rotating center lid that seals tight or spins to open—much easier than prying off standard bucket lids!

◆ **5 Gallon Plastic Bucket with E-Z Open Lid**
Includes the AP 25th Anniversary logo. Holds about 37.5 lbs.
#7078.....\$8.49
Our bestseller!

◆ **2 Gallon Opaque White Plastic Bucket with White Gamma lid**
2 gallon bucket will hold approximately 15 lb. of dense product. Gamma lid gives an easy airtight seal.
#4779.....\$9.99



White Cheddar Sauce Mix

The rich, velvety-smooth cheddar sister of Universal Sauce. Just add water for perfect macaroni & cheese or creamy soups.
Yield: 3 gallons.
48 oz. re-sealable bag
#5242....\$25.99



Universal Sauce

Just add water to this commercial powdered cream soup and sauce mix, and boil for delicious cream soups, sauces, casseroles or any recipe that calls for cream sauce.
Yield: 3 gallons
48 oz. re-sealable bag #5240....\$22.49

Pasta Partners Pasta Salad Kits

Each kit includes dry pasta, dressing mix, and preparation instructions. Serves 8.
\$6.99



◆ **#1609 Hawaiian 14 oz. bag**
Pasta Partners' bestseller with a sweet poppyseed dressing! Add pineapple, mandarin oranges, diced avocado and diced chicken to make it a meal.

◆ **#1610 Chipotle Ranch 12.5 oz bag**
Toss the creamy dressing and pasta together for a salad, or add red bell pepper, red onion, and chicken for a zesty "South of the Border" entree.



Uncle Ben's Chicken Flavor Rice Pilaf
Restaurant recipe, foodservice product. A chicken-flavored mix of parboiled long-grain rice, onions, red bell peppers, garlic, herbs, and seasonings. No MSG.
Approx. 24 / 1/2-cup svgs.
24.6 oz. box
#1572....\$8.99 | Just .37 per svg.!



Uncle Ben's Spanish Rice
Restaurant recipe, foodservice product. A spicy Spanish blend of parboiled long-grain rice, green bell peppers, tomatoes, herbs, spices, and a deep red tomato color. Vegetarian. No MSG.
Approx. 24 / 1/2-cup svgs.
36 oz. box
#1573....\$10.99 | Just .46 per svg.!



Pantry BASICS

Butter Powder

Made from real, sweet cream non-GMO butter. Blends in smoothly to dry ingredients, or can be sprinkled dry on popcorn or veggies. Easy to measure and handle. Requires no refrigeration. 10 yr. unopened shelf-life. 204 svgs. **GF** #10 can / 36 oz. #8304...\$21.99



Cheese Blend Powder

Ideal for making the creamiest cheese sauces, fondues and dips, macaroni & cheese, casseroles, soups and spreads. 10 yr. unopened shelf-life. 43 svgs. **GF** #10 can / 52 oz. #1088...\$19.99



Dried Whole Eggs

Simply hydrate egg powder with water and cook up scrambled eggs or omelets or use them in any recipe that calls for eggs. When dried egg powder is used with other dry ingredients, reconstitution is not necessary. 71 svgs. **GF** 33 oz. / #10 can #1121...\$28.99



Morning Moos

Whey-based beverage ideal for everyday use or as a part of emergency food supply. Looks and tastes like fresh milk, is rich in calcium and fortified with vitamins, much like 2% milk/ **GF** 56 oz. can #1132...\$19.99



Chocolate Morning Moos

Rich, thick creamy milk chocolate whey-based beverage. **GF** 71 oz. can #1133...\$21.99

Country Fresh 100% Real Instant Nonfat Dry Milk

Made from whole cow's milk and tastes delicious mixed into drinks, puddings, and shakes. Up to 20-year sealed shelf life. Certified gluten-free. **GF** 1 lb. 13 oz. / #10 can #8517...\$18.99



Mixing Pitcher

Sturdy pitcher with mixing plunger, perfect for fruit drink powders and powdered milk. Easy, mess-free mixing! 2 Qt. #1127...\$13.99



Freeze Dried Strawberries

GF 6.4 oz./#10 can. #8495...\$23.99



Dehydrated Honey Powder

Can be used dry or reconstituted. Up to 30 year shelf life **GF** 48 oz. / #10 can #8354...\$13.99



Germade Cereal

Ultra-smooth and creamy wheat cereal. 3 lb. bag...\$7.99

- ◆ #4451 Maple Brown Sugar
- ◆ #4452 Strawberries & Cream
- ◆ #4453 Plain



CUSTOM CULINARY PRODUCTS ARE THE SAME BASES AND GRAVIES USED BY CHEFS.



Real 'Meat First' Bases

Professional chef quality. No MSG added. 0 trans fat **GF** 16 oz., yield: 5 gallons.

- ◆ #1038 Chicken...\$8.99
- ◆ #1039 Beef...\$8.99
- ◆ #1388 Ham...\$10.49

Granular Flavored Bases

An economical granular meat base. Add to hamburger or turkey ground meat for delicious patties. Use in rice or pasta cooking water for extra flavor. 0 trans fat. **GF** 16 oz., yield: 5 gallons...\$4.99

- ◆ #1040 Chicken
- ◆ #1041 Beef



PanRoast Pork Gravy Mix
12 oz./68-2 oz. svgs.
#2131.....\$7.49

PanRoast Turkey Gravy Mix
12 oz./68-2 oz. svgs.
#1254.....\$7.99

PanRoast Chicken Gravy Mix
12 oz./68-2 oz. svgs.
#1253.....\$7.49

PanRoast Country Gravy Mix
12 oz./68-2 oz. svgs.
#1255.....\$7.49

PanRoast Brown Gravy Mix
12 oz./68-2 oz. svgs.
#1252.....\$6.99

PanRoast Peppered Biscuit Gravy Mix
20 oz./72-2 oz. svgs.
#1525.....\$6.99

PanRoast Peppered Biscuit Gravy Mix
6/20 oz. bags
#7558...\$31.99

PanRoast Beef Gravy Mix
12 oz./68-2 oz. svgs.
#3586.....\$6.99



Au Jus Base
GF 16 oz. yield: 3 gal
#2061.....\$7.99

Hot DEALS

Visit www.alisonspantry.com and click on "Hot Deals" to see these and other great limited quantity products to help your budget.



580 W. State Street
Pleasant Grove, UT 84062
www.alisonspantry.com



Oven Roasted Seasoned Chicken Wing Sections
10 lb. case
#7520.....Reg. \$39.99 | **HOT DEAL \$19.99**

Fully Cooked Chicken Breast Strip Fritters
10 lb. case
#7522.....Reg. \$39.99 | **HOT DEAL \$19.99**

Hot Deal products, like these, are "#2 products" meaning they were not manufactured perfectly to the manufacturers specifications. This provides an opportunity for customers to purchase these imperfect products at significant discounts. They may have inconsistent sizing, breading, etc., but they are consistently delicious and as usual we stand behind them with our 100% satisfaction guarantee. **Quantities are always limited and can sell out quickly!**



Click on the link in your shipping notification email to verify your personal contact information in our system and earn a \$1.00 credit that you can apply to your next AP order.

Meal KITS



INTRODUCING 3 NEW MEAL KITS! Less planning. Less prep work. Less mealtime boredom. More smiles around the table!



Beef & Chicken Fajita Meal Kit
—6 servings
◆ 1 lb. beef fajita strips
◆ 1 lb. chicken fajita strips
◆ Flav-R-Pac Fajita Vegetables, 4 lb. bag
◆ 12 ct. 8" flour tortillas
◆ 6 Tbsp. AP Fajita Seasoning
#1597.....\$23.99 | \$4.00 per serving



Shrimp Alfredo & Garlic Bread
—6 servings
◆ Newport White Shrimp, 26/30 ct, 2 lb. bag
◆ 2 Tbsp. Garlic Supreme
◆ Pasta Partners Alfredo Sauce Mix
◆ Pasta Partners Roasted Garlic & Parsley Linguini, 12 oz. pack
◆ Flav-R-Pac Broccoli Florets, 2 lb. bag
◆ (8) Tuscan Mini Dinner Loaves
#1599.....\$37.99 | \$6.33 per serving



Bacon Wrapped Pork Fillets & Potatoes Meal Kit
—6 servings
◆ 6 Bacon Wrapped Pork Fillets
◆ Roasted Baby Baker Potatoes, 2.5 lb. bag
◆ Flav-R-Pac Normandy Blend, 4 lb. bag
#1598.....\$27.99 | \$4.67 per serving

Each convenient meal kit includes premium AP ingredients and an easy-to-follow instruction card for assembling the meal.