

The prices in this catalog are valid at www.alisonspantry.com from September 10th-October 7th, 2019

*Prices are subject to change without notice. Please see website for most current pricing.

Catalog No. 10 | 2019



Alison's Pantry®

SIMPLE, SATISFYING MEALS

**THE WAIT
IS OVER!**
Join us for the
2019 Food Show

See page 3.

**BIG SAVINGS
on Meal Kits!**

See page 15.

**Yeast-Raised Donut Rings
are Back (and they're on
sale)!**

See page 34.

90 Day

DOUBLE YOUR MONEY BACK

Guarantee

COVER FEATURES:

#8573 Janey Lou's Proof & Bake Soup Bowl Dough

#1562 Soup Supreme Cream of Potato Soup

Certain exclusions apply.

**Refunds must be requested within 90 days from purchase date. Double your money back guarantee does not apply to Hot Deal, Pantry Bargain, or other #2 products.*

SEEKING REPRESENTATIVES NOW IN:
 Evanston, WY • Newcastle, WY • Richfield, UT • St. George, UT • Anaconda, MT • Ririe, ID



Connect with
 your community
 over great food!

If you'd like an Alison's Pantry
 business of your own like Tammy,
 contact us today.

Become an
 Alison's Pantry Rep!

1-866-5-PANTRY

OR EMAIL US:

SUPPORT@ALISONSPANTRY.COM

"I started selling Alison's Pantry products when I was pregnant with my twins. My favorite thing about Alison's Pantry is interacting with customers and helping them fill their freezers with good, quality food. I also love how easy it is to 'sell.' Everyone must eat! I'm always amazed that if I do my reminders, the sales just come. The extra income has been great!"

Tammy Payne, Elmo, UT

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OUR VISION & MISSION

Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry! We stand behind every product in our catalog. If you are ever unsatisfied with an item, please contact your Representative within 6 months for a 100% refund or within 90 days for double your money back.



How Alison's Pantry works

1

Receive a catalog from your Alison's Pantry Representative.

3

Order is delivered to your Rep's home in about a week after the order deadline.

2

Place an order at www.alisonspantry.com, or with your Rep, by the catalog order deadline printed on the back cover.

4

Pick up your order from your Rep. Enjoy restaurant-quality food from the comfort of home.

Alison's Pantry

580 W. State Street
 Pleasant Grove, UT 84062
 801-796-6411

Toll Free: 1-866-5-PANTRY

Fax: 801-796-9309

Office Hours: M - F 8:00 a.m. - 5:00 p.m.

www.alisonspantry.com

Prices and products are subject to change without notice. Sales tax will be charged according to your representative's town and state. Alison's Pantry adds 10% shipping to all orders. We reserve the right to substitute items of equal value and quality.

GF = gluten-free IW = individually wrapped

{ offered by the case }



We care about your diet needs and want you to have all the information necessary to make your meal decisions.

For more detailed ingredient lists and nutritional information, please visit www.alisonspantry.com and search for any product by product number or name.



Don't Miss Out!

Our much-anticipated Food Show is finally here! This is a **FREE** event for Alison's Pantry Reps and customers (open to the public).

Please join us for:

- *Delicious food samples from over 80 booths.*
- *Fun and educational cooking demos.*
- *Inspiration for your family meals.*
- *And, a chance to win fantastic prizes.*



ALISON'S PANTRY 2019 FOOD SHOW: STIR IT UP!

Saturday, September 21st, 2019

UCCU Center | 800 W University Pkwy, Orem, UT

SPECIAL EVENT: New Product Preview 10:00 a.m. to 11:00 a.m.

FOOD SHOW: 11:00 a.m. to 3:00 p.m.

Stir up some fun with us!



Don't miss cooking demos on our main stage during the Food Show from our suppliers and special guest food blogger, Ruthie of CookingWithRuthie.com!



When our staff tasted these new products from Hormel, we couldn't wait to share them with AP customers, and to order them for our own families! They're tender, flavorful, fully-cooked meats that are convenient and absolutely delicious. We know you're going to love them!



Keto Friendly

NEW! Fire Braised Fully Cooked Boneless Pork Shoulder

Boneless pork shoulder is cut into softball size portions, seared with fire to caramelize the exterior and develop flavor, and then slow-cooked in its own natural juices until tender, moist and delicious.

GF 5 lb. bag
#1733....\$29.99 | \$6.00 per lb.



Keto Friendly

NEW! All Natural Fire Braised Fully Cooked Chicken Breast

These chicken breasts are first fire-seared then slow-cooked in their own juices., resulting in tender, juicy meat that's quick and easy to prepare. Frozen; can be served warm or cold. Approx. 18 breasts.

GF 4 oz. / 4.5 lb. avg. bag
#1734....\$34.99 | \$7.78 per lb.



Keto Friendly

NEW! Fire Braised Fully Cooked Turkey Breast

Natural shape, single lobe turkey breast that is first seared with fire then slow-cooked in its own natural juices. A true slow braised turkey that is moist, tender and flavorful. Lightly seasoned.

GF 4 lb. avg. bag
#1735....\$32.99 | \$8.25 per lb.



Keto Friendly

NEW! Natural Choice Fully Cooked Pulled Beef

100% natural, minimally processed tender pulled beef with no artificial ingredients or preservatives. Delicious served with mashed potatoes and gravy for Sunday dinner, or in Mexican recipes for enchiladas, burritos, etc.. No allergens. Frozen.

GF Approx. 5 lb. bag
#1738....\$41.99 | \$8.40 per lb.



Keto Friendly

NEW! Fire Seared Chicken Thigh Meat

This boneless chicken thigh is first seared with fire to caramelize the exterior and develop flavor, then slow-cooked until tender, moist and delicious. Lightly seasoned.

GF 5 lb. bag
#1736....\$29.49 | \$5.90 per lb.



Keto Friendly

NEW! Fire Braised Fully Cooked St. Louis Style Pork Ribs

Ribs first seared with flame to caramelize the exterior and develop flavor, then slow-cooked in their own natural juices until tender and delicious.

GF 2.45 lb. avg. bag
#1737....\$20.49 | \$8.36 per lb.



Keto Friendly

NEW! Natural Choice Oven Roasted Sliced Turkey

This all-natural, fully cooked sliced oven roasted turkey delivers natural texture and bite for delicious sandwiches and wraps, with less sodium.

GF .5 oz. slices / 2 lb. pack
#1739....\$15.99 | \$8.00 per lb.



Keto Friendly

NEW! Natural Choice Premium Cherrywood Smoked Sliced Ham

All-natural premium Hormel ham, natural cherrywood hardwood smoked for rich flavor.

GF 1 oz. slices/ 2 lb. pouch
#1740....\$14.99 | \$7.50 per lb.



Keto Friendly

NEW! Premium Sliced Roast Beef

Fully-cooked, savory roast beef slices with rich flavor for sandwiches and wraps. No allergens.

2 lb. pouch
#1750....\$18.99 | \$9.50 per lb.

Join us for a tasty Hormel demo at the Food Show to learn fast, easy meal ideas using these products!



NEW! Sliced Canadian Style Bacon

Fully cooked and cut from whole-muscle pork loins. Naturally hardwood smoked with natural juices. Serve warm or cold.

GF 32 slices / 2 lb. pack
#1741....\$13.99 | \$7.00 per lb.

Keto Friendly



NEW! Pecanwood Smoked Sliced Shoulder Bacon

Made using the Coppa muscle, the premium, well-marbled, heart of the pork shoulder. We then add our exceptional cure ingredients and slow smoke it over 100% Pecanwood chips.

GF 3.5 lb. pouch
#1742....\$24.99 | \$7.14 per lb.

Keto Friendly



NEW! Carne Asada Steak

¼" cubes, raw, diced, unseasoned pieces of flavorful beef eye of round for traditional Carne Asada. Pair it with our Carne Asada Seasoning (#7378) to add just the right kick with ease!
2/1.5 lb. pkgs.
#1755....\$15.99



NEW! Beef Ranchera, Thin Sliced Sirloin

Make traditional saucy "Steak Ranchero" or season these tender raw sirloin flap meat cuts to use in carne asada, tacos, burritos, or enchiladas.
1.5 lb. avg weight
#1758....\$18.99



NEW! Pork Cubes

¾" Tender cubes of unseasoned raw pork Boston butts, perfect for chile verde, homemade chilis, and stews.
2/1.5 lb. pkgs.
#1756....\$12.99



NEW! Pretzella Bites Soft Pretzels

Light and airy, 1 1/2" soft pretzel bites with just a touch of sweetness. Unsalted. Delicious with savory or sweet dips and toppings. Approx. 96 bites.
2 lb. bag
#1748...\$15.99



NEW! Beer Battered Skinless 5/16" Thin French Fries

Premium craft beer batter makes these extra-long, thin-cut fries perfect as a side or appetizer.
5 lb. bag
#1762....\$13.99



NEW! Two-Compartment 28 oz. Meal Prep Containers

Divided black plastic food safe containers with clear lids (50 containers and 50 lids). Perfect for meal-prepping or individual freezer meals. Reusable; top-shelf dishwasher safe. Microwave and freezer safe. 8.3" x 5.8" x 2.1" 50 ct.
#1763....\$21.99 | Just .44 per container!
Compare to .80 each on Amazon!



NEW! Monk Fruit Zero Calorie Sweetener

100% Natural and low-glycemic. Use just like Sugar (1:1 Ratio), No Aftertaste. Use it just like sugar in your favorite recipes, beverages and more. Keep the sweetness not the calories or the blood sugar crash!
16 oz. bag
#1745....\$13.99



NEW! Cheese Crisps

100% cheese. High in protein. 1 carb. Zero guilt. Great in a salad or by the handful as a snack.
12/2.12 oz. bags
\$37.99 | \$3.17 per bag

◆ #1746 Parmesan Cheese

◆ #1747 Asiago Pepper Jack Cheese



NEW! Rice Krispies Treats Chocolate Chip

Traditional favorite marshmallow rice cereal bars with the addition of sweet mini chocolate chips! Larger bars; foodservice pack.
20 / 1.59 oz. bars
#1744....\$16.49 | Just .82 each!



NEW! Simply Goodness Chocolate Chip Cookie Dough

Homemade flavor without the work! Ready-to-bake dough pucks.
40/1 oz. pucks
#1749....\$9.99 | Just .25 per cookie!



NEW! ABC Pasta

Make learning fun by using our ABC Pasta! Colorful alphabet pasta shapes are great with your favorite sauce, Mac & Cheese, or use to create a unique Pasta Salad.
12 oz. bag
#6308...\$4.49

Find more delicious lunch box snacks on pages 33, 34, 42, & 43!

NEW! Goldfish Giant Cinnamon Grahams

Each pack has 2 large cinnamon graham Goldfish. Fun to dunk in milk, or use to scoop applesauce or yogurt.
.9 oz. / 50 ct.
#1765....\$12.99 | Just .26 each!



NEW! Goldfish Colors Baked Cheddar Whole Grain Crackers

No artificial flavors or colors in these much-loved cheddar snacks. Made with real cheese. Just 100 calories per pack!
50 ct. / .75 oz.
#1766....\$14.99 | Just .30 per bag!



Back by popular demand!

Lindy's Covered Cake Pan

This pan is DEEP! Snap on, high quality lid that will not ruin your frosting or pull off your lasagna cheese! Heavy 18/20 stainless steel.
10" x 13" x 3¼"
#5008....\$42.99



Back by popular demand!



Pastry Mat with Measures

Flexible nonstick silicone mat measures dough or crusts from 6" to 15" and doubles as a baking sheet liner. Oven safe to 450°F. 19.5"x15.5".
#8438....\$9.99



NEW! Dark Chocolate Baking Chips

* No Sugar Added
* Botanically Sweetened with Stevia
* Made with Non-GMO Ingredients
GF 9 oz. bag
#1732....\$7.99





It's been said that to make something this good, you need some kind of secret recipe. But there's no magic in this meat. Just hours of hardwood smoke, a craftsman's touch and 125 years of practice.



#1 Quality Precooked Hickory Smoked Bacon Slices

Keeps 6 months refrigerated, 9 months frozen. Microwave, heat and eat.

◆ 60 slices per pouch **GF**
#5642....\$14.99

◆ 300 slices per box **GF**
#4835....\$49.99

Applewood Precooked Bacon

Double-smoked applewood bacon for the bacon connoisseur. Bolder flavor than our #4835 bacon.

300 slices **GF**
#9137....\$49.99



★★★★★

"We absolutely love the Daily's Pre-Cooked Bacon! I use it in just about everything...sandwiches, soups, casseroles, or just by itself! I hate cooking raw bacon and cleaning up after so we have been using this product for years. I always buy a new box before the last one runs out so that we are never without it!"

Jamie Perkins, Panaca, NV



Pioneer Brand 'Big Buy' #2 Bulk Bacon

Full irregular slices layered between wax paper sheets. Frozen.

This is a #2 irregular product that sometimes includes a large amount of fat. Ideal for adding bacon flavor to recipes.

Case will show 'Packed by' date and have 6 months of shelf life past that date.

GF 15 lb. bulk
#3297....\$39.99



Pork Sausage Patties (precooked)

GF 96 ct., 2 oz. size/12 lb. case
#4063....\$47.99 | Just .50 per patty!
Compare our price of just \$4.00/lb. to Schwan's cost of \$5.67/lb. and save 29% with API!

Cases will show 'Received' date and have 6 months of shelf life past that date.



Skinless Pork Sausage Links (precooked)

GF 240 ct., .8 oz. size/12 lb. case.
#5464....\$47.99 | .20¢ per link

Pork Sausage Links (raw)

GF 192 ct., 1 oz. size/12 lb. case
#3386....\$36.99 | .19¢ per link

Pork Sausage Links (precooked)

GF 240 ct., .8 oz. size/12 lb. case
#4062.... \$49.99 | .21¢ per links!

Compare our price of just 21¢ to Schwan's cost at 34¢ per link and save 38% with Alison's Pantry!

Cases will show 'Received' date and have 6 months of shelf life past that date.



Thick-Cut #1 Quality Bacon, Raw

GF 24 oz....\$11.99

◆ #8464 Deep Applewood Smoked

◆ #8465 Peppered



Pioneer Brand Sugar Cured Bacon Bulk Ends and Pieces

Ships frozen. Raw. Case will show 'Packed by' date and have 6 months of shelf life past that date.

This is a #2 irregular product with more fat.

GF 15 lb. bulk
#2899....\$31.99



'Center Cut' Bacon Honey Cured

Smoky with the sweetness of a honey cure. Raw. 90 day shelf life.

GF 5 lb.
#3298....\$32.99





SAVE \$2.00



Sausage, Egg & Cheese Buttermilk Biscuits
16/4 oz. biscuits
#4842... Reg. \$19.99
Sale \$17.99



SAVE \$2.00



Sausage & Gravy Stuffed Buttermilk Biscuit
16/4 oz. biscuits
#4844... Reg. \$19.99
Sale \$17.99



Sausage, Egg & Cheese Croissant
Microwave or oven bake.
12/4.5 oz. IW
#4454... \$17.49
Just \$1.46 each!



Sausage, Egg & Cheese Biscuits
Microwave or oven bake.
12 ct./4.9 oz. IW
#5354... \$17.49
Just \$1.46 each!



Homestyle Waffles
72 ct. waffles
#1498... \$15.99 | 22¢ each



SAVE \$2.00



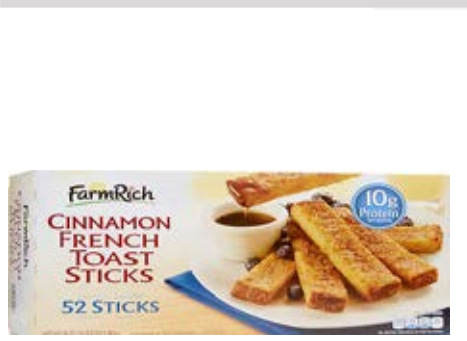
Egg, Sausage, & 3 Cheese Breakfast Burritos
Stuffed with whole eggs, savory sausage and three velvety, melted cheeses—American, Monterey Jack and Cheddar.
12/7 oz. burritos
#4845... Reg. \$24.99
Sale \$22.99 | \$1.92 each



Egg, Bacon & 3 Cheese Breakfast Burritos
Wrapped in a white tortilla. Microwavable. IW.
24/4 oz. burritos
#7419... \$31.49



Bacon, Egg, & Cheese
Applewood bacon, egg, and low-fat mozzarella cheese in a croissant crust. IW;
cooks in 2 minutes.
4.5 oz./17 ct. box
#1731... \$21.99 | Just \$1.30 each!



Cinnamon French Toast Sticks
Bake, fry or toast.
52 sticks / 56 oz. box
#1499... \$12.49



Log Cabin Syrup
GF 1 gal. jug
#1590... \$12.99



Gourmet Cream Syrup Variety Pack
Maple Cream, Vanilla Cream, Cinnamon Cream, and Coconut Cream.
4/11 oz. bottles
#8012... \$18.99 | \$4.75 each!

★★★★★
"I just tried your Lawford's Cinnamon Cream Syrup... WOW! It reminded me of the middle of a warm cinnamon roll that you can't get enough of! I will keep my pantry stocked with this!"
Emily Young, Vernal, UT

SAVE \$300



★★★★★
 "The Smithfield Farmland Bacon Wrapped Pork Fillets (#5589 or #7527) are my all time favorite!! I love how easy they are to fix! I thaw them overnight and then broil them in my oven for 10 minutes on each side and they are ready to go! I love sharing them anytime I take a meal to someone."

Smithfield Farmland
 PACKAGED FOOD GROUP

Keto Friendly AP Bestseller

Bacon Wrapped Pork Fillets
 AP bestseller! Bake, grill, or pan fry. Raw.
 6/5 oz. fillets
 #5589....\$12.99
 \$2.17 per fillet

Bacon Wrapped Pork Fillets (Case)
 30/5 oz. case
 #7527....Reg. \$48.99
 Sale \$45.99 | Just \$1.53 per fillet!



Swift Premium

Pork Tenderloins, Boneless
 Two pork loins per pouch. Raw; frozen. Product arrives to us refrigerated with a short best by date and we freeze it which extends the shelf life 6 to 9 months.
 2 / approx. 2 lb. bags.
 GF 4 lb. avg. weight
 #1044....\$24.99



SAVE \$400

Smithfield Farmland
 PACKAGED FOOD GROUP

Seasoned Center-Cut Pork Chops
 Bone-in, Raw, lean and trimmed. Marinated for added tenderness.
 GF 32/5 oz., 10 lb.
 #6305....Reg. \$43.99
 Sale \$39.99 | Just \$1.25 per chop!

Compare our price of \$4.00 per lb. to Schwan's cost of \$8.00 per lb., and save 50% with AP!

Keto Friendly



BALSAMIC PORK CHOPS

- 4- 5 Smithfield Pork Chops (#6305)
- Avocado oil (#3516) or olive oil
- 2 Tbsp balsamic vinegar (#1057)
- 2 Tbsp Garlic Supreme (#2592)
- 1/4 tsp dried rosemary
- 1/2 tsp fresh ground pepper (#1029)

Preheat oven to 375 degrees. Mix olive oil, balsamic vinegar, Garlic Supreme, rosemary, and pepper together in a bowl. Dip pork chops in marinade, coating both sides. Place pork chops in a plastic zip top bag or shallow bowl. Pour remaining marinade over pork chops. Seal bag or cover bowl and refrigerate for 1-2 hours or overnight.

Bake 10 minutes and turn pork chops. Continue to bake 8-10 minutes or until cooked through.

Balsamic Vinegar
 Use this thick, glossy, flavorful condiment on salads, roasted vegetables or meats, and in recipes.
 16.9 oz. bottle
 #1057...\$4.99



Johnsonville

Bratwurst Minis
 Fully-cooked. Skinless. Approx. 50-3.5" links per package. Oven bake, grill, or griddle.
 5 lb. pack
 #4843...\$22.99

Smithfield Farmland
 PACKAGED FOOD GROUP

Gold Medal All Meat Hot Dogs
 Larger, 1/4 lb. hot dogs. No MSG added.
 GF 4 per lb./40 ct./10 lb. case
 #1634....\$37.99 | .95 each



Hillshire Farm

Lit'l Smokies® Cocktail Links
 Pork, turkey, and beef smoked to perfection.
 Fully cooked.
 GF 3 lb. pouch
 #6042....\$16.99



Smithfield Farmland
PACKAGED FOOD GROUP

CarveMaster Ham
Boneless, natural juice ham, made from only fresh outside muscle, slow smoked with real apple wood. Fully cooked.
GF 7-8 lbs. avg.
#7960....\$35.99



Product is frozen before shipping which extends its shelf life for 6-9 months beyond the printed use or freeze by date.

SAVE \$200



Smoke Craft Pulled Pork
Fully cooked, naturally hickory smoked pulled pork. Free of the 8 common food allergens as defined by the FDA. No added hormones ever.
GF 5 lb. bag
#1677....Reg. \$28.99 | Sale \$26.99

PORK | FROZEN

NEW! Pork Riblets

Raw pork ribs ready to cook. Thaw them and cook in a slow cooker with BBQ sauce or in the oven. These are not meaty like a spare rib; more like individual baby back ribs.
10 lb. case
#1777...\$19.99 | Just \$2.00 per lb.!



Smoke'n Fast Roasted & Seared Pork Shoulder

Perfectly-seasoned, moist and tender pork in savory au jus. Boil in bag, or heat in slow cooker or oven, then shred.
GF 2 / 5 lb. case
#6878...\$48.99



Bone-In Ham Steaks
Fully cooked, hearty ham steaks. Individually vacuum sealed for freshness.
GF Big 1 lb. steaks, 4 per order
#5659....\$22.99



Flavorful sausages wrapped in soft baked rolls. Individually wrapped in microwavable film. Choose from 3 delicious flavors!



Hand-Held Sausages in Soft Baked Rolls



Sweet 'n Smokey Sausage in a Soft Baked Roll

Naturally hardwood smoked sausage plus a hint of honey in a soft-textured roll. Heat and serve.
8/5 oz. rolls
#1365...\$14.49 | \$1.81 each



Smokey Cheddar Pork Sausage Link in a Soft Baked Roll

Naturally hardwood smoked sausage filled with Wisconsin Sargento cheese in a soft-textured roll. Heat and serve.
8/5 oz. rolls
#1362...\$14.49 | \$1.81 each



Smoked Brat in a Soft Baked Roll

Hearty, big-flavored traditional bratwurst in a soft-textured roll. Heat and serve.
8/5 oz. rolls
#1363...\$14.49 | \$1.81 each



Don't miss our friend, Kerrie Sprouse's Smithfield mini-class on the main stage at the Food Show!





Stuffed Chicken Entrées feature crispy breaded chicken breast, stuffed with flavorful filling. Just wrap in foil and oven bake from frozen.



SAVE \$100

★★★★★
 "The Cordon Bleu (#8553) is one of our families favorite meals. We have to buy them by the case! There is hardly any prep work and when dinner is put on the table, you feel like your family has a nice delicious meal that will make their tummies happy."
 Laura Skinner

Chicken Cordon Bleu
 Stuffed with smoked ham and swiss cheese.
 25/5 oz.
 #8553....Reg. \$30.99 | Sale \$29.99



SAVE \$100

Chicken with Broccoli & Cheese
 25/5 oz.
 #8555... Reg. \$30.99 | Sale \$29.99



SAVE \$100

Chicken & Homestyle Stuffing
 25/5 oz.
 #8558....Reg. \$30.99 | Sale \$29.99



Chicken Breast Tenders (raw)
 Juicy tenders to enjoy in stir fry, fajitas, kabobs, and more.
 Irregular, #2 product, packaged under the Sunland label. Size of pieces will vary.
 GF 4 lb. bag
 #6829....\$11.99 | Just \$3.00 per lb.!



100% Natural Chicken Breasts
 Boneless, skinless breasts with rib meat. Ice glazed to prevent freezer burn. Raw.
 Irregular, #2 product, packaged under the Sunland label. Size of breast pieces will vary.
 GF 4 lb. bag
 #5513....\$9.99



NEW! Caribbean Jerk Seasoning
 With flavors originating from Jamaica, this vibrant blend of peppers, allspice, and other spices is great as a dry rub on grilled meats, seafood and shrimp. No MSG added.
 1 lb. bag
 #1724....\$6.99



Photo shows serving suggestion for Caribbean Jerk Chicken.



All Meat Premium Corn Dogs
 Plump pork & beef franks. Generous 50/50 meat-to-batter ratio.
 60/2.67 oz.
 #1182....\$29.99



Maple Pancake with Pork Sausage
 Pork and turkey blend sausage.
 56/2.85 oz.
 #1406....\$32.99



Soft Pretzel Mini Dogs
 Mini 100% all-beef hot dogs wrapped in gourmet pretzel dough.
 60/.8 oz.
 #7401....\$21.99



Chicken Mini Corn Dogs
 Mini chicken franks wrapped in honey crunch batter.
 120/.67 oz., 5 lb. bag
 #1581...\$19.99

PANTRY BARGAINS

Pantry Bargains are a great way to save money on family favorites! Their special pricing is due to slight irregularities. These #2 products will have variations in size or breading, but they are consistently delicious and always supported by our 100% satisfaction guarantee.



Popcorn Chicken
 Bite sized pieces of all breast meat chicken, lightly breaded for a flavorful golden crunch. Oven bake or fry.
 2 lb. bag
 #1465...\$4.99



Breaded Chicken Breast Fillets
 Ready-to-cook. Bake or fry.
 2.5 lb. bag
 #1003...\$7.99



All-Natural Chicken, Brie, and Apple Entree
 Sweet apples, cranberries and natural Brie cheese inside chicken breast meat with whole grain breading. Raw. Bake and serve.
 2 / 5 oz. entrees | 10 oz. box
#4849...\$6.99

All-Natural Chicken Creamy Jalapeno Entree
 Spice it up with tender chicken breast meat filled with jalapeños and cream cheese.
 2 / 5 oz. entrees / 10 oz. box
#4850...\$6.99



Cordon Swiss Stuffed Chicken Minis
 Mini Cordon Bleu! Square nuggets filled with ham and cheese. Oven bake.
 24 oz. box
#9062... \$6.99

Jalapeno Stuffed Chicken Minis
 Sticks stuffed with spicy cream cheese.
 30 ct. box
#9060... \$6.99



Breaded Chicken Tenderloins
 All-natural, lightly breaded breast tenderloins. Fully cooked.
 2/4.5 lb. bags / 9 lb. case
#6214...\$39.99



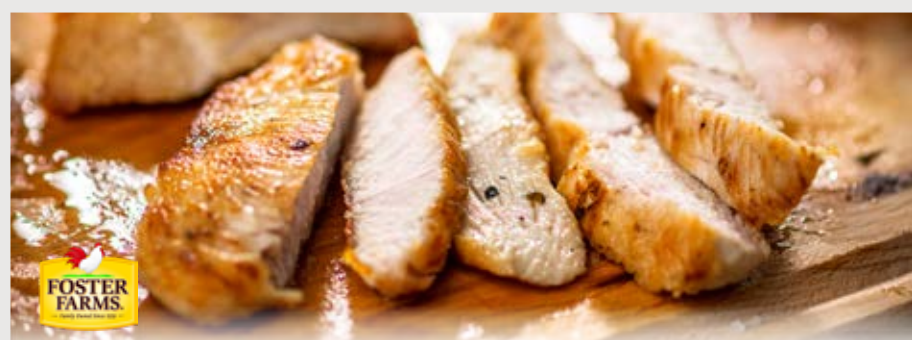
Dino Buddies Chicken Nuggets
 Fully cooked, No artificial ingredients. Frozen.
 5 lb. box
#1258...\$18.99

Saute Ready Chicken Breast Pieces and Strips
 No thawing required. Just add vegetables for the perfect quick and delicious dinner when you're in a hurry. 3 flavor options. 100% All Natural Chicken; No Hormones or Steroids. 7 servings.
 28 oz. bag...\$9.99 | Just \$1.43 per svg.!



◆ #1405 Garlic Herb

◆ #1403 Asian



Grilled Chicken Breast Strips
 100% natural chicken breasts are lightly seasoned, grilled. Oven or microwave to heat.
 GF 6/3 oz. servings
#9210...\$9.49 | \$1.58 per svg.





Asiago Breaded Chicken Breast Fillets
 Fully-cooked, restaurant-quality solid muscle chicken breast fillets, coated in a chef-inspired Asiago breading. Tender and flavorful.
 5 oz. fillets / 2/5 lb. bags
 #1685...\$46.99 | Just \$4.69 per lb.!

★★★★★

"These are so yummy! I like to make a chicken sandwich with them."
Jen Christensen, Saratoga Springs, UT



SAVE \$2.00



Homestyle Breaded Chicken Tenderloins
 Raw. Fry or bake. Tenderloins carefully cut from the juiciest part of the breast; marinated to keep them extra moist and flavorful.
 2-3 oz. size
 2/5 lb. bags, 10 lb. case
 #6219...Reg. \$33.99 | Sale \$31.99



NEW! Chick'n Dippin' Sauce

If you like Chick-fil-A sauce, you're going to love this smooth, delicious honey mustard blend for chicken.
 17.5 oz. bottle
 #7253...\$4.99



Boneless, Skinless Chicken Breasts

Restaurant-quality, cleanly trimmed. 100% all natural. Plump and ice glazed to prevent freezer burn.
 GF 48/4 oz., 12 lb. case
 #6519...\$50.99

Compare our cost of \$4.00/lb. for premium chicken breasts to Schwan's raw chicken breasts at \$7.20/lb. and save a whopping \$38.41 with Alison's Pantry!

★★★★★

"Pierce Chicken Breasts (#6519) are great. They come 3/4 lb. packages to a case and are high-quality boneless, skinless chicken breasts. I have customers reorder these often. Alison's Pantry offers the best quality chicken we can buy, at affordable prices."
Lisa Bruegger, Lusk, WY



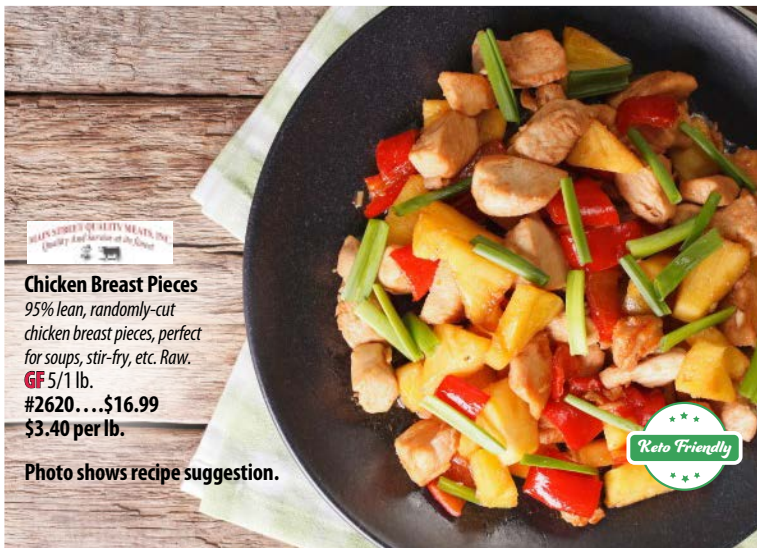
Seasoned Diced Chicken Breast Pieces

Tender 1/2" pieces fully cooked.
 GF 10 lb. case.
 #7787...\$47.99

ATHENS

Fillo Dough
 10 sheets / 12"x17" sheets.
 1 lb. box
 #9041...\$4.99

Photo shows recipe suggestion for Chicken Fillo Pie.



Chicken Breast Pieces

95% lean, randomly-cut chicken breast pieces, perfect for soups, stir-fry, etc. Raw.
 GF 5/1 lb.
 #2620...\$16.99
 \$3.40 per lb.

Photo shows recipe suggestion.





Breaded Chicken Breast Nuggets

One year frozen shelf life.
.7 oz. size, 2/5 lb. bags, 228 nuggets 10 lb. case
#6220...\$27.99



Family Pack Size

4 lb. bag
#2474...\$12.99
\$3.25 per lb.



Fully Cooked Chicken Fries

White meat chicken in the ideal shape for dunking. Ready to enjoy in minutes from the oven or microwave.
2 / 5 lb. bags; 10 lb. case
#1618...\$35.99

SAVE \$5.00



Tempura Battered Chicken Breast Strips

Uncooked Tempura-battered whole breast meat strips with a light, golden battered coating.
10 lb. case
#7102...Reg. \$46.99
Sale \$41.99 | \$4.20 per lb.

Tempura Chicken Breast Nuggets

Made with 100% breast meat with crispy tempura batter. Par-fried. Fry or bake.
2/5 lb. bags, 10 lb. case
#6838...\$32.99 | \$3.00 per lb.



Breaded Chicken Breast Patties

Breaded chicken breast with rib meat.
45/3.6 oz. size, 2/5 lb. bags, 10 lb. case
#6221...\$28.99 | \$2.90 per lb.



Skinny Dip'n Chik'n

Unique seasoned, unbreaded premium whole muscle breast meat. 25% less fat and calories than the leading boneless wings. Raw.
GF 2/5 lb. bags, 10 lb. case
#7343...\$45.99

Back by popular demand!



Sweetheart Premier Boneless Cook-in-Bag Turkey Breast, Raw

The best and easiest turkey you'll ever serve! Mouthwatering, tender sweetheart-cut whole turkey breast that cooks right in the bag. No MSG, Gluten Free. Frozen.
10-12 lb.
#4054...\$39.99



Black Label Carving Turkey Breast

Fully cooked. Raised with no antibiotics, no added hormones, no starches added. 1 year freezer life. Approx. 20 servings.
GF 5.5-6 lb.
#9197... \$30.99



Turkey Pot Roast

Fully cooked chunks of savory turkey thigh meat and gravy in an oven-proof bag for easy reheating. Approx. weight.
4.75-5.25 lb. bag
#8994...\$24.99



Ground Turkey Family Pack

Naturally lean; high in protein and at least 90% fat free. 70% less fat than ground beef. Frozen.
5-1 lb. chubs
#4124...\$13.99



SAVE \$3.00

AP Bestseller

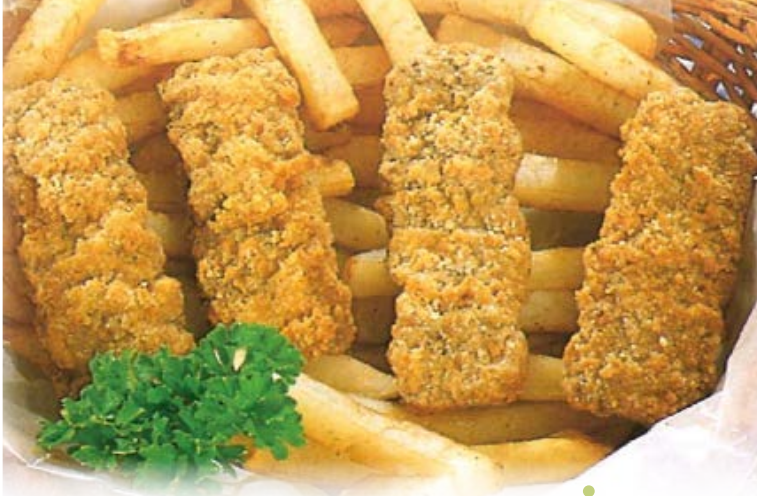
Country Fried Steak

Raw and breaded. Deep fry for best results. IQF to guarantee freshness.
40/4 oz. steaks, 10 lb. case
#4613 ... Reg. \$42.99
Sale \$39.99 | Just \$1.00 per steak!

★★★★★

"Holten Country Fried Steaks (#4613) are a BIG hit with my family and my extended family! We like to cook ours in the deep fryer, while my mom cooks hers over the stove in a little oil. These taste as good, if not better, than the country fried steak you get at a restaurant. We love the taste and the price!"

Michelle Wade, Billings, MT



Breaded Steak Fingers

One ounce ready-to-dip fingers!
160/1 oz. fingers, 10 lb. case
#8565.... \$41.99

★★★★★

"My family loves these, fried or in the air fryer. Great for dinner, lunch, or snacks. Quick to cook, even faster to eat, lol! Make a great chicken fried steak dinner especially for little ones, but grown ups love them too."

Cathy Pavis, Panaca, NV

Restaurant-quality steak from home!



USDA Choice Seasoned Flat Iron Steaks

Similar flavor to fillet mignon without the high price tag. Cryo-vac'd pkgs.
GF 12/6 oz. steaks
#6044.....\$51.99



AP Bestseller

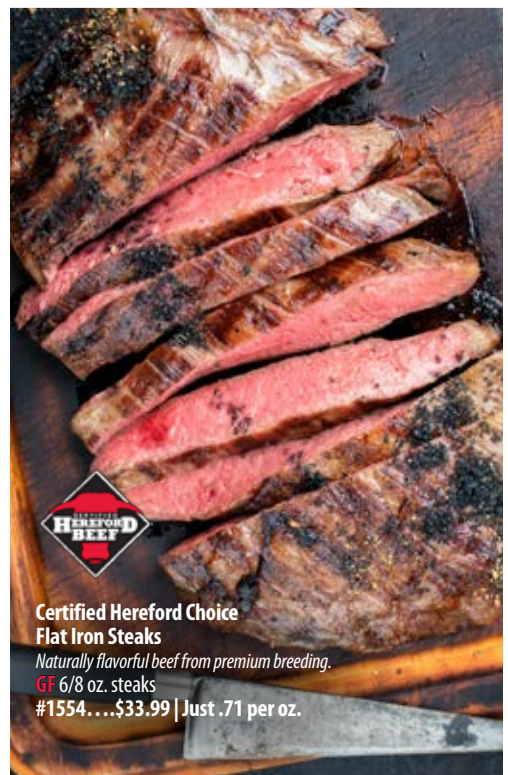
We're proud to now offer Certified Hereford Beef. Cattle ranchers have always known quality beef comes from great cattle, and the best cattle—Hereford cattle—produce the perfect steak!



USDA Choice Rib Eye Steaks

Fresh cut, and hand trimmed.
GF 4/8 oz. steaks
#2602....\$38.99 | Just \$1.22 per oz.!

Keto Friendly



Certified Hereford Choice Flat Iron Steaks

Naturally flavorful beef from premium breeding.
GF 6/8 oz. steaks
#1554....\$33.99 | Just .71 per oz.



Bacon Wrapped Filet of Beef

GF 6/5 oz. IW
#6986....17.99
Just \$3.00 per steak!

MAKE DINNERTIME EASY! Less planning. Less prep work. Less mealtime boredom. More smiles around the table! Each convenient meal kit includes premium AP ingredients and an easy-to-follow instruction card for assembling the meal.

BIG MEAL KIT SALE!

BEEF | FROZEN



SAVE \$300

Beef & Chicken Fajita Meal Kit—6 servings

- ◆ 1 lb. beef fajita strips
- ◆ 1 lb. chicken fajita strips
- ◆ Flav-R-Pac Fajita Vegetables, 4 lb. bag
- ◆ 12 ct. 8" flour tortillas
- ◆ 6 Tbsp. AP Fajita Seasoning

#1597.... Reg. \$23.99
Sale \$20.99 | Just \$3.50 per serving

★★★★★

"I made up the beef fajitas last night. It was so easy and the flavor was awesome. This was my first meal kit experience with Alison's Pantry meal kits. It was great."
Alison Chuntz, AP Founder



SAVE \$800

Shrimp Alfredo & Garlic Bread—6 servings

- ◆ Newport White Shrimp, 26/30 ct, 2 lb. bag
- ◆ 2 Tbsp. Garlic Supreme
- ◆ Pasta Partners Alfredo Sauce Mix
- ◆ Pasta Partners Roasted Garlic & Parsley Linguini, 12 oz. pack
- ◆ Flav-R-Pac Broccoli Florets, 2 lb. bag
- ◆ (8) Tuscan Mini Dinner Loaves

#1599.... Reg. \$37.99
Sale \$29.99 | Just \$5.00 per serving

★★★★★

"The Shrimp Alfredo Meal Kit felt like a treat as a weeknight meal in! Having the directions and ingredients right there in the box made it very simple to prepare. The shrimp are big and already peeled (which I loved!), plus there were plenty for our family of eight. A meal out like this would have easily cost us twice as much as the Kit. We will buy again!" **April Pearson, Glasgow, MT**



SAVE \$300

Bacon Wrapped Pork Fillets & Potatoes Meal Kit—6 servings

- ◆ 6 Bacon Wrapped Pork Fillets
- ◆ Roasted Baby Baker Potatoes, 2.5 lb. bag
- ◆ Flav-R-Pac Normandy Blend, 4 lb. bag

#1598.... Reg. \$27.99
Sale \$24.99 | Just \$4.17 per serving

★★★★★

"We've made both the pork fillet and fajita meals. They were delicious! My older customers like that they can split the meal and not have tons of leftovers, too."
Mindy Raymond, Terreton, ID



100% Beef Hamburger Patties

These juicy, 100% pure ground beef patties are great for a quick lunch or dinner. 75/25 lean to fat ratio, with no soy, fillers, additives, or MSG.

GF 24 / 4 oz. / 6 lb. case
#1075....\$23.99



Keto Friendly

Jumbo 1/3 lb. Cheddar & Bacon Stuffed Beef Patties

Stuffed with pieces of smoky bacon and shredded Cheddar cheese.

GF 6 patties/2 lb. box
#8377....\$10.99

White Castle Cheeseburgers

Made with 100% beef, these famous little sliders are steam grilled on a bed of savory onions for a flavor you'll crave! 8/2 ct. packs
#1595....\$14.99
Just \$1.87 per twin pack!



100% Beef 3-Way Blend Hamburger Patties

Juicy, flavorful blend of USDA ground chuck, ground sirloin, and ground brisket. 80/20. 100% beef, no fillers.

GF 40/4 oz. patties
#2621....\$49.99



Keto Friendly

100% Pure Ground Chuck

Premium beef, ground fresh 80 / 20.
GF 5 / 1 lb. chubs
#2622....\$27.99 | \$5.60 per lb.



Keto Friendly

USDA Choice Beef Stew Meat

Tender chunks of Choice beef. Raw; frozen.

GF 3 lb. bag
#2607....\$18.99



Keto Friendly



Quarter-Pound All Beef Franks

6" all beef franks. 100% Kosher beef. No fillers, by-products, artificial flavors, or colors.

GF 5 lb. pouch | 20 franks
#2765....\$26.99



Keto Friendly



Cod Fillets, Skinless
Mild tasting, wild-caught cod fillets. Individually wrapped in cellophane.
GF 5 lb. box
#8026....\$41.99



★★★★★
"You cannot beat the juicy flavor of the skinless cod (#8026). Great on the grill with a little lemon pepper, garlic and Dilly Dill (#1421)! My husband and I usually eat a box per month even though we often split one. They are a good size!"
Sharon Johnson, Pinedale, WY



PacificSeafood
Yellowfin Ahi Tuna Filets
Enjoy on the grill or in a skillet. Delicious with rubs or marinades.
Frozen.
4 / 4 oz. filets
#1652....\$11.99



Piccaddy PUB
Piccaddy Pub-Style Battered Cod
White cod fillets dipped in a golden pub-style batter. Bake or deep fry.
3 oz. portions/5 lb. bag
#8014....\$42.99



PacificSeafood
Tilapia Fillets
Premium boneless, skinless Tilapia Fillets. Farm-raised.
GF 3-5 oz./10 lb. case.
Approx. 40 fillets
#8027....\$41.99



TRUE LEMON BAKED SALMON

2 lbs. Salmon Fillets (#8669), thawed
2 Tbsp butter, softened
1/4 cup chicken broth (#1038 base)
4 packets True Lemon (#1689)
1/2 tsp pepper (#1029)
1/2 tsp tarragon

Preheat oven to 425 degrees. Pat salmon dry, and place in a greased 13x9-inch baking dish. Brush with butter. Combine remaining ingredients and pour over salmon. Bake uncovered for 20-25 minutes or until fish flakes easily with a fork.



Atlantic Salmon Portions, IQF
Individually vacuum-sealed 4 oz. portions of Atlantic salmon. Boneless, skinless. Farm-raised product of Chile, processed in the USA.
GF 4 oz./2 lb. bag
#8669...\$27.99

True Lemon Crystallized Lemon Packets
Each packet equals one lemon wedge. Adds natural flavor with zero calories to water, recipes, yogurt, or sprinkled over salmon. No artificial sweeteners, flavors, or colors. Allergen free.
GF 100 ct. box
#1689....\$7.99



Pub-Style Battered Cod
Wild-caught; no artificial colors, flavors or preservatives. Certified Sustainable Seafood. Bake or fry.
2-3 oz. pieces
2.5 lb. box
#2807....\$17.99

Mrs. Friday's
Beer Battered Halibut Fillets
100% natural, untreated, whole muscle fish. Coated with a crisp, Samuel Adams Boston Lager batter.
2 oz. fillets / 2.5 lb. bag
#1125.... \$41.99



Mrs. Friday's
Tavern Battered Haddock
Oven bake or fry. Fry for crispiest results. Approx. 16 fillets.
2-3 oz. fillets
2.5 lb. bag
#8416.... \$21.99



Pacific
Wild Pacific Halibut Portions
Wild-caught, sourced from the Pacific Ocean. Skin-on; sustainably-fished.
4/4 oz. fillets.
GF 16 oz. bag
#8028....\$22.99



Pacific
Parmesan Encrusted Cod
All-natural, gluten-free, with no trans fat or preservatives.
GF 2.5 svgs.
9 oz. box
#1063....\$9.49



Shrimp, Peeled & Deveined
 White shrimp sourced from Indonesia and Vietnam. 26/30 ct. Tail-off. Raw.
 GF 2 lb. bag
 #1545....\$17.99



NEW! Citrus Grill Seasoning
 Add sweet and kicky flavor to fish, shrimp, pork and chicken with this mouthwatering blend. The combination of citrus, garlic, onion, and peppers adds great flavor to recipes on the grill or in the kitchen. No MSG added.
 1 lb. bag
 #1754....\$7.99



SAVE \$200



Ultimate Fish Sticks
 No preservatives, no artificial ingredients. Light all-natural breading. Bake or fry.
 4 lb. bag | 62 ct./1oz. sticks
 #2809....Reg. \$21.99 | Sale \$19.99



★★★★★
 "I can't say enough good things about the Ultimate Fish Sticks! Crispy with a delicate fish flavor. They are not your average fish sticks. They're bigger and very flavorful. Just a wonderful product!"
Judith Norton, Caliente, NV



CONTESSA
Black Tiger Shrimp
 Tail-on. 16-20. Frozen.
 GF 2 lb. bag
 #2806....\$28.99



Photo shows serving suggestion.



BIG! Butterfly Shrimp Gold Pack
 Lightly breaded, fries to a golden brown.
 2.5 lb. (15/lb.)
 #4181....\$31.99



Shrimp Scampi
 Large, tail-off, round shrimp are individually coated with a rich, traditional scampi sauce then quick-frozen for easy preparation.
 Approx. 6 svgs.
 GF 2 lb. box
 #8880....\$24.99



Classic Marinated Shrimp Skewers
 Ready to cook. Griddle or oven bake.
 12 skewers/1 lb. 5.6 oz. box
 #8270....\$16.99



Oriental Breaded Dinner Shrimp
 Deep fry only. Premium butterfly shrimp with a unique crunchy oriental breading.
 3 lb. (16-20/lb.)
 #1813....\$30.99



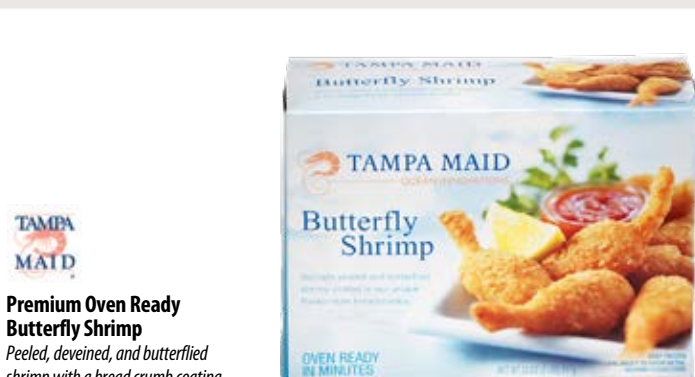
Shrimp Poppers
 Made from minced shrimp and coated in a special bakeable breadcrumb.
 2 lb. bag
 #4180....\$11.49



Gourmet Seafood & Crab Cakes
 Lobster or snow crab blended with premium surimi.
 13/3 oz. cakes
 #8992....\$16.99



Premium Alaskan Salmon Burgers
 Salmon patty is made with the finest wild, ocean-caught, deep skinned Alaskan Salmon, herbs and spices.
 GF 3 lb. bag/12 ct.
 #2808....\$25.49



Premium Oven Ready Butterfly Shrimp
 Peeled, deveined, and butterflied shrimp with a bread crumb coating.
 2 lb. (31-40/lb.)
 #5029....\$26.99

Foolproof fajitas!

MAIN STREET QUALITY MEATS, INC.
Quality And Service At Its Core

Chicken Breast Strips for Fajitas

Lean, raw strips of chicken breast for fajitas or chicken stroganoff.

GF 3 lb. bag
#2609....\$12.99

Keto Friendly

Beef Strips for Fajitas

Tender strips of choice and select beef for juicy fajitas.

GF 3 lb. bag
#2604....\$23.99



Try This!

Our Fajita Strips aren't just for Southwestern meals! They're perfect for stroganoff, soups, and stews too.



10" Flour Tortillas
12/12 ct. (144 tortillas)
#1296....\$32.99

8" Flour Tortillas
No trans fat. Frozen.
12-12 ct. bags (144 tortillas)
13.5 lb. case
#4970....\$23.99



FLAV-R-PAC

Baja Vegetable Roast

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.

2 lb. bag
#5353.....\$7.49



Tillamook

Medium Cheddar Shredded Cheese
GF 2.5 lb. bag
#1866....\$13.49

Keto Friendly



Fajita Blend

Onion strips, with red, green and yellow bell pepper strips.

GF 4 lb. bag
#2069.....\$7.99

Compare our price of \$2.00/lb. to Schwan's Fajita Vegetable Blend at \$5.49/lb. Save 64% with AP!



POSADA

Chimichangas

Meat and cheese in a lightly par-fried flour tortilla.
12 / 5 oz.

\$18.99

◆ #1873 Shredded Steak & Cheese

◆ #1874 Shredded Chicken



EL MONTEREY

Beef Tamales

Savory shredded and ground beef filling, chili peppers, and spices, wrapped in a traditional corn masa and natural corn husk then steam cooked. Frozen; microwave or steam to heat through.

36 ct./4.5 oz. tamales

#1657....\$39.99

Just \$1.06 per tamale

Lower cost than Costco!



POSADA

Shredded Beef Taquitos

Crisp corn tortillas filled with shredded beef; pre-fried.

Bake, microwave, or fry.

1.1 oz./48 ct. box

#8269....\$17.99



Southwestern SPICES



Ole Taco Seasoning

Big flavor and big savings over the grocery store.

1 lb. container

#1846....\$8.49

18



Lip Smackin' Chipotle Ranch

The perfect dip for taquitos or topper for taco salads.

8 oz. bag

#2589....\$7.99



Emma's Enchilada Seasoning

Just add tomato sauce and water for smooth, flavorful sauce.

1 lb. bag

#1016....\$5.99



America's #1 Frozen Burrito!



Butcher Wrapped Shredded Steak & Cheese Burritos
Savory shredded steak, cheddar cheese, mozzarella cheese, Monterey Jack cheese and Mexican spices in an oven-baked flour tortilla. Generously sized. Comes frozen. Bake, microwave, or deep fry. IW.
12 / 9.5 oz. burritos
#8848....\$23.99



XXL Bean & Cheese Burritos
Big flavor and big satisfaction! Beans, cheddar cheese and Mexican spices in an oven-baked flour tortilla. Comes frozen. Bake, microwave, or deep fry. IW.
12 / 9.5 oz. burritos
#8847... \$16.99



XXL Beef & Bean Burrito
Savory beef, beans and Mexican spices in a large oven-baked flour tortilla. IW.
12 / 9.5 oz. burritos
#8975....\$15.99

Don't miss our NEW Carne Asada and Pork Chile Verde Meats on page 5!



Tornados'
unique twist on flavor and texture make it an instant sensation. Dipped in flavorful batters and fried to golden perfection. Every bite of a Tornado is packed with flavor.

Tornados
24/3 oz. case....\$21.99

- ◆ #2928 Ranchero Beef Steak & Cheese
Our Ranchero red sauce, shredded steak and real cheese.
- ◆ #3953 Bacon, Egg & Cheese
Scrambled eggs, bacon, onions, tomatoes, chilies, and melted cheese.
- ◆ #2926 Sausage, Egg & Cheese
Breakfast basics with a kick of salsa.
- ◆ #3105 French Toast & Sausage
Maple sweetness and savory sausage.
24/3 oz. case....\$22.49



POSADA
Chorizo & Queso Blanco Mini Tacos
A spicy blend of Mexican pork chorizo, a rich three-cheese blend and onions stuffed inside a mini yellow corn taco.
4 lb. box
#6904.... \$25.99

Simplot
ROASTED FRUITS
Harvest Fresh Avocado Dices
Rich, buttery Hass avocados quick frozen for any use. No mess, no waste! Divide frozen dices into desired amounts in airtight bags. Thaw needed amount overnight under refrigeration and then use just as you would use fresh avocado.
2 lb. bag
#1645....\$15.99

Keto Friendly

Calavo
Fiesta Guacamole
Flavorful guacamole with medium kick from red and jalapeno peppers. Comes frozen. GF

{ 6/12 oz. tubs }
#9247....\$29.99

SMALLER PACK
Fiesta Guacamole
#1060 12 oz. tub...\$5.99



Baja Cafe
Burrito Variety Pack
15 Beef & Bean,
15 Bean & Cheese.
5 oz. / 30 ct.
#7368....\$23.49
78¢ each

Raspberry Cheesecake Bites
Sweet and creamy cheesecake paired with raspberry topping in an oven-baked and battered flour tortilla. 24 Bites per box. 24 Bites per box.
4 / 6 ct. bags / 2 oz. bites
#8850....\$19.99



Spanish Rice Seasoning
Zippy blend for restaurant-quality rice every time.
1 lb. bag
#2105....\$5.99

Baja Chili Lime Seasoning
The kick of chili peppers with the zing of lime; excellent on shrimp, chicken, beef, and fish.
1 lb. container
#7664....\$10.99

★★★★★
"The Baja Chili Lime seasoning is quickly becoming a new favorite at the Sessions house! Great, great flavor!"
Jennifer Sessions, Roosevelt, UT

Fabulous Fajita Seasoning
Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of chicken, beef, or pork.
1 lb. bag
#1017....Reg. \$8.99 | Sale \$6.99

SAVE \$200

MEATBALL SUBS

30 Rosina Italian Meatballs (#9142)
 10 Bridgford Steak House Rolls (#7968), baked
 3-4 cups Marinara or Spaghetti sauce
 Shredded Cheddar Jack Cheese (#1860)

Thaw and bake rolls as directed. Place meatballs and sauce into pot and simmer for 25 min. Slice and open rolls forming a pocket. Brush with a mixture of melted butter and garlic if desired. Place 3 meatballs in rolls and top with extra sauce. Sprinkle with cheese.
 Serve with a salad.

Quick tip: If you need the rolls to thaw and rise in about half the time use this trick. Preheat oven to 200. Place rolls on parchment lined pan. When oven reaches 200 degrees, turn it off. Cover your rolls and place in oven until risen. Bake according to package instructions.



Homestyle Meatballs

Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese. Approx. 52 1/2 oz. meatballs per bag.
 26 oz. bag
#8963....\$7.99

Italian Style Meatballs

Savory 1/2 oz. beef blend meatballs, fully-cooked. Oven-baked, not fried. No MSG added.
 52 oz. bag
#9142....\$13.49



★★★★★

"I love to make Meatball Subs with the Rosina Italian Meatballs and the Bridgford Steakhouse Rolls (#7968). These couldn't be easier and they are delicious!! Even picky eaters love them!" **Farah Murray, Gillette, WY**



Six-Cheese Jumbo Ravioli

Precooked; filled with Ricotta, imported Romano, Parmesan, Monterey Jack, mozzarella, and cheddar cheeses. Approx. 40 ravioli.
 2.65 lb. bag
#3493....\$14.49



Stuffed Rigatoni with Cheese

Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen.
 2.5 lb. bag
#1431....\$9.49



Large Round Beef Ravioli

No MSG. Serves 5.
 22 oz. bag
#8964....\$6.99



Tri Color Tortellini

Small pasta rings stuffed with a rich Ricotta cheese blend.
 5 lb. bag
#1815....\$21.99



Spinach & Mozzarella Ravioli

Cooks in 8 minutes. 36 svgs. Per bag. Includes 2 Parmesan & Herb packets
 3.5 lb. bag
#1911....\$16.99



Gluten-Free Pizza Crusts, 10"

Each crust is packaged with a foil pan for easy cooking and no cross contamination in your oven. **GF**
 12 crusts
#1092....\$24.49 | \$2.04 per crust



Pizza Dough Balls

Thaw and roll for crusts, calzones, and breadsticks. Frozen. Individually wrapped.
 6 ct. / 16 oz. balls
#1079....\$15.99



Find our Cauliflower Pizzas on page 30!



Cauliflower Pizza Crusts

Cauliflower is the first ingredient! Less than half the sugar of leading gluten-free pizzas, and packed with protein, fiber, and nutrients.

◆ #1546 2 / 10" crusts (12 oz. pack)
\$8.99 | \$4.50 per crust GF

◆ #1547 12/10" crusts (72 oz. pack)
\$35.99 | Just \$3.00 per crust! GF



REAL Kraft® Fresh Grated Parmesan Cheese

Save with our bulk bag compared to the green can. **GF**
 1 lb. bag
#1683....\$8.49



Margherita® Sliced Pepperoni

GF 3 lb.
 (14-18 slices per oz.)
#1596....\$17.99

Compare our price at 37¢ per oz. to Hormel Pepperoni at 70¢ per oz. Save 47%!



Aluminum Pizza Screen, 12"

Ensure a crispy, pizzeria-style crust with this sturdy pizza screen.
#1593....\$5.99



Restaurant-quality Asian favorites from home!

ASIAN | FROZEN



Golden Tiger

Southwest Chicken Egg Rolls

Filled with tender chicken, spinach, black beans, corn, red bell pepper, and pepper jack cheese.
18 / 3 oz. box
#1131....\$18.99

MINI

Vegetable Egg Rolls

Cabbage, bok choy, water chestnuts, carrots and celery
12/3 oz. box
#4078....\$11.49



Pork & Vegetable Egg Rolls

12/3 oz. box
#4082....\$11.99



Chicken Rice Bowl with Teriyaki Sauce

Grilled white meat chicken with broccoli, carrots, edamame, and red bell peppers on a bed of white rice with teriyaki sauce. Microwave.
6 / 12.5 oz. bowls
#1718....\$19.99 | Just \$3.33 per meal!



Orange Chicken

Lightly battered boneless chicken bites. Orange sauce packet included. Fully cooked; frozen. Oven bake or microwave
6 svgs. 24 oz. bag
#9213....\$9.49 | \$1.58 per svg.



Kikkoman Panko Bread Crumbs

Unseasoned.
2.5 lb. bag
#1193....\$5.99

Find our Sweet & Sour Sauce and Zesty Orange Sauce on page 46!



Japanese Yakisoba Noodles

Fully cooked, frozen; heat and serve.
5 lb. bag
#9176....\$9.49



Yang's

Mandarin Orange Chicken

Crispy, juicy chicken battered and glazed with Mandarin orange sauce. No MSG. Frozen.
22 oz. bag
#1376....\$7.99



Yang's

BBQ Teriyaki Chicken

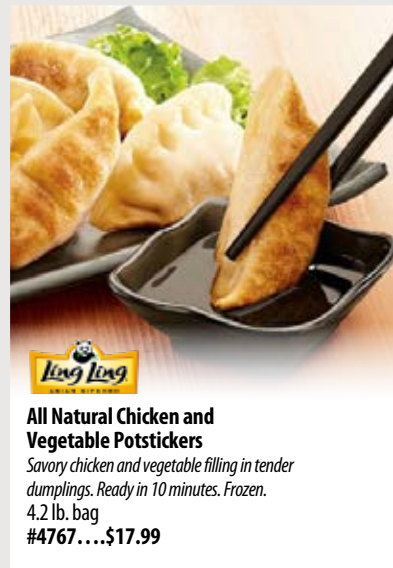
Marinated and barbecued chicken with an authentic teriyaki sauce. No MSG. Frozen.
21 oz. bag
#1377....\$7.99



AMOY

Crab Rangoon

Fully cooked Rangoon, stuffed with a delicious blend of cream cheese and crabmeat.
Deep fry or bake.
30 / 1 oz.
#6694... \$16.99



Long Long

All Natural Chicken and Vegetable Potstickers

Savory chicken and vegetable filling in tender dumplings. Ready in 10 minutes. Frozen.
4.2 lb. bag
#4767....\$17.99



Chicken Fried Rice

Heat on the stovetop or in the oven.
3 lb. bag
#1112... \$14.49

Vegetable Fried Rice

Simply heat and serve.
3 lb. bag
#6695....\$13.49



Asian Marinated Saute Ready Chicken Breast Pieces and Strips

100% All Natural Chicken; No Hormones or Steroids.
7 servings.
28 oz. bag
#1403....\$9.99



FLAV-R-PAC

Deluxe Stir Fry Vegetable Blend

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.
GF 2 lb. bag
#5309.....\$5.49





SAVE \$200

★★★★★
 "Cheddar Broccoli Cheese Soup (#1561) is so yummy and easy. We also love that we can add rice or chicken to it to change it up or make it even more hearty."
 Lori Harris, Orem, UT

Cheddar Broccoli Cheese Soup
 Broccoli florets in a buttery cream base with carrots, onions, seasonings and rich cheddar cheese. No MSG.
 GF 4 lb. (64 oz.) bag
 #1561...Reg. \$17.99 | Sale \$15.99



SAVE \$150

Captain's Corn Chowder Soup
 Sweet corn and hearty potato with onion, carrot and bacon in a creamy base. No MSG.
 GF 4 lb. (64 oz.) bag
 #1564....Reg. \$15.49 | Sale \$13.99



Soup Supreme

PREPARED, NOT PRE-COOKED!

Soup Supreme ingredients are cooked for the first time in your kitchen. All you have to do is add water.

Fresh, quick-frozen ingredients

From farm to bag in 4 hours

Ready to cook fresh at home!



Baked Potato Chowder with Bacon Soup
 Potatoes, savory bacon, chopped celery and bits of onion in a creamy base with cheese and sour cream. No MSG.
 4 lb. (64 oz.) bag
 #1974.... \$20.99



New England Extreme Clam Chowder Soup
 Authentic New England Clam Chowder made with an extreme amount of clam meat.
 8 svgs. heat and serve.
 GF 4 lb. bag
 #9167....\$15.99



Chicken & Dumplings Soup
 Our own special dumplings, celery, carrots, onions and tender chicken. No MSG.
 4 lb. (64 oz.) bag
 #1570....\$18.99



Tomato Basil w/ Raviolini Soup
 Pasta stuffed with cheeses in a base of full ripe tomatoes. No MSG.
 4 lb. (64 oz.) bag
 #1569...\$16.99



Maine Lobster Bisque Soup
 A perfect blend of minced sweet lobster meat simmered in rich cream and sherry.
 8 svgs. heat and serve.
 4 lb. bag
 #9166....\$14.99



Broccoli & Cheese Soup
 Chopped broccoli, shredded carrots and select seasonings simmered in a velvety smooth cheese sauce. Boil in bag.
 4 lb. bag
 #9245....\$13.99



French Onion Soup
 Delicious sweet onions simmered to perfection in a savory beef broth, accented with a touch of sherry wine to give this classic soup a unique twist.
 GF 4 lb. bag
 #1143....\$13.99



Cream of Potato Soup

Premium potatoes, onions, celery, carrots and a bit of bacon in a rich, creamy base. No MSG.

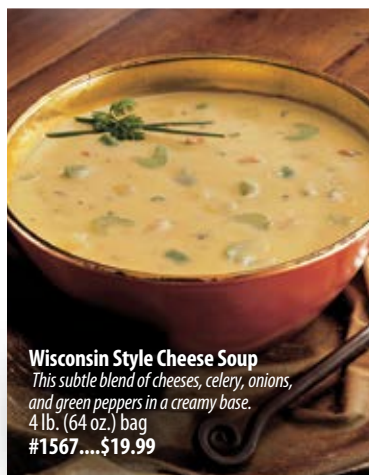
GF 4 lb. (64 oz.) bag
#1562....\$15.99



Creamy Tomato Basil Soup

Tomato, cream, parmesan cheese and garlic sprinkled with tomatoes and basil. No MSG.

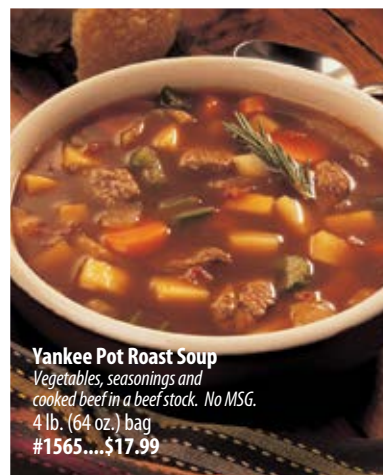
58 oz. bag
#1973....\$16.99



Wisconsin Style Cheese Soup

This subtle blend of cheeses, celery, onions, and green peppers in a creamy base.

4 lb. (64 oz.) bag
#1567....\$19.99



Yankee Pot Roast Soup

Vegetables, seasonings and cooked beef in a beef stock. No MSG.

4 lb. (64 oz.) bag
#1565....\$17.99



Homestyle Chicken Noodle Soup

Thick home-style noodles w/chicken. Very hearty. No MSG.

4 lb. (64 oz.) bag
#1568....\$15.99



Cheddar Cauliflower Soup

Cheddar cheese flows among tender florets of wholesome cauliflower in this delicious, thick soup. Colorful bits of carrot and green bean for a light crunch. **GF**

4 lb. (64 oz.) bag
#1571...\$17.99



Frozen Homestyle Egg Noodles

America's favorite brand! Thick and hearty.

3 lb. bag
#1407....\$11.49

Photo shows recipe suggestion.



Chicken with White & Wild Rice Soup

An elegant rice soup from a traditional recipe. No MSG.

4 lb. (64 oz.) bag
#1566....\$18.99



Back by popular demand!

Photo shows recipe suggestion.

Frozen Pot Pie Crust Dough

6 3/4" diameter dough rounds. Comes frozen; paper-lined so you can bake only what you need.

48 ct.
#1800....\$35.99

Chicken Pot Pie Filling

Vegetables, chicken and seasonings in a delicious chicken based broth. No MSG.

GF 48 oz., 80 oz. yield.
#1976....\$17.99



Sourdough Bread Bowls

Frozen. Thaw, warm, and serve.

24 ct. / 8 oz. bowls
#1508...\$17.99 | 75¢ each



Proof & Bake Soup Bowl Dough

Compared to our Sourdough bread bowls, these are slightly smaller, and have a French Bread flavor and texture.

Proof and bake.
45 / 6 oz.
#8573....Reg. \$27.99
Sale \$25.99

SAVE \$2.00



Asparagus Spears
Medium IQF Grade A, 5" spears.
GF 2.5 lb. bag
#3127.....\$16.99

ATP Bestseller
Keto Friendly



Riced Cauliflower
Unseasoned. Value sized bag.
GF 5 lb. bag
#2743..... Reg. \$14.49 | Sale \$12.99

Keto Friendly

★★★★★
"Loaded cauliflower might be our new favorite side dish! So yummy! Mix together Riced Cauliflower (#2743), sour cream, cheddar cheese (#1866), bacon (#4835), and green onions. I don't measure anything! We love to serve it with green beans (#3781) and pork filets (#5589)." **Jenell Stovall, Fredonia, AZ**

Colorful VEGETABLES

Frozen vegetables lock in flavor and nutrition better than fresh vegetables, and bring color to your meals!



Peas & Pearl Onions
GF 2.5 lb. bag
#6385.....\$5.49

Keto Friendly



Gourmet Whole Green Beans
GF 4 lb. bag
#3781.....\$7.99
Whole Green Beans, Bulk
GF 15 lb. case
#5352.....\$26.99

Keto Friendly



Cauliflower Florets
GF 2 lb. bag
#6383.....\$5.49

Keto Friendly



Green & Red Pepper Strips
3/8" random length pepper strips.
90% green strips and 10% red.
GF 2 lb. bag
#6386.....\$4.99

Keto Friendly



5-Way Mixed Vegetables
Blend of carrots, corn, peas, green beans and lima beans.
GF 2.5 lb. bag
#1493.....\$4.99



Broccoli Florets
GF 2 lb. bag
#8197.....\$4.99

Keto Friendly



Deluxe Stir Fry Vegetable Blend
Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.
GF 2 lb. bag
#5309.....\$5.49



Yellow Squash, Sliced
GF 2 lb. bag
#7860.....\$4.99

Keto Friendly



Whole Kernel Corn with Sauce
GF 2 lb. bag
#4664.....\$4.99



Flame Roasted Sweet Corn, Peppers & Onions
GF 2.5 lb. bag
#2742.....\$7.99



Pacific Blend
Blend of Sugar Snap™ peas, bias-cut yellow carrots, bias-cut carrots, and broccoli florets.
GF 4 lb. bag
#8640.....\$8.99

Keto Friendly

Super Sweet Whole Kernel Corn
Picked at the peak of freshness then flash frozen to lock in sweet flavor, color, and texture.
GF 2.5 lb. bag
#1090.....\$4.99



Super Sweet Cut Corn, Bulk IQF
GF 20 lb. case #5349.....\$29.99



Chopped Onions
GF 2 lb. bag
#5772.....\$3.99

Keto Friendly



Omelet Blend
Blend of diced red and green peppers & onions.
GF 2 lb. bag
#3216.....\$4.99

Keto Friendly



Winter Mix
A blend of 60% broccoli cuts and 40% cauliflower florets.
GF 2 lb. bag
#6388.....\$4.99



Normandy Blend
Blend of broccoli, cauliflower, sliced carrots, zucchini and yellow squash.
GF 4 lb. bag
#1266.....\$8.99



Corn Cobbetts
GF 2-12 ct. bags. / 24 ct.
#4655...\$8.99



Sunshine Carrots
Blend of sweet, bias-cut orange and yellow carrots.
GF 4 lb. bag
#5520.....\$6.99



Malibu Blend
Cut broccoli, cauliflower, and carrots.
Certified sustainable.
GF 4 lb. bag
#1346.....\$9.99



Capri Vegetables
Blend of julienne-cut carrot strips, bias-cut green beans, sliced yellow squash and zucchini.
GF 4 lb. bag
#8737.....\$7.49



Garden Blend
Blend of broccoli, cauliflower, green beans, carrots, zucchini, yellow squash, and red peppers.
GF 4 lb. bag
#3221....\$7.99



Simple Goodness Parisian Carrots
Imported from Belgium, Parisian carrots are small and round with incredibly sweet flavor.
GF 2.5 lb. bag
#1349....\$6.99



Chalet Garlic Butter Vegetables
Broccoli and cauliflower florets, with julienne orange and yellow carrots in a sauce of butter, roasted garlic, salt and pepper.
GF 2 lb. bag
#7791.....\$7.49



Baja Vegetable Roast
Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.
GF 2 lb. bag
#5353.....\$7.49



Petite Peas
GF 2.5 lb. bag
#6208....\$5.99

Green Peas, Bulk
GF 20 lb. case
#5351...\$32.99



Fajita Blend
Onion strips, with red, green and yellow bell pepper strips.
GF 4 lb. bag
#2069.....\$7.99



Brussels Sprouts
GF 2 lb. bag
#6381.....\$4.99



Roasted Vegetable & Pasta Blend
Delicious pasta and vegetable blend roasted with an herb and garlic seasoning.
2.5 lb. bag
#1297....\$7.99



If you liked our Flav-R-Pac Southwest Quinoa Blend that was discontinued, you'll love this new blend!

Exotic Grains & Fire Roasted Vegetable Blend
Red & brown rice, black beans, roasted sweet corn, red quinoa, tomato, peppers, onion, and amaranth, and southwestern seasoning.
GF 2.5 lb. bag
#1690....\$13.99 | Just .35 per oz.!



Good Grains Red Quinoa
5 g. protein. Freezer to plate in 6-8 minutes for grain bowls, salads, soups, etc. Unseasoned.
GF 2.5 lb. bag
#1691....\$10.49



QUINCY GOLD

Loose Shredded Hash Browns
GF 6/3 lb. bags, 18 lb. case
#2418....\$26.99 | \$4.50 per bag

SMALLER PACK
Loose Shredded Hash Browns
An AP bestseller for over a decade.
#2421 GF 3 lb. bag\$5.99

SAVE \$100



RITE STUFF FOODS
 Specialty Potato Products.

Three Cheese Twice Baked Potatoes
Creamy whipped potatoes in the half shell make an effortless side to any meal. Fully cooked.
 12 / 5 oz. pack
#1157....Reg. \$12.99
Sale \$11.99 | \$1.00 each



Gold Sweet Potato Straight-Cut Coated Fries
Coated Sweet Potato Fries, Grade A. Bake or fry.
 6/2.5 lb. bags,
 15 lb. case
#4979....\$34.99

SMALLER PACK
Gold Sweet Potato Straight-Cut Coated Fries
 2.5 lb. bag
#1211....\$7.49



Golden Crinkles French Fries
Grade A, crinkle-cut potatoes. 0 Trans Fat. Value size bag.
GF 8 lb. bag
#1120....\$11.49

Back by popular demand!

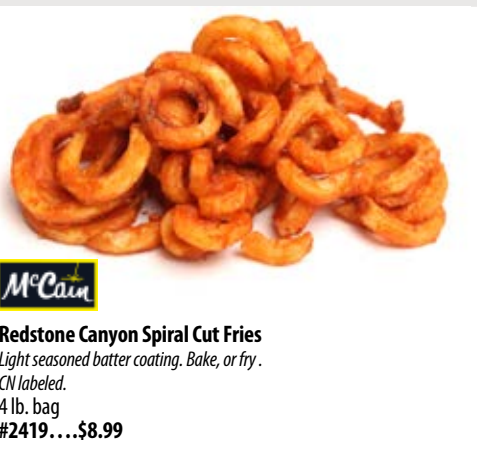


Gourmet Fry Sauce
A rich, creamy recipe of ketchup, mayo, and a special blend of spices make this the BFF of French Fries.
 17.5 oz.
#7255.....\$4.99



3/8" Regular Cut French Fries
Traditional, regular-cut French fries. Fry or bake.
GF 6/5 lb. bags
#2412....\$27.99

SMALLER PACK
3/8" Regular Cut French Fries
#1213 GF 5 lb. bag....\$5.99



Redstone Canyon Spiral Cut Fries
Light seasoned batter coating. Bake, or fry.
CN labeled.
 4 lb. bag
#2419....\$8.99



Cross-Trax® Waffle Fries
Skin-on, ready to cook criss-cut potatoes. Frozen. Bake or fry.
 2.5 lb. bag
2416....\$10.99



Smiles® Shaped Potatoes
Fun, smiley-faced battered mashed potatoes. Bake or fry. CN label.
 4 lb. bag
#2417....\$10.99



Cracked Black Pepper Fries with Sea Salt & Garlic Seasoned French Fries
Skin-on, bake and fry.
 3/8"/5 lb. bag
#1299....\$11.99



Quincy Gold Taters Frozen Potatoes (Case)
GF 6/5 lb. case (30 lb.)
#3476....\$39.99



Tater Tots
Bake or fry. CN label.
GF 8 lb. bag
#2425....\$11.99



DEEP DISH PIEROGY POT PIE

12 Mrs. T's Potato & Cheese Pierogies (#5621)
 1 refrigerated premade pie crust
 1 1/4 cups 5-Way Mixed Vegetables (#1493)
 3/4 lb. Pierce Diced Chicken Breast Pieces (#7787)
 1 (12 oz.) jar chicken gravy

Preheat oven to 400°F. Spray a deep pie dish or casserole dish with Vegalene (#1212) cooking spray. Line pie dish with pie crust; crimp edge. Thaw pierogies in hot tap water for 6 to 8 minutes. Arrange 6 pierogies in the bottom of pastry-lined pie dish in a pinwheel style. Place frozen mixed vegetables evenly over bottom layer of pierogies; arrange chicken over the vegetables. Spoon chicken gravy evenly over the chicken and vegetables. Top pie with remaining 6 pierogies, placed flat in a pinwheel style. Then spray top layer of pierogies with nonstick cooking spray or brush with melted butter. Bake, uncovered, on the top shelf of oven for 30 to 35 minutes. Let stand for 10 minutes before serving.



◆ Potato & Cheddar Cheese Pierogies

Tender pasta dumplings filled with a creamy blend of mashed potatoes and Cheddar cheese. Boil, pan fry, oven bake, deep fry or steam.

6 lb. bag
 #5621....\$17.99

◆ Loaded Baked Potato Pierogies

Sharp cheddar cheese, sour cream and chives, whipped potatoes seasoned with bacon Frozen.

6 lb. bag
 #4991....\$19.99

Compare to Schwan's Pierogies at \$4.00 per lb., and save \$1.00 per lb.!



Roasted Garlic Mashed Redskin Potatoes

Creamy "skin-in" redskin homestyle mashed potatoes blended with real roasted garlic. Frozen. GF

{ 3/4 lb. bags (12 lb.) }
 #7944....\$27.99



Roasted Redskins with Rosemary Seasoning

Red potatoes lightly seasoned a blend of rosemary, garlic, and onion flavors.

GF 2.5 lb. bag
 #2068....\$5.99



Diced Redskin Potatoes

1/2" cubes.
 GF 5 lb. bag
 #8569....\$7.99



Roasted Mini Baby Bakers

Mini 1-2" baby baker potatoes, Frozen. Bake, microwave or fry.

GF 2.5 lb. bag
 #2423....\$8.49



Piccadilly Old English Style Fries

Authentic batter-dipped English-style fries. Bake or deep fry.

5 lb. bag
 #6761....\$10.99



Sweet Potato Casserole with Praline Topping

Mashed sweet potatoes, brown sugar and spices. Heat and serve.

5 lb. tray
 #3855....\$13.99



Golden Hash Brown Patties

Approx. 120 patties
 GF 6/2.8 lb. bags
 #2429....\$29.99



SMALLER PACK Golden Hash Brown Patties

Bake or fry. 2.25 oz. patties.
 Approx. 20 patties.
 GF 2.8 lb. bag
 #2427....\$6.49



Country Style Cuts

Cut straight from the heart of the sweet potato.

GF 5 lb. bag
 #5968....\$9.49

BLACKBERRY PEACH CRISP

- 2 1/4 cups frozen peach slices (#7841)
- 3 cups frozen blackberries (#1221)
- 1/2 cup granulated sugar (#1632)
- 5 Tbsp cornstarch (#2849)
- 6 Tbsp unsalted butter, cold
- 1/2 cup brown sugar (#1150)
- 1/2 cup old-fashioned oats (#1068)
- 1/2 cup all-purpose flour (#2285)
- 1 tsp cinnamon (#1005)
- pinch of salt, optional (#1146)

Preheat oven to 350 degrees F. Spray a 13x9-inch glass baking dish with Vegalene (#1212); set aside. In a large bowl, add the peaches, blackberries, 1/2 cup granulated sugar, and cornstarch. Toss gently to combine. Pour fruit into the prepared baking dish and sprinkle any extra sugar/cornstarch mixture in the bowl over the top. In a separate large bowl, add the butter, brown sugar, oats, flour, cinnamon, and optional salt. Using a pastry blender, cut the butter into the dry ingredients until small pea-sized clumps form. Sprinkle the crumble mixture over the fruit and bake for 45-48 minutes or until the fruit filling is bubbling around the edges and center and the crisp on top has browned. Serve warm with vanilla ice cream if desired.



Mixed Berries, Whole
Strawberries, red raspberries, blackberries, and blueberries.
GF 5 lb. bag
#1223....\$15.99



Wildly Nutritious Mixed Fruit Blend
Blend of strawberries, pineapple, mango, and peaches. No sugar added.
GF 5 lb. bag
#2032....\$15.99



Peach Slices
Uniform, blemish-free, Grade A IQF peaches.
GF 5 lb. bag
#7841....\$14.99



Sunrise Fruit Medley
Peaches, Strawberries, Honeydew, Pineapple and Blueberries.
GF 5 lb. bag
#4985....\$14.99



Pineapple Chunks
GF 5 lb. bag
#8277.....\$13.99



Raspberry Crumbles
100% raspberry pieces minimize crushing for deliciously fruity jams and baked goods.
GF 2.5 lb. bag
#2830....\$6.99

Raspberry Crumbles
GF 10 lb. case (4/2.5 lb. bags)
#2831....\$23.99





Chef-Ready Diced Strawberries
 Premium-quality sweet strawberries, perfect for fruit salsas, drinks, and jams.
 2/5 lb. bags
 #2832....\$27.99

SAVE \$2.00



Blackberries, Whole
 Picked fresh at sweet-tart perfection!
 GF 5 lb. bag
 #1221....Reg. \$14.99
 Sale \$12.99



SAVE \$2.00



Red Raspberries, Whole
 GF 5 lb. bag
 #1219....Reg. \$17.99
 Sale \$15.99



Wild Blueberries
 Leading antioxidant superfruit!
 Smaller berries.
 GF 5 lb. bag
 #1218....\$14.99



Cherry Berry & Kale
 Strawberries, blueberries, and cherries with kale.
 GF 3 lb. bag
 #1216...\$11.49

Whole Strawberries
 Juicy strawberries for smoothies, pies, and jams.
 ♦ #1214
 GF 3 lb. bag...\$8.99
 ♦ #1222
 GF 10 lb. case...\$25.99
 Compare our price of \$2.60/lb. to Schwan's cost of \$4.33/lb. and save 40% with AP!



Banana Berry with Wild Blueberry
 Three of your favorite fruits frozen fresh, and loaded with antioxidants and healthy fiber. Great for smoothies, or topping oatmeal!
 3 lb. bag
 #1224....\$10.49



Cherry Berry Plum with Cacao Nibs
 Frozen cherries, wild blueberries, plums and cacao nibs.
 GF 3 lb. bag
 #1053....\$11.99

Mango Berry & Wild Blueberry Blend
 Mangoes, strawberries, and wild blueberries.
 GF 3 lb. bag
 #9221....\$10.99



Dark Sweet and Red Tart Cherries
 GF 2 lb. bag
 #1217....\$9.49



Mango Chunks
 Sweet chunks, perfect for colorful fruit salsas.
 GF 3 lb. bag
 #2655...\$8.99



Blueberries
 GF 5 lb. bag
 #2030....\$21.99



Sliced Bananas
 GF 5 lb. bag
 #2835....\$12.99



Melon Berry Pineapple & Cucumber
 Frozen pineapple chunks, honeydew, wild blueberries and cucumber slices.
 GF 3 lb. bag
 #1052....\$11.99

Tropical Berry & Coconut Blend
 Vibrant, juicy mango and pineapple chunks, strawberries, and coconut chunks. Delicious in smoothies!
 GF 3 lb. bag
 #2658....\$10.49



Triple Berry Blend
 Sweet, colorful blend of blueberries, raspberries, and blackberries.
 GF 3 lb. bag
 #1215....\$11.99



CAULIPOWER

10" Cauliflower Crust Pizzas

CAULIPOWER is the #1 better-for-you pizza, #1 cauliflower crust pizza, #1 gluten-free pizza, and fastest growing pizza brand in the U.S. Mouthwatering ingredients on our zesty signature sauce. Naturally gluten-free.

GF 4/11.6 oz. pizzas

Reg. \$31.99

Sale \$27.99 | \$7.00 per pizza

#1711 Margherita

Freshly diced vine-ripened tomatoes atop a generous helping of mozzarella cheese, extra virgin olive oil, garlic and spices.

#1712 Three Cheese

Blend of mozzarella, white cheddar and parmesan atop our signature sauce.



SAVE \$4.00



◆ Stuffed Cheese Bread Sticks

Fluffy mozzarella-cheese-filled breadsticks. 36/7" sticks.

#5620....\$23.99

◆ Stuffed Cheese Bread Sticks

Convenient, individually-wrapped sticks pre-sprinkled with Parmesan and garlic. Bake or microwave in bag. 24/7" sticks.

#7771....\$19.99



Deep Dish Cheese Pizzas

Pizzeria quality! Premium pizza sauce and 100% Real Mozzarella cheese.

12 ct./7" pizzas

#5666....Reg. \$24.99 | Sale \$22.99

SAVE \$2.00



Rip N Dip Pepperoni Stuffed Pizza Ring

Freshly sliced pepperoni and naturally blended cheeses wrapped in fluffy pizza dough. Includes Marinara Sauce dipping cups.

12/8.5 oz. #7277...\$31.99



Stuffed Pizza Sticks

Bread sticks loaded with real mozzarella cheese, tangy tomato sauce and pieces of pepperoni.

32/4" sticks

#5795....\$14.99



Hickory Ham & Cheddar

Real cheddar cheese and premium ham in a crispy buttery crust. 1W.

4.5 oz. / 17 ct.

#1283....\$18.99 | \$1.12 each!



Pepperoni Pizza

Pepperoni pizza filling wrapped in a garlic buttery seasoned crust for a handheld lunch.

4.5 oz. / 17 ct.

#1282....\$18.99 | \$1.12 each!



Pepperoni Pizza

5" 1W, 12/6 oz. case

#6250....\$26.99

Meat Trio Pizza

Sausage, pepperoni and ham.

5" 1W, 12/5.44 oz. case

#6249....\$26.99



Marie Callender's

Chicken Pot Pies

We create each pot pie from scratch. Filled with juicy meat, tender vegetables, and our signature golden, flaky crust.

8 pies/10 oz.

#2393....\$15.99

Compare our cost of just \$2.00 each to \$2.89 each at the grocery store and save 31% with AP!



Macaroni & Cheese Frozen Pouches

Microwave, or heat pouch in boiling water, then slice open and serve.

36/7 oz. pouches

#7881....\$44.99



Stock up on game day munchies!



Soft Baked Pretzels
Traditional chewy recipe!
20 ct. box
#1472....\$12.99



NEW! Pretzilla Bites Soft Pretzels
Light and airy, 1 1/2" soft pretzel bites with just a touch of sweetness. Unsalted. Delicious with savory or sweet dips and toppings. Approx. 96 bites.
2 lb. bag
#1748...\$15.99

❄️ APPETIZERS | FROZEN ❄️



Cream Cheese Breaded Stuffed Jalapenos
Mild jalapeno peppers stuffed with cream cheese and breaded to perfection.
2 lb. bag
#1272....\$13.99



Battered Spicy Jalapeno & Cheddar Corn Nuggets
Fire-roasted corn, jalapenos and red peppers in a cheddar cheese blend coated in crispy cornmeal batter.
3 lb. bag
#2065....\$14.99



Battered Mac & Cheese Wedges
Creamy Cheddar cheese mixed with stick macaroni in a crispy Cheddar batter.
3 lb. bag
#1271....\$18.99



"Cheddar Pints" Battered Cheese Curds
Real Wisconsin white cheddar cheese curds battered in Brew City's one-of-a-kind crispy beer batter.
3 lb. bag
#1273....\$20.99



Breaded Pickle Chips
Sliced pickles coated in breading with a hint of spice.
2.5 lb. bag
#1275....\$13.99



Crispy Battered Green Beans
Bake or fry.
2 lb. bag
#1300....\$9.49



Corn Nuggets
These sweet corn kernels coated in crispy batter are the perfect bite-sized snack.
2 lb. bag
#1274....\$7.99



Butter Breaded Mushrooms
Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch.
2.5 lb. bag
#1276...\$11.49



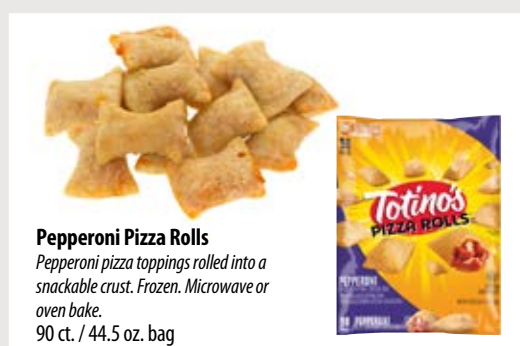
Beer Battered Zucchini Slices
Fresh crinkle cut zucchini slices coated in our crispy butter-golden batter.
3 lb. bag
#1072....\$12.99



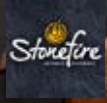
McCain Bakeable Breaded Mozzarella Sticks
Natural, aged mozzarella in a home style breading accented with Italian spices.
3 lb. bag
#1270....\$21.49



Beer Battered King Onion Rings
Jumbo slices of sweet onion covered in premium beer batter.
2.5 lb. bag
#1269....\$11.99



Pepperoni Pizza Rolls
Pepperoni pizza toppings rolled into a snackable crust. Frozen. Microwave or oven bake.
90 ct. / 44.5 oz. bag
#2430....\$11.99



Mini Naan Bread

Hand-stretched flatbread made with buttermilk and ghee (clarified butter). Save with our bulk case, and use for personal pizzas, tacos, dipping in hummus or oil blends, etc.. Comes frozen.
64 ct. Case
#1686....Reg. \$32.99 | Sale \$30.99



SAVE \$2.00

MINI NAAN FOLDED TACOS

Stonefire Mini Naan (#1686)
1 cup cooked shredded chicken (#5513) in BBQ sauce
½ cup corn and tomato salsa
½ an avocado diced (#1645)
1 cup shredded lettuce
¼ cup sliced green onions
Sour cream
½ cup Cheddar Jack Shredded Cheese (#1860)
Extra BBQ sauce to drizzle

Preheat oven to 400°F or warm Naan in a toaster on Medium setting. Place heated Mini Naan on a plate, bubble side down. Top with BBQ chicken, shredded cheese and the remaining ingredients, drizzle with BBQ sauce if desired. Serve warm and folded into a taco.



Bridgford

Sweet Yeast Steak House Rolls

Sweet, airy rolls just like the ones served at your favorite restaurant. Proof, bake and serve.
150/2.4 oz. rolls
#7968.....\$37.99
25¢ each



Bridgford

Buttermilk Biscuits
Fluffy, home style biscuits. Microwave to heat.

{ 72/2.25 oz. IW }
#5646....\$23.99

SMALLER PACK
Buttermilk Biscuits
#1321 18/2.25 oz. IW....\$7.49



Beehive Dinner Roll Dough

Generous dough portions come frozen. Thaw, proof and bake for rolls with homemade look and flavor.
96/2.5 oz. pucks / 15 lb. Case
#8925.....\$37.99



Ciabatta Variety Pack

1 doz. 4" x 4" Olive Oil, 1/2 doz. Savory Herb, 1/2 doz. Whole Grain.
24 ct./3.5 oz.
#5898.....\$18.99



Round Ciabatta Rolls

24 ct./4" bun
#1051....\$12.99



Tuscan Mini Dinner Loaves

Par-baked. Heat for 3-5 min. for a crisp crust.
24 / 4 oz.
#8196.....\$14.99



Cinnamon Raisin Bread

2 / 1 lb. loaves
#1671....\$8.99



French Sourdough Baguettes

Similar to our Tuscan Mini Dinner loaves but about twice as long and crafted from a deliciously sour dough.
8/12" Par-Baked Loaves
#8977....\$10.99



Bridgford

Parkerhouse Frozen Roll Dough

Easy dinner rolls, and a Monkey Bread staple!

{ 240/1 oz. }
#5965....\$27.99

SMALLER PACK
Parkerhouse Frozen Roll Dough
#1136 60 ct. bag....\$7.99



Jif Family Size Creamy Peanut Butter
GF 4 lb. can
#2913....\$11.99



Nutella Spread
Velvety hazelnut spread.
GF 26.5 oz. jar
#7338....\$8.99



Bread Loaves
Soft, fluffy loaves, perfect for sandwiches or toast.
6 Month frozen;
7-10 day thawed shelf-life.



Cottage Wheat Bread
case of 6/24 oz. loaves
#1345....\$12.49 | \$2.08 per loaf

Cottage White Bread
case of 6/24 oz. loaves
#1336....\$11.49 | \$1.92 per loaf

Fancy Jam

Made in small batches with premium ingredients.

GF 15 oz. jar \$5.49

- ◆ #8930 Harvest Peach Cobbler
- ◆ #3003 Red Raspberry
- ◆ #3005 Strawberry Rhubarb
- ◆ #3000 Bodacious Berry



PB Jamwich

Soft, crustless peanut butter and jelly sandwiches made with white bread. Individually wrapped.
24/2.8 oz....\$23.99

◆#1680 Peanut Butter & Grape Jelly

◆#1681 Peanut Butter and Strawberry Jam



NEW! Folios Parmesan Cheese Wraps

Lightly baked sheets of cheese. Recipe ready to crisp, wrap, roll or melt for carb-free, high-protein meals. Crisp it in the microwave to form bowls, chips, or to crumble over soups and salads. Made from part-skim all natural cheese.
10/1.5 oz.
#1719....\$13.99



★★★★★
"These are amazing! I made them into bowls for chicken salad the other night. Tonight, I made taco shells with them. They are delicious!"
Krysti Dycus,
Clearmont, WY



Cheeseheads String Cheese

Stringy mozzarella cheese sticks. 80 calories; 6 grams of protein.

GF 1 oz. / 60 ct.
#4972...\$15.99
Just 27¢ each!

Compare our price of just 27¢/stick to 39¢/stick at local grocery stores!



Hard Salami Slices

Smoked, robust flavor from a seasoned blend of pork and beef, cured and slow-aged to provide authentic taste. Perfect for sandwiches, platters, or high-protein snacking.

GF 2 lb. bag
#1688...\$12.99



Tillamook Tillamoos Cheese Snack Portions

Creamy cheddar portions made with just 4 ingredients, naturally aged for over 60 days. IW.

GF 50 ct. / .75 oz. portions
\$20.49

◆#5035 Medium Cheddar

◆#5036 Smoked Black Pepper in White Cheddar

Creamy White Cheddar peppered with real hickory-smoked cracked black peppercorns.



Wisconsin Pepper Jack Cheese Sticks

Individually wrapped sticks of Monterey Jack cheese with jalapeño peppers.

GF 1 oz. sticks 24 ct. Box
#3671....\$10.49
Just 44¢ each!



Colby Jack Cheese Slices

Creamy real California cheese.

GF 30 slices/1.5 lb.
#1858....\$6.99 | 23¢ per slice



Mild Cheddar Cheese Slices

Creamy real California cheese.

GF 30 slices/.1.5 lb.
#1859....\$6.49 | 22¢ per slice



American Cheese Slices

Creamy American cheese slices for burgers and grilled cheese.

GF 120 Slices / 5 lb.
#1867....\$16.99



Shelf-Stable Dairy Products

NEW! U.H.T. (Ultra High Temperature) Shelf-Stable Milk

Real, delicious Grade A milk that has all the vitamins and nutrition of conventional pasteurized milk and is ready to use. Stays fresh without refrigeration until the sealed package is opened (approx. 12 months). No preservatives added.
27/8 oz. cartons

\$15.99 | Just .59 each!

- 
#1707
 2% Chocolate Milk
- 
#1708
 2% Strawberry Milk
- 
#1709
 2% Root Beer Milk
- 
1710
 2% White Milk

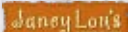
NEW SIZE! Shelf-Stable U.H.T. Whipping Cream

Keep rich whipping cream on hand for whenever you need it! Store in pantry and chill 8 hours (40 degrees F) before whipping. Approx. 12 month shelf life.

12 / 32 oz. Cartons (Qt.) Case
#1759....\$46.99
Just \$3.92 per quart!



Sweet INDULGENCES



Cinnamon Rolls
Frozen proof-and-bake cinnamon roll dough with homemade flavor. Frozen.
60 / 4 oz. rolls
#9134....\$38.99



Alison's Pantry
Cream Cheese Icing
Comes frozen.
GF 3 lb. tub
#8388....\$13.99

SAVE \$200



Yeast Raised Donut Rings
Donuts are frozen. Thaw, proof, and fry in oil.
100/2 oz. rings
#7151.... Reg. \$28.99 | Sale \$26.99

★★★★★
"These donuts are easy and delicious! I just thaw and let them rise, then fry in my cast iron pan. They are easy and less costly than buying glazed donuts from the bakery."
Jessica Turbville, Harrison, NE



Graham Tart Shells, 3"
Ready to eat mini graham crusts.
18 ct.
#1422....\$7.99 | Just 44¢ each



Uncle Denny's Caramel Topping
Thick, creamy gourmet caramel topping made with real butter. Use as a dip or stir into popcorn for easy Caramel Corn.
GF 15 oz. jar
#7894....\$6.49



Vanilla Scone Dough
Sweet, pre-cut scone dough. Just thaw, let rise, press and fry. 90 days frozen shelf life.
72/1.5 oz.
#7544....\$20.99



Strawberry/Cream Cheese 'Strudel Bites' Pre-Sugared
Thaw and bake.
252/.8 oz.
#2106....\$36.99



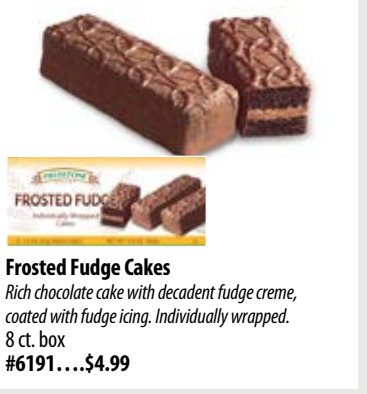
Fruit Turnovers
Flaky pastry wrapped around premium fruit fillings. Thaw & bake pre-proofed product. 60/4 oz.
◆ Cherry #1889....\$40.99 Just 68¢ each
◆ Apple #1199....\$32.99 Just 55¢ each
◆ Blueberry #1890....\$41.99 Just 70¢ each



Nutty Buddy Wafer Bars
Layers of real peanut butter with light, crisp wafers are covered in a delicious fudge coating. Individually wrapped.
24 ct. box.
#6190....\$5.99 | Just 25¢ each



Frosted Fudge Cakes
Rich chocolate cake with decadent fudge creme, coated with fudge icing. Individually wrapped.
8 ct. box
#6191....\$4.99



Oatmeal Cookies with Crème
Two oatmeal cookies are sandwiched together with vanilla crème filling.
24 ct. box
#7036.....\$4.99 Just 21¢ each



FREE OFFER
Purchase \$15 in Fieldstone products and qualify to receive a free 24 ct. box of Nutty Buddy Wafers. Use Code #1425.

NEW! Cosmo Blast Brownies
Dark, chewy generously-sized brownies topped with fudge icing and colorful candy coated chocolate pieces.
6/4 oz. brownies
#1768....\$4.99



NEW! Frosted Mini Donuts
Six mini cake donuts with fudge icing per pkg. (72 mini donuts)
12 pkgs.
#1769....\$8.99 | .75 per pkg.





SAVE \$1.00

Delizza
Belgian Custard Mini Eclairs
 Chocolate Topped Belgian mini eclairs filled with a rich Bavarian custard cream. Frozen; thaw & serve.
 24.6 oz. tub / 50 ct.
 #1351....Reg. \$13.49
Sale \$12.49 | Just 25¢ per éclair
 Photo shows serving suggestion with white icing added.



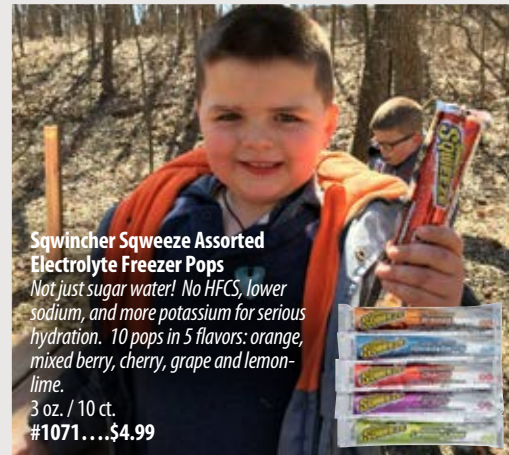
Delizza
Belgian Mini Cream Puffs
 Frozen; thaw & serve.
 3 lb. 5oz. tub / 120 ct.
 #1350....\$14.99
 Photo shows serving suggestion with embellishments added.



Delizza
Tuxedo Dessert Assortment
 Decadent assortment of mini eclairs, hazelnut cream puffs, mini chocolate rolls, and mini strawberry rolls. 52 mini pastries. Thaw & serve.
 1.76 lb. box
 #1673....\$21.99



Nestlé
Nestlé Toll House Chocolate Chip Cookie Dough
 Ready-to-bake dough. Ships frozen.
 Yield: Approx. 81 cookies.
 5 lb. tub
 #3677....\$12.99



Squincher Squeeze Assorted Electrolyte Freezer Pops
 Not just sugar water! No HFCS, lower sodium, and more potassium for serious hydration. 10 pops in 5 flavors: orange, mixed berry, cherry, grape and lemon-lime.
 3 oz. / 10 ct.
 #1071....\$4.99



Frozen Pie Slices
 Delectable slices of pie crafted from your favorite cookies and candies. Individually packaged.
 24/2.5-2.6 oz. slices
\$35.99 | Just \$1.50 per slice!
 ♦ #1674....Hershey's Chocolate Crème Pie
 ♦ #1675....OREO Cookie Crème Pie
 ♦ #1676....Reese's Peanut Butter Cup Pie



Magnum Almond Ice Cream Bar
 Vanilla bean ice cream dipped in Belgian milk chocolate and chopped almonds.
 GF 12 ct., 3.3 oz
 #1586....\$24.99 | Just \$2.08 each!



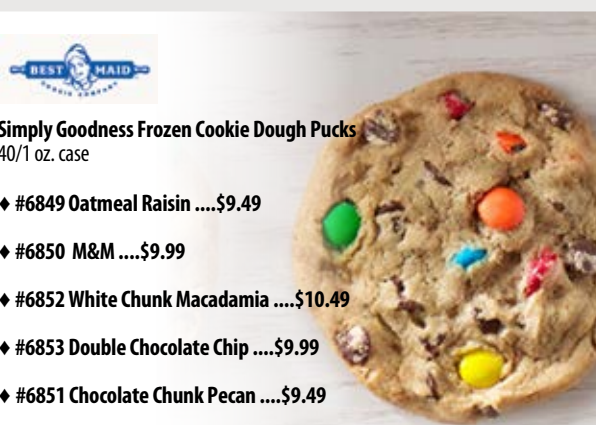
Klondike Choco Taco
 Vanilla ice cream with fudgy swirls wrapped in a crunchy sugar cone taco, then drenched in a thick, chocolatey coating and sprinkled with chopped peanuts.
 24 ct.
 #1589....\$34.99 | Just \$1.46 each!



Good Humor Chocolate Chip Cookie Sandwich
 Creamy vanilla ice cream between two delicious chocolate chip cookies, made with real chocolate chips!
 24 ct.
 #1588....\$29.99 | Just \$1.25 each



Kemp's Vanilla Ice Cream Cup
 Classic rich and creamy vanilla ice cream in convenient, single-serve cups.
 GF 24 ct., 4 oz cups
 #1587....\$15.99 | Just .67 per cup.



Simply Goodness Frozen Cookie Dough Pucks
 40/1 oz. case
 ♦ #6849 Oatmeal Raisin\$9.49
 ♦ #6850 M&M\$9.99
 ♦ #6852 White Chunk Macadamia\$10.49
 ♦ #6853 Double Chocolate Chip\$9.99
 ♦ #6851 Chocolate Chunk Pecan\$9.49
 ♦ #6854 Peanut Butter Cup ...\$10.49



Peanut Butter Crispy Bars
 Thaw-n-Serve. Not Pre-Cut. 4-1/4 sheet pans.
 Yields 16-2 x 2 bars per sheet, or 64 bars.
 #6917....\$34.99



Gluten Free 4" Sugar Cookies
 The best GF cookies we've ever tasted! Their special recipe has homemade flavor and texture. Individually wrapped. Ships frozen.
 GF 4"/ 12 ct. box
 #1481....\$18.99

Spices for every meal

MENU ESSENTIALS

Saigon Cinnamon, Ground

Saigon cinnamon has a high concentration of oil which yields its strong aroma and intense sweet taste. It's why it's considered to be the best cinnamon in the world!

GF 1 lb. bag
#3626...Reg. \$11.99 | Sale \$8.99

★★★★★

"I love using Saigon Cinnamon (#3626) in my baking! If you've ever purchased this kind of cinnamon anywhere else, you know that the AP price simply can't be beat!"

Monica Murdock, Riverton, UT

Compare our cost of just .71 per oz. to the grocery store price of \$5.86 per oz. Save a whopping 88% with AP fresh bulk spices!



SAVE \$150

Chili Seasoning

This spicy blend of seasonings yields just the right amount of kick for robust chili in a snap.

1 lb. bag
#1015...Reg. \$6.99 | Sale \$5.49

★★★★★

"This good chili seasoning is not just for seasoning up your chili! Add 1 cup frozen corn and 1-2 teaspoons AP Chili Seasoning Mix (#1015) to a batch of Krusteaz Cornbread Mix (#2130). Bake as directed. Sprinkle with shredded cheddar cheese while hot.

Yummy!

Kathy Deleeuw, Salem, UT



SAVE \$250

Table Grind Black Pepper

Table black pepper brings a robust flavor to your soups, appetizers, sides, and entrees, and ours is the freshest you'll find!

GF 1 lb. bag
#1029...Reg. \$15.49 | Sale \$12.99

Tuscan Herb Blend

This savory blend of roasted garlic, sea salt, and bell peppers has a buttery undertone and a hint of citrus. Use it as a rub, or in recipes.

1 lb. bag
#3628...Reg. \$9.99
Sale \$7.99



SAVE \$200

Applewood Seasoning Rub	#5990	\$7.99
Basil, Imported, Cut/sifted GF	#1443	\$7.49
Bay Leaves, ½ lb. GF	#1753	\$12.99
Celery, Diced, ½ lb. GF	#3232	\$7.99
Celery Salt GF	#1427	\$4.99
Chili Powder, Mild GF	#1014	\$8.49
Cumin, Ground GF	#1442	\$8.99
Garlic and Herb Seasoning GF	#5408	\$7.99
Garlic Granules GF	#1948	\$12.99
Garlic, Minced GF	#1020	\$12.99
Garlic Pepper GF	#1018	\$13.99
Garlic Powder GF	#1021	\$12.99
Garlic Salt, Classic GF	#1019	\$4.99
Garlic Supreme GF	#2592	\$10.99 Sale \$8.99
Mustard Seed Powder GF	#1428	\$6.49
Onion, Chopped GF	#1026	\$7.99

Onion Salt, Classic Blend GF	#1024	\$4.99
Onion Powder GF	#1027	\$7.49
Oregano, Mediterranean GF	#1445	\$12.99
Paprika, Mild GF	#1697	\$8.99
Parsley Flakes, ½ lb. GF	#1426	\$7.99
Pepper, Black, Table Grind GF	#1029	\$15.49 Sale \$12.99
Pepper, Black, Coarse Grind GF	#1028	\$15.99
Peppercorns, Whole, Black GF	#1030	\$15.49
Seasoning Salt GF	#1033	\$4.99
Smoky Maple Herb Seasoning GF	#4576	\$6.99
Thyme, Cut & sifted, ½ lb. GF	#1444	\$6.49
Turmeric, Ground GF	#1832	\$7.99
Ultimate Onion Blend GF	#4575	\$6.99 Sale \$4.99



Sea Salt

Healthy alternative to more-refined table salt.

GF 16 oz. container...\$4.49

- ♦ #1146 Fine
- ♦ #1147 Coarse



Pure Powdered Vanilla

Contains no alcohol, so none of the beautiful flavor bakes out.

GF 4 oz. jar

#8626...\$16.99

Pure Powdered Vanilla 3-Pack

GF 3-4 oz. jars

#8627... \$44.99 | \$15.00 each



SAVE \$200

Garlic Supreme

Our blend of garlic, onion, parsley and chives is a customer favorite. Sprinkle it in soups or on vegetables, or use it as a rub on meats. It's also a flavorful topping on breads. Combine Parmesan Cheese and Garlic Supreme to top homemade dinner rolls.

GF 1 lb. bag

#2592...Reg. \$10.99 | Sale \$8.99



SPICES IN CONTAINERS

The following spices come packaged in **tall, clear plastic containers** that fit beautifully on your shelf! Saves the extra step of transferring your bagged spices into your own containers.

Cinnamon Vanilla French Toast Sugar GF 28 oz. container	#3894	\$10.99
Garlic Supreme GF 1 lb. container	#6112	\$12.99
Montreal Steak Seasoning GF 1½ lb. container	#4227	\$11.99
Olé Taco Seasoning 1 lb. container	#1846	\$8.49

Onion, Chopped GF 12 oz. container	#1847	\$9.49
Onion Soup & Dip GF 1½ lb. container	#1845	\$12.49 Sale \$9.99
Rosie's Ranch Buttermilk Dressing GF 24 oz. container	#3893	\$11.99
Seasoning Salt GF 2 lb. container	#1849	\$8.49



Clear Round Spice Containers

♦ Black Lid
8 oz., 5" tall
#1233... \$1.49

♦ Mini Red Lid
3.5 oz., 4" tall.
#1234... \$1.49



16 oz. Clear Square Plastic Jar with Shaker Flip Lid
12/16 oz. jars
#4435...\$11.99

Single 16 oz. jar
#1526...\$1.49

32 oz. Clear Plastic Spice Jars with Shaker Flip Lid
12/32 oz. jars
#5129...\$14.49
\$1.21 each

Single 32 oz. jar
#1228...\$1.99

OUR FRESH BULK SPICES DELIVER TOP QUALITY AT THE BEST PRICE!

All spices sold in 1 lb. bags unless otherwise noted.

SPRINKLES FOR EVERY TABLE

Cinnamon Vanilla French Toast Sugar GF	#1536	\$5.49
French Fry Seasoning GF	#1441	\$5.99
Salad Sprinkles Supreme	#1701	\$9.99

MEAL MUSTS

Baja Chili Lime Seasoning GF	#7664	\$10.99
Carne Asada Seasoning GF	#7378	\$7.49
Chili Seasoning Mix	#1015 Sale	\$6.99 \$5.49
Emma's Enchilada Seasoning	#1016	\$5.99
Fabulous Fajita Seasoning GF	#1017 Sale	\$8.99 \$6.99
Hearty Bean Seasoning GF	#1670	\$8.99
Italian 'n Pizza Seasoning GF	#1432	\$9.49
Leah's Lemon Pepper GF	#1022	\$8.49
Mom's Meatloaf Seasoning	#1582	\$9.99
Montreal Chicken Seasoning GF	#7746	\$7.99
Montreal Steak Seasoning GF	#1023	\$6.99
Mucho Mexican Seasoning	#2816	\$6.99
Mushroom Soup & Stroganoff GF	#1672	\$7.99
Olé Taco Seasoning	#1037 Sale	\$6.99 \$5.99
Pronto Potato Salad Seasoning	#1820	\$8.99
Savory Stew Seasoning	#1540	\$7.99

Sloppy Joe Seasoning Mix GF	#1035	\$5.99
Spanish Rice Seasoning GF	#2105	\$5.99
Superb Spaghetti Seas. Mix GF	#1036 Sale	\$6.49 \$5.49
Tuscan Herb Blend Seasoning	#3628 Sale	\$9.99 \$7.99

BAKING SPICES

Cinnamon, Ground Saigon GF	#3626 Sale	\$11.99 \$8.99
Cinnamon, Ground Korintje GF	#1005	\$9.99
Ginger, Ground GF	#1420	\$8.99
Orange Zest Granules, ¼ lb. GF	#1669	\$7.49
Signature Cinnamon Blend	#1678	\$18.99
Zesty Lemon Zest, ¼ lb. GF	#1433	\$6.99

DIPS & DRESSINGS

Dilly Dill Dip Mix GF	#1421	\$7.99
Guacamole Seasoning, ½ lb. GF	#2588	\$5.99
Italian Salad Dressing Seas. GF	#1698	\$7.49
Lip Smackin' Chipotle Ranch GF	#2589	\$7.99
Onion Soup & Dip GF	#1025	\$6.99
Popeye's Spinach Dip Mix GF	#1423	\$9.99
Rosie's Ranch Buttermilk Salad Dressing Mix GF	#1032	\$6.99
Salsa Seasoning GF	#1898	\$8.49



Ultimate Onion Blend

Flavorful blend of coarse dehydrated minced onions and red bell peppers. Use it as a rub on meats, sprinkled over vegetables, or stirred into recipes. Use in place of fresh onions in hamburgers, meatloaf, etc.

GF 1 lb. bag
#4575....Reg. \$6.99 | Sale \$4.99

★★★★★

"Love the affordability of this product... especially since I go through about a bag per month! There's only two people in my household, so that's saying something! I use this mix in almost everything: burgers, steaks, soups, dips, roast, chicken, pork, shrimp, potatoes, pasta, grilled veggies, cowboy beans... the possibilities are endless. It's SO good." **Tori Voller Bison, ND**



Superb Spaghetti Seasoning

Take the guesswork out of perfect spaghetti sauce. Just add tomato paste, water, and oil to this savory blend and simmer! It's been an AP favorite for years.

GF 1 lb. bag
#1036....Reg. \$6.49 | Sale \$5.49

Olé Taco Seasoning

Add 3-5 Tbsp. of our flavorful taco seasoning to beef, chicken, pork, or turkey to create your favorite Mexican recipes. MSG Free!
1 lb. bag
#1037....Reg. \$6.99 | Sale \$5.99



Compare the grocery store price of .89/oz. to our price at just .44/oz. and save 51% with AP!

Fabulous Fajita Seasoning

Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of chicken, beef, or pork before cooking for effortless fajitas... a restaurant favorite at home!

1 lb. bag
#1017....Reg. \$8.99 | Sale \$6.99

★★★★★

"Oh my goodness! This is by far the best fajita seasoning I have EVER tried. If you love fajitas you have got to get this because it is worth every penny."

Lynnann Babbitt Statton, CO



Onion Soup & Dip Mix

Incredibly versatile blend that seasons and thickens soup, dips, gravy for pot roast, and more. Similar to Lipton Onion Soup Mix.

GF 1 lb. bag
#1025....\$6.99

Compare the price on Lipton Onion Soup & Dip Mix at .90/oz. to our price at just .52/oz. and save 42% with AP!



CUSTOM CULINARY PRODUCTS ARE THE SAME BASES AND GRAVIES USED BY CHEFS.



Granular Flavored Bases

An economical granular meat base. Add to hamburger or turkey ground meat for delicious patties. Use in rice or pasta cooking water for extra flavor. 0 trans fat. **GF**
16 oz., yield: 5 gallons....\$4.99

- ◆ #1040 Chicken
- ◆ #1041 Beef

Real 'Meat First' Bases

Professional chef quality. No MSG added. 0 trans fat
GF 16 oz., yield: 5 gallons.

- ◆ #1038 Chicken....\$8.99
- ◆ #1039 Beef....\$8.99
- ◆ #1388 Ham....\$10.49



PanRoast Pork Gravy Mix
12 oz./68-2 oz. svgs.
#2131.....\$7.49

PanRoast Brown Gravy Mix
12 oz./68-2 oz. svgs.
#1252.....\$6.99

PanRoast Turkey Gravy Mix
12 oz./68-2 oz. svgs.
#1254.....\$7.99

PanRoast Peppered Biscuit Gravy Mix
20 oz./72-2 oz. svgs.
#1525.....\$6.99

PanRoast Chicken Gravy Mix
12 oz./68-2 oz. svgs.
#1253.....\$7.49

PanRoast Peppered Biscuit Gravy Mix
6/20 oz. bags
#7558...\$31.99

PanRoast Country Gravy Mix
12 oz./68-2 oz. svgs.
#1255.....\$7.49

PanRoast Beef Gravy Mix
12 oz./68-2 oz. svgs.
#3586.....\$6.99



Au Jus Base
GF 16 oz. yield: 3 gal
#2061.....\$7.99



Pumpkin Chocolate Chip Cookie Mix

An old-fashioned favorite; soft and spicy pumpkin cookies with chocolate chips nestled throughout. 96/2" cookies.
4 lb. bag
#1966.... Reg. \$11.99
Sale \$9.99

SAVE \$2.00

★★★★★
"The Pumpkin Chocolate Chip Cookie Mix (#1966) makes the best cookies! They are so moist and chocolatey, and the bag makes A LOT of cookies."
Becky Price, AP Sales Manager



Pumpkin Cobbler

All the flavor of pumpkin pie with none of the work. Just add water, butter, and a can of pumpkin. You'll fall in love with this dessert. Serves 9.
#5892....\$7.99

Baking ESSENTIALS

◆ Mini Baking Cups
500 ct.
#2058.....\$6.99

◆ Baking Cups
White standard paper baking cups.
500 ct.
#1646.....\$6.99



Delectable Blueberry Muffin Mix

Customer-favorite mix for tender bakery-style blueberry muffins.
45/2 oz. muffins
4 lb. bag
#2308....\$11.99



Scrumptious Raspberry Muffin Mix

Craft fluffy muffins with juicy raspberry-flavored bits.
45/2 oz. muffins
4 lb. bag
#2309.... \$11.99



Marvelous 'n Chewy Macaroon Mix

60/1" cookies
4 lb. bag
#1965....\$18.99



Classic Crème Cake & Muffin Mix

Professional mix for premium cakes.
4 lb. bag
#1823....\$7.99



Richly Delicious Fudge Brownie Mix

Premium fudgy flavor and incomparable texture make this mix one of our most popular mixes.
72/2 x 2" brownies /4 lb. bag
#1824....\$10.99

Photo shows serving suggestion.



Oatmeal Jumble Cookies

Just add water and butter for cookies with old-fashioned flavor. Add nuts, raisins, or chocolate chips (not included) for your personal touch!
Yield: 30 / 2 1/2" cookies
23 oz. bag
#1594....\$6.49



Snickerdoodle Cookie Mix

Just add water and shortening.
Yield: 30 (2 1/2") cookies.
23 oz. bag
#5243...\$6.49



Ginger Molasses Cookie Mix

Just add water and shortening.
Yield: 30 (2 1/2") cookies.
23 oz. bag
#5299... \$6.49



Chocolate Crinkle Cookie Mix

Just add water.
Yield: 30 (2 1/2") cookies.
23 oz. bag
#5244 ...\$6.49



Professional Buttermilk Biscuit Mix

Commercial mix for tender, mildly sweet buttermilk biscuits. Yields 8 doz., 2" biscuits
5 lb. box
#2129...\$8.99



Beer Bread Mix

Just add 12 oz. beer or other carbonated beverage. Recipe variation ideas included in the package. Makes one melt-in-your-mouth loaf.
16 oz. box
#1616....\$5.99



Heavenly Angel Food Cake Mix

Just add water. Yields 5/18 oz. cakes.
4 lb. bag
#2815....\$18.99





Old Fashioned Buttermilk Pancake Mix

Tasty, old-fashioned, fluffy pancakes and waffles. Yield: 115/4" pancakes. Just add water.
4 lb. bag
#1822.....\$6.99

BULK Pancake Mix

Yield: 718 pancakes.
25 lb. bag
#2128.....\$32.99



Sweet Potato Pancake & Waffle Mix

No artificial ingredients or preservatives.
4 lb. bag
#1967.....\$12.99



Conestoga Sweet Cream Pancake Mix

Just add water.
5 lb. bag
#7435.....\$11.49



Professional Homestyle Cornbread Mix

Commercial mix bakes fluffy, slightly sweet cornbread with a finer grain.
5 lb. box
#2130.....\$9.99

CRESTWARE

B. Cover for Commercial Cookie Sheet

(fits #4020 only)
#3860.....\$6.99

★★★★★

"The cookie sheet (#4020) and cover (#3860) are two of the most used items in my kitchen. The cookie sheet cooks nice and evenly, then after I just snap on the cover and I have a nice airtight storage container."

Sonya Spackman, Park Valley, UT

C. Quarter Size Sheet Pan

Aluminum, 9" x 13"
#5957.....\$6.99

Cover for Quarter Size Sheet Pan

(fits #5957 only) 9" x 13"
#5958.....\$5.99
Hand wash only.

D. Cookie Scoop

Measure consistent scoops of dough for perfectly portioned cookies every time.
#3838.....\$7.49

E. Cooling Rack

Stainless, fits commercial cookie sheet. One is never enough!
12" x 17"
#1145.....\$5.99



G. Commercial Parchment Paper

12" x 16" 100 sheets
#1153.....\$7.99

Compare to the same size pack on Amazon.com at \$14.89, and save 46% with AP!

KITCHEN Tools

A. Commercial Cookie Sheet (Bun Pan)

Aluminum, 18" x 13"
#4020.....\$9.99

Compare to over \$16 on Amazon!



CRESTWARE

Cake Server

White plastic handle with stainless steel blade.
10 3/4" x 2"
#3843.....\$3.99



Vegalene

NEW LARGER SIZE!

Garlic Mist®

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.
GF 17 oz. can
#1577.....\$8.49



NEW LARGER SIZE!

Buttery Delite®

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.
GF 17 oz. can
#1576.....\$8.49



Vegalene Grid Iron Release Spray

Achieves a smooth, fast release for waffles (3-5 waffles per spray).
GF 14 oz. can
#1575.....Reg. \$7.49 | Sale \$6.49



Bak-Klene® ZT All-Purpose Spray

Its superior release power assures clean, easy removal of a variety of baked goods from their pans. Like greasing and flouring your baking pans, but SO MUCH EASIER!
GF 14 oz. can
#5564.....\$7.49



F. Vegalene® Pan and Grill Spray

This all-natural, zero trans-fat product prevents food from sticking to cooking utensils and dishes.
GF 21 oz. can
#1212.....\$8.99



★★★★★

"I absolutely love my Vegalene Pan Coating (#1212)! We have all cast iron frying pans and Vegalene makes seasoning them after use a breeze. The can is a great value compared to the name brand available in the store and seems to last forever. Definitely one of my favorite non-food products from Alison's Pantry."
Lorie Hughes, Ephraim, Utah



What makes Ghirardelli chocolate better?
 Each velvety smooth product is a carefully balanced blend of the finest ingredients, including real cocoa butter, unsweetened chocolate, and just the right touch of sugar.



Unsweetened Dutch Process Baking Cocoa
 GF 2.5 lb. bag
 #6282....\$12.99

Morgan's Confections

Caramel Block
 Rich, soft and chewy caramel for melting, dipping and drizzling.
 5 lb. block
 #9068....\$19.99



Original Mexican Vanilla
 All-natural, smooth and rich vanilla makes baked goods shine.
 ♦ 8.4 oz. GF #6702....\$18.99
 ♦ 16.7 oz. GF #6919....Reg. \$27.99
 Sale \$25.99



SAVE \$200

★★★★★
 "I have tried every brand of chocolate chips and none of them come close to Ghirardelli brand. They are by far the best tasting chocolate chip and the only thing I will use!"
 Mari Eddy, Cedar City, UT



Real Milk Chocolate Chips
 GF 3 lb. bag
 #1302....\$15.99

Real Semi-Sweet Chocolate Chips
 GF 3 lb. bag
 #1305....\$13.99

Semi-Sweet Mini Chips
 GF 2.5 lb. bag
 #7121....\$12.49



Classic White Vanilla Chips
 GF 3 lb. bag
 #1306....\$15.99



NEW! Dark Chocolate Baking Chips
 * No Sugar Added
 * Botanically Sweetened with Stevia
 * Made with Non-GMO Ingredients
 GF 9 oz. bag
 #1732....\$7.99

Mexican Vanilla Paste
 All-natural. No additives or preservatives.
 GF 8 oz. jar
 #6945....\$19.99



Gerken's® Mini Cinnamon Drops
 For baking use only; not to be eaten as candy.
 GF 2 lb. bag
 #2776.....\$6.49



Gluten Free 1-to-1 Baking Flour
 Use as a direct replacement for all-purpose baking flour.
 GF 44 oz. bag
 #1277....\$8.49



Turkey Brand Strong Baking Flour, Unbleached
 All-natural, unbromated, non-GMO flour made from local wheat.
 25 lb. bag
 #2285...\$13.99



Saf Instant Yeast
 GF 1 lb. Package
 #2446...\$4.99



Bulk Baking Ingredients



Maple Flavoring
 GF 16 oz. bottle
 #5714...\$12.49



Busy Bee American Clover Honey
 Grade A No added ingredients; 100% honey. GF
 ♦ 3 lb. jug #1148...\$11.99
 ♦ 5 lb. jug #1149....\$18.99



Golden Brown Pure Cane Sugar
 Don't settle for less than C & H! With its nutty, caramel flavor, moistness and subtle molasses flavor, it's the perfect ingredient for cookies, cakes, and toppings.
 GF 7 lb. bag
 #1150....\$8.99 | Just \$1.28 per lb.!



Powdered Pure Cane Sugar
 Very fine, with exceptionally smooth texture for frostings, glazes, and candy-making.
 GF 7 lb. bag
 #1151.....\$8.99 | Just \$1.28 per lb.!



Pure Cane Granulated Sugar
 GF 10 lb. bag
 #1632....\$11.49

- #1103 Karo Light Corn Syrup GF 32 fl. oz. bottle \$7.49
- #1625 Durkee Vanilla Clear Imitation Flavoring GF 32 fl. oz. bottle \$9.49
- #2847 Clabber Girl Baking Powder GF 5 lb. tub \$13.49
- #2848 Clabber Girl Baking Soda GF 5 lb. tub \$7.49
- #2849 Clabber Girl Cornstarch GF 3.5 lb. tub \$5.99
- #1194 Grandma's Unsulphured Molasses GF 1 gal. jug \$18.99
- #1137 Thompson Seedless Raisins GF 10 lb. box \$36.99

OUR FAVORITE TOOLS for Fall Baking!



SAVE \$200

Silicone Baking Mat

Reusable, nonstick silicone mat fits in our Commercial Cookie Sheet (#4020) and prevents sticking and burning of your baked goods. 16.5" x 11.75". Withstands up to 600°. #8436..... Reg. \$12.99 | Sale \$10.99



Grip EZ Chopper Scraper

Versatile stainless steel scraper with built in measuring guide. Ideal for cutting cinnamon rolls! 1.5" x 6" x 4". #2520....\$6.99



Silicone Pie Crust Shield

Silicone pie crust shield makes baking the perfect pie crust a breeze! 10" x 10" x .5". #7220....\$5.99



Lindy's™

Heavy Duty Stainless Steel 9" Pie Pan

Premium 18/8 Stainless Steel and deep for generous fillings. #5265.....\$4.99



Magnetic Measuring Spoons

Marked with easy to read measures. Narrow ends to reach into spice jars, and round ends are perfect for holding liquids. Magnets hold the set together for easy storage. #2149.....\$6.99



Paper Mini Loaf Pans

No need to grease. 25 ct. #7810.....\$10.99



NEW! Gold Swirl Paper Baking Cups, Standard Size

Dress up cupcakes, or serve snacks and nuts in style with these attractive paper cups! 2" x 2.75" x 1.125" 75 ct. #1767....\$2.99



Looking for our baking sheets and other Alison's Pantry kitchen tools? See pg. 39.

PanSaver™

Slow Cooker Liners

Fits 3-6.5 qt. round or oval slow cookers. 6-4 ct. Boxes; 24 liners #1089....\$14.49 Just 60¢ each



★★★★★

"Whoever invented these crock pot liners deserves a Nobel Peace Prize! They make cleaning your crock pot infinitely easier. I never let myself run out of them."
Ann Metzler, Riverton, WY

Mini Poly Treat Bags

Poly .001 mil 4" x 2" x 12". 100 ct. #7803.....\$3.99



Bakery Bread Bags

Poly .001 mil bags. 15" length. 100 ct. #5494.....\$5.99

Bakery Bags for Dinner Rolls

Poly .001 mil 8" x 4" x 18". 100 ct. #4238.....\$5.99



Deli Containers with Lids

Our Deli Containers make it easy to pack leftovers, salads, cookies, and more. 50 ct. ♦ 16 oz. #6476.... \$6.99 ♦ 32 oz. #6477..... \$9.99



NEW! Two-Compartment 28 oz. Meal Prep Containers

Divided black plastic food safe containers with clear lids (50 containers and 50 lids). Perfect for meal-prepping or individual freezer meals. Reusable; top-shelf dishwasher safe. Microwave and freezer safe. 8.3" x 5.8" x 2.1" 50 ct. #1763....\$21.99 | Just .44 per container! Compare to .80 each on Amazon!



CRESTWARE

Flexible Cutting Mats, 6 pk

6 ct. 15" x 12" #3840....\$11.49



Food Film w/Cutter

Commercial grade plastic wrap in an economical foodservice pack. 12" X 2000' Each #6127.....\$18.49



Ziploc Bags Variety Pack

Multi-purpose pack of resealable plastic bags; 125-Sandwich, 120-Snack, 52-Gallon Storage, 50-Quart Storage bags. 347 ct. box #1978....\$21.99



Ziploc Smart Zip Gallon Freezer Bags

Double zipper freezer bags. 10 9/16" x 10 3/4" 152 ct. box #1979... \$22.99 Just 15¢ each!

Stock up on lunch box snacks!



Cookie & Cracker Variety Pack

Kid-pleasing pack includes: 12-Cheeze-It Crackers, 12 Fudge Stripe Cookies, 9 Scooby Doo! Graham Crackers, 12-Chips Deluxe Mini Cookies
45 ct. box
#4019....\$16.99



Classic Chips Variety Pack

Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour Cream & Onion, 4-Lay's Barbecue
1 oz. / 54 ct. box
#4018.... \$19.99 | Just 37¢ each!



Cookie and Snack Variety Pack

Perfect lunchbox portions of your favorite snacks!
9-Mini Chips Ahoy, 8-Nutter Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos.
1 oz. bags / 40 ct. box
#1257...Reg. \$17.99
Sale \$15.99 | Just 40¢ each!



Cran-Blueberry Nut Clusters Snack Bites

Delicious, crunchy, subtly sweet and salty blend of roasted cashews, almonds, and pistachios with chewy cranberries and blueberries. Just 12 net carbs per serving!
12/2 oz. bags
#1666....\$20.99 | .87 per serving



Jurassic World Honey Graham Snacks

Made with whole grain, honey, and no artificial flavors, colors or high-fructose corn syrup.
1 oz. bags / 35 ct.
#1608....\$13.99 | Just .40 each!



Berries 'N Cherries Fruit Snacks

Fruit puree is the first ingredient.
100% DV of Vitamin C.
GF 9 oz. / 40 ct. box
#1288....\$10.49 | Just 26¢ each!

Mixed Fruit Fruit Snacks

No preservatives.
GF 9 oz. / 72 ct. box
#1119....\$17.49 | Just 24¢ each!



Double Eagle Silver Dollar Jerky

2 1/2" round jerky. 15 oz. of meat.
80 ct....\$16.99
◆ #4694 Peppered
◆ #4695 Teriyaki
◆ #4693 Old Fashioned



Pretzel Snaps

These premium buttery pretzels are perfect for seasonal parties. Save with our bulk canister.
50 oz. tub
#2319.... \$9.99

Don't miss our new Goldfish products on page 5!



Goldfish® Snack Crackers, Cheese

One of America's favorite snacks.
31 oz. box
#3097.....\$10.49



Rice Krispies Treats Minis

The original crispy marshmallow treats in a cute mini size.
50 ct. box
#5378....\$12.99 | 26¢ each



Fruit Cup Variety Pack

12 Diced Peaches; 12 Mixed Fruit; both in extra light syrup with pull-top cans. Just 50 calories each.
GF 24 cups
#2811....Reg. \$14.49 | Sale \$12.99

Jif to Go Cups

Everyone's favorite peanut butter in individually portioned cups. This size case is not available in stores.
GF 1.5 oz. cups/36 ct
#8390....\$12.99



Original Unsweetened Squeezable Applesauce Pouches

No high fructose corn syrup. Gluten free.
GF 24-3.17 oz. pouches / case
#9123 ... \$18.49 | Just 77¢ each!

Compare to Mott's Applesauce Pouches at 92¢ each!



Premium Original Granola

50 oz. bulk bag
#5768....\$11.99



Super Hero Trail Mix

Roasted peanuts, butter toffee peanuts, Boston baked peanuts, chocolate coated peanuts, yogurt coated raisins, and candy-coated chocolate candies.

16 oz. tub
#1163....\$7.49



Mountain Defiance Trail Mix

Roasted salted almonds, dried cranberries, sunflower seeds, dried diced pineapple, banana chips, oat dates, roasted salted Spanish peanuts, chocolate and yogurt raisins.

16 oz. tub
#1045....\$7.49



Swiss Goodie Trail Mix

A blend of peanuts, raisins, almonds, and chocolate chips—a sweet and salty treat for your tastebuds.

GF 16 oz. tub
#1047....\$7.49



Trailblazer Roasted Nut Trail Mix

Low-calorie, hunger-appeasing trail mix of roasted & salted peanuts, almonds, pepitas, and pecans, with dried cranberries and unsweetened coconut chips.

14 oz. tub
#1682....\$9.49



Adventurer Raw Trail Mix

Keto-friendly mix of raw almonds, walnuts, raw pepitas, pecans, dried cranberries, unsweetened coconut chips, and dark chocolate drops.

14 oz. tub
#1684....\$9.49



Milk Chocolate Malt Balls

Crisp, crunchy malt balls wrapped in melt-in-your-mouth milk chocolate.

1 lb. bag
#2034....\$6.49



Dark Chocolate Cranberries

Chewy dried cranberries drenched in rich dark chocolate.

1 lb. bag
#2038....\$6.99



SAVE \$1.00

Chocolate Cinnamon Bears

GF 2.65 lb. bag
#1290.... Reg. \$12.99 | Sale \$11.99



Chocolate Fruit Basket

Tender chewy dried cranberries, apples, blueberries, cherries, and apricots covered in luscious milk & white chocolate.

1 lb. bag
#2044....\$8.49



Milk Chocolate Cashews

Fresh, crunchy cashews enrobed in creamy milk chocolate.

1 lb. bag
#2036....\$8.49



Cinnamon Toffee Almonds

Crisp almonds wrapped in a buttery toffee glaze with just the right amount of cinnamon.

1 lb. bag
#2042....\$6.99



Butter Toffee Cashews

Crunchy cashews coated in a buttery toffee glaze.

1 lb. bag
#2043....\$8.49



Alpine Mints

Creamy mint round candy balls with a rich dark chocolate middle wrapped in a fine candy coating.

1 lb. bag
#2035....\$6.99



Cinnamon Bears

Childhood favorite chewy hot cinnamon bears.

GF 16 oz. tub
#1172....\$6.49

Milk Chocolate Pretzels

Crisp twisted pretzels drenched in creamy milk chocolate.

1 lb. bag
#2039....\$5.99



Gummi Red Raspberries

14 oz. tub
#2701....\$6.99



Gummi Bears Family Pack

3 lb. bag
#5009....\$10.99



Chocolate Mint Cookie Bites

Dark chocolate crispy cookies dipped in dark & white mint chocolate.

1 lb. bag
#2037....\$6.99



Milk Chocolate Almonds

Crisp almonds coated in rich milk chocolate.

1 lb. bag
#2033....\$6.99



Vanilla Yogurt Pretzels

Our crisp pretzels covered in a creamy vanilla yogurt coating are perfect for snacking or adding to trail mixes.

1 lb. bag
#2040....\$4.99



Butter Toffee Almonds

Crisp almonds coated in a sweet and buttery shell.

1 lb. bag
#2041....\$6.49



Dried Cranberries

GF 14 oz. tub
#9205....\$7.49



Swedish Fish

GF 1.9 lb. bag
#9109....\$7.49



Deluxe Mixed Nuts

Roasted and salted almonds, cashews, pecans, Brazil and hazel nuts.

GF 14 oz. tub
#9121....\$12.99



Almonds, Roasted & Salted

GF 14 oz. tub
#9114....\$11.99



Cashews, Whole Raw

GF 14 oz. tub #9116....\$14.49

Cashews, Roasted & Salted

GF 14 oz. tub #9117....\$14.49





Gourmet Hot Cocoa Mix

Yield: 12 – ¾ cup svgs.
1 lb. tin....\$5.49



Toasted Coconut Cocoa #5431



English Toffee #5433



Salted Caramel #5434



Gourmet Milk Chocolate Cocoa Bulk Bag

Perfect for your food storage, and for gifts. Use to fill containers and tie with a bow to share with a friend.

yld: 24 – ¾ cup svgs.
2 lb. Mylar bag
#6940....\$6.99



Gourmet Hot Cocoa Mix 4 lb. Tin\$14.99

◆ **#5435 Candy Cane Cocoa**

A blend of our finest milk chocolate and crushed peppermint candy cane.

◆ **#5436 Milk Chocolate Cocoa**

Our original flavor, and still the most popular. The smoothest and creamiest cocoa in the world!

Find our Gossner shelf-stable milks on page 33!



Alison's Pantry Premium Ground Coffee

100% Arabica Beans
GF 12 oz. bag....\$7.99



#1378 Morning Grind Medium Roast

A full bodied blend with rich flavor and a smooth finish, made from the high mountain beans of Peru combined with the chocolatey nature of Guatemalan coffee.

#1379 Pantry Perk Dark Roast

Medium and dark roasted Costa Rican and Brazilian beans for a bouquet of floral and sweet fruit flavors with a smooth finish.



Cappuccino

Rich, comforting cappuccino that's terrific hot or cold, or enjoyed as a coffee creamer.

GF 2 lb. bag (45/8 oz. svgs.)....\$7.99



- ◆ #1326 French Vanilla
- ◆ #1330 English Toffee
- ◆ #1328 Mocha
- ◆ #1329 White Chocolate Caramel



Chai Tea Concentrate

Just mix equal parts concentrate and your own fresh milk or soy. Heat it up or pour it over ice for a rich, sweet, creamy blend of black vanilla and spices. Approx. 8 svgs.

GF 32 oz. carton
#2426....\$5.99



Vanilla Chai Tea Latte Mix

Perfect blend of spices with a delicious vanilla overtone. Enjoy hot, cold, iced, or frozen.

Yld: 64 – ½ cup svgs.
GF 3 lb. tin
#1522....\$19.99



Spice Chai Tea Latte Mix

Our signature flavor! A delicious blend of black tea, honey, vanilla, cinnamon and cloves.

Enjoy hot, cold, iced or frozen.
Yld: 64 – ½ cup svgs.
GF 3 lb. tin
#1523....\$19.99



Sunny Delight Tangy Original

GF 24/10 oz. bottles
#8581...\$15.99 | Just 67¢ each!



V8 Splash

Refreshing combinations of natural fruit flavors with a 5% carrot juice blend for a deliciously sweet taste.

GF 12/16 oz. bottles
\$17.99 | Just .09 per oz.!
New Pack Size!

◆ **#1717 Tropical Blend**

Juicy apples, pineapples, kiwis, limes, and mango paired with carrot juice.

◆ **#1716 Berry Blend**

The sweetness of apples, cherries, strawberries, red raspberries, and blackberries with carrot juice.



True Lemon Crystallized Lemon Packets

Each packet equals one lemon wedge. Adds natural flavor with zero calories to water, recipes, yogurt, or sprinkled over salmon. No artificial sweeteners, flavors, or colors. Allergen free.

GF 100 ct. box
#1689....\$7.99



100% Juice Boxes

Healthy, nutritious juice packs for lunch boxes or families on the go. Non GMO.

GF 32 / 6.75 oz. boxes
\$14.99 | Just 47¢ each!

◆ **#1082 Apple Juice, 100% Juice**

◆ **#1083 Fruit Punch, 100% Juice**

(Apple, grape, orange and cherry juice)



Nesquik Chocolate Powder

45% less sugar than the leading syrup brand. Provides calcium and 7 essential vitamins and minerals. Contains 8g of protein when combined with 8 fl. oz. of low-fat milk. No artificial colors or flavors.

41.9 oz. container
#1455....\$11.99



CLUB STORE DIRECT

Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas.
Better quality and larger pack sizes, still at a great value for families!



Walnut Halves & Pieces
Approx. 12 cups of U.S. #1 walnuts for baking and snacking.
GF 3 lb. bag
#1293....\$22.49



Whole Almonds
Approx. 9 cups of supreme #1 U.S. raw almonds.
GF 3 lb. bag
#1294....\$20.49



Fancy Pecan Halves
U.S. #1 beautiful pecan halves for recipes and snacks.
GF 2 lb. bag
#1292....\$23.49



Trail Mix Snack Packs
Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs.
GF 2 oz. / 28 ct.
#4005....Reg. \$22.99 | Sale \$19.99



Italian Sausage & Beef Lasagna
Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen.
2/48 oz. trays
#1279...\$19.99



Boneless, Skinless Chicken Thighs
Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen. Ready to cook from frozen.
6.5 lb. bag
#1317....\$19.99



Bacon Crumbles
100% real bacon. High-quality, fresh pork is slowly smoked over all-natural hardwood chips then crumbled for easy use.
20 oz. bag
#1241....\$15.99



Chicken Bakes
Foster Farms chicken breast strips, mozzarella, provolone and parmesan cheeses, smokey bacon, creamy Caesar dressing and green onions in a hand-rolled crust. Hearty, individually wrapped servings.
8 oz. / 6 ct.
#1280....\$17.99



Soft & Chewy Granola Bars, Chocolate Chip
Made with real semi-sweet chocolate chips and whole rolled oats.
.85 oz. bars / 64 ct. box
#1138...\$14.49



Microwave Popcorn, Movie Theater Butter
100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter.
GF 3.3 oz. / 44 ct.
#1821....\$15.99 | Just .36 each!



Shredded Cheddar Jack Cheese
Fancy shredded blend of cheddar and Monterey Jack cheese.
GF 2.5 lb. resealable bag
#1860....\$10.49



Minced Garlic
Grown, harvested, processed and packed in California. Packed in water; recipe ready!
GF 48 oz. jar
#1289...\$7.99



Foodservice Aluminum Foil
12" x 1000' roll (1,000 sq ft)
#1963....\$36.99



Flex-Tech Kitchen Trash Bags
200 ct. /13 gal.
#2777....\$24.49



USDA Organic No-Salt Seasoning Blend
A blend of 21 organic spices and ingredients from around the world to healthily season any meat or vegetable dish.
14.5 oz. container
#1295....\$13.49

Back by Popular Demand!

PANTRY BASICS



PLENTIFUL PANTRY

White Cheddar Potato Soup & Beer Bread
2 Soup Mixes + 2 Bread Mixes in each kit
Shelf-stable, dry mixes make an easy, complete meal. Just add water to soup mix. 2 year shelf life. Perfect for gifting too!
#8055... \$21.99 | Just \$11.00 per meal for 6 people!



Excel Original Potato Pearls Mashed Potatoes
GF 28 oz. bag
#4744...\$7.99

★★★★★
"I use Basic American Potato Pearls (#4744) all the time. It is perfect for that meal that quickly needs a side added to it. I also use these in my homemade cinnamon rolls just to give them a little bit of added moisture and yummy goodness."
Laura Skinner



Fresh Cut Hash Browns
Dehydrated fresh Idaho potato shreds. 12 month shelf life. Just add water. Yield 72 1/2 cup servings.
GF 2.125 lb. carton
#1392...\$11.99



Baby Reds Flavored Mashed Potatoes
Premium Russet and red real Idaho potatoes with skins. Just add water. Approx. 40 svgs.
GF 32.85 oz. bag
#1390...\$9.49



Premium Homestyle Mashed Potatoes
Made with 100% real Idaho potatoes, milk, and seasonings for creamy comforting flavor. Just add water. Approx. 52 svgs. per bag.
GF 28 oz. bag
#1391...\$8.99



Barilla Bulk Pasta Now in Economical, Family-Size Packs!
#1331 Barilla 10" Spaghetti Noodles 10 lb. bag.....\$15.49
#1332 Barilla Elbow Macaroni Noodles 10 lb. bag.....\$15.49



Organic Mac & Cheese Variety Pack
Certified organic, all-natural macaroni & cheese mixes.
 4 Shells & White Cheddar,
 4 Shells & Aged Cheddar,
 4 Macaroni & Cheese.
6 oz. boxes / 12 ct.
#4768...\$19.99



MINOR'S Sauces & Condiments

Sweet & Sour Sauce
Made with chunks of pineapple, diced tomatoes, green peppers and onions.
GF 0.5 gallon jug
#1265...\$10.99



Zesty Orange Sauce
0 grams trans fat.
0.5 gallon jug
#2989...\$14.99



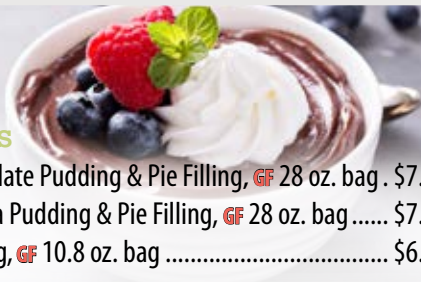
Germaide Cereal
Ultra-smooth and creamy wheat cereal.
3 lb. bag...\$7.99

- ◆ #4451 Maple Brown Sugar
- ◆ #4452 Strawberries & Cream
- ◆ #4453 Plain



Bulk Pudding & Topping Mixes

#1913 Jell-O Instant Chocolate Pudding & Pie Filling, GF 28 oz. bag . \$7.99
#1914 Jell-O Instant Vanilla Pudding & Pie Filling, GF 28 oz. bag \$7.99
#1952 Dream Whip Topping, GF 10.8 oz. bag \$6.99



Back by Popular Demand!

Mini Can Tracker (24-30 cans)
Shorter version of the Can Tracker. Rotates soda cans. Holds 15 to 30 oz. cans.
16" x 9.75" x 16"
#9112...\$24.99

Can Tracker (45-54 cans)
Give your pantry a clean, organized look! Easy set-up. Can join sets together. Holds 15 to 30 oz. cans.
16" x 12" x 16"
#9111...\$32.99



Naturally Refined Avocado Oil
GF 1000 ml/33.8 oz. bottle
#3516...\$15.99
47¢ per oz.



USDA Organic Agave with Fiber
Natural, low-glycemic sweetener. Can be used in baking and canning, too.
GF 78 oz. bottle
#3522...Reg. \$19.99
Sale \$17.99



Unsweetened Vanilla Almond Milk
GF 6/1 qt. case
#1457...\$18.99

Original Almond Milk
GF 6/1 qt. case
#1456...\$18.49



Refined Almond Oil
Clean, neutral-flavored oil to use in high heat (up to 420 degrees F), frying, baking, and marinades. Non-GMO.
GF 16.9 oz. bottle
#1538...\$8.99



Naturally Refined Organic Coconut Oil
Use small amounts of coconut oil to thin chocolate for dipping.
GF 28 oz. Jar
#8287...\$7.99



PBfit Peanut Butter Powder
1/3 the calories and 75% less fat. Non GMO and all-natural. Just peanuts, sugar, salt.
GF 30 oz. jar
#3521...\$14.49



Organic Chia Seeds
High in protein, fiber, and more plant-based Omega-3 than any other food. GMO free.
GF 1.25 lb. Container
#8941...\$8.49



100% Avocado Oil Mayo
Cage-free eggs and rich avocado oil combine for a creamy flavorful spread. Naturally carb and trans fat free. Non-GMO, soy and canola free.
GF 28 fl. oz. jar
#1537...\$12.99



LIVfit Superfood Organic Antioxidant Fruit & Fiber Blend
Jam fiber, protein, antioxidants, vitamins, and superfoods like turmeric into your life. This mix of fruits, veggies, and plant-based proteins has a neutral, unsweetened taste that begs to be added to your favorite foods. Six grams of protein, 5 g. Fiber, plus three different super fruits, and 1,000 mg omega 3.
GF 8 lb. bag
#1539...\$14.99



LIVfit™ Superfood Blend
Fruits, vegetables, vegan proteins, prebiotics, and fiber that have been shown to enhance muscle mass, increase energy, improve cognitive function, encourage digestive health, boost the immune system and fight off aging oxidation of cells in your body. · 35% of daily Vitamin E · 35% of Vitamin C · 35% Vitamin A · Contains green tea · 100% B6, B12, thiamin, riboflavin · 5 g of vegan protein
GF 12.7 oz. (360 gram) bag
#3514...\$15.99



Organic Quinoa Medley
This blend of white, black and red grain quinoa offers a plant-based complete protein with all 9 essential amino acids. Organic, Kosher, and GMO Free.
3 lb. Container
#8940...\$16.99



White Cheddar Sauce Mix
The rich, velvety-smooth cheddar sister of Universal Sauce. Just add water for perfect macaroni & cheese or creamy soups.
Yield: 3 gallons.
48 oz. re-sealable bag
#5242...\$25.99



Universal Sauce
Just add water to this commercial powdered cream soup and sauce mix, and boil for delicious cream soups, sauces, casseroles or any recipe that calls for cream sauce.
Yield: 3 gallons
48 oz. re-sealable bag
#5240...\$22.49



- Used by professional chefs for over 35 years!
- Only 35 calories in a 1/4 cup serving!
- Use to replace cream soup in any recipe for a healthier option.
- Won't curdle or separate in freezer meals.

Other Containers

- #1231 Six-gallon bucket\$9.99
- #4434 Clear Square 1/2 gallon Jar W/Lid (6 Per Order)\$8.99
- Gamma Lids (Fit 5 & 6 gallon buckets)\$7.49 each

- ◆ #2772 Red
- ◆ #2774 Blue

The Gamma Seal lid is a heavy-duty ring with a rotating center lid that seals tight or spins to open—much easier than prying off standard bucket lids!



- ◆ **5 Gallon Plastic Bucket with E-Z Open Lid**
Includes the AP 25th Anniversary logo. Holds about 37.5 lbs.
#7078.....\$8.49
Our bestseller!
- ◆ **2 Gallon Opaque White Plastic Bucket with White Gamma lid**
2 gallon bucket will hold approximately 15 lb. of dense product. Gamma lid gives an easy airtight seal.
#4779.....\$9.99

Emergency Sleeping Bag
The same mylar material as the emergency blanket, shaped into a sleeping bag to prevent heat loss even more efficiently. Retains 80% of body heat. Wind and waterproof.
84" x 36"
#7403.....\$3.99



Puricit® Citrus Air Freshener
Eliminate the lingering odors of grease, fish, and even cigarette smoke! We use this product in all the bathrooms here at Alison's Pantry.
6 oz. can
#1579.....\$5.99



Magnesium Emergency Fire Starter
Compact and lightweight fire starter for emergency kits and camping. Starts fires even when wet. Includes key chain.
#6622.....\$4.99



Glass Cleaner
Dissolves dirt, grease, grit, and grime. Ammonia-free with a clean fresh fragrance.
19 oz. can
#1342.....\$3.99



SAVE on Favorite Family Meals!



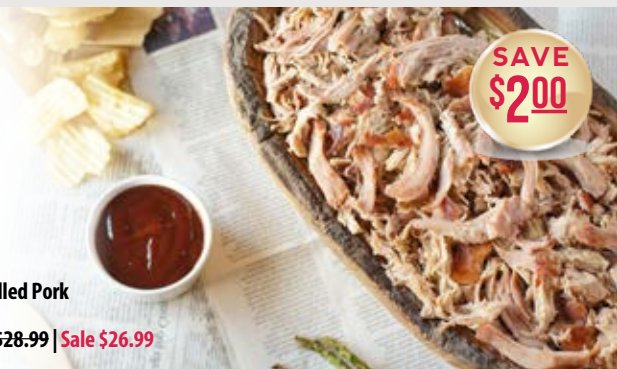
580 W. State Street
Pleasant Grove, UT 84062
www.alisonspantry.com



Homestyle Breaded Chicken Tenderloins

See page 12.
#6219...Reg. \$33.99 | Sale \$31.99

SAVE
\$2.00



Smoke Craft Pulled Pork

See page 9.
#1677....Reg. \$28.99 | Sale \$26.99

SAVE
\$2.00



Chicken with Broccoli & Cheese

See page 10.
#8555... Reg. \$30.99 | Sale \$29.99

SAVE
\$1.00

Meal KITS

MAKE DINNERTIME EASY! Less planning. Less prep work. Less mealtime boredom. More smiles around the table! Each convenient meal kit includes premium AP ingredients and an easy-to-follow instruction card for assembling the meal.

**BIG
MEAL KIT
SALE!**



SAVE
\$3.00

Beef & Chicken Fajita Meal Kit—6 servings

- ◆ 1 lb. beef fajita strips
- ◆ 1 lb. chicken fajita strips
- ◆ Flav-R-Pac Fajita Vegetables, 4 lb. bag
- ◆ 12 ct. 8" flour tortillas
- ◆ 6 Tbsp. AP Fajita Seasoning

#1597.... Reg. \$23.99
Sale \$20.99 | Just \$3.50 per serving



SAVE
\$8.00

Shrimp Alfredo & Garlic Bread—6 servings

- ◆ Newport White Shrimp, 26/30 ct, 2 lb. bag
- ◆ 2 Tbsp. Garlic Supreme
- ◆ Pasta Partners Alfredo Sauce Mix
- ◆ Pasta Partners Roasted Garlic & Parsley Linguini, 12 oz. pack
- ◆ Flav-R-Pac Broccoli Florets, 2 lb. bag
- ◆ (8) Tuscan Mini Dinner Loaves

#1599....Reg. \$37.99
Sale \$29.99 | Just \$5.00 per serving



SAVE
\$3.00

Bacon Wrapped Pork Fillets & Potatoes Meal Kit—6 servings

- ◆ 6 Bacon Wrapped Pork Fillets
- ◆ Roasted Baby Baker Potatoes, 2.5 lb. bag
- ◆ Flav-R-Pac Normandy Blend, 4 lb. bag

#1598....Reg. \$27.99
Sale \$24.99 | Just \$4.17 per serving